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MEN'S WEEKLY!

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Nuts

+AMY
CHILDS!



"I'd polish
those medals!"

Plus!
Keith
Lemon!



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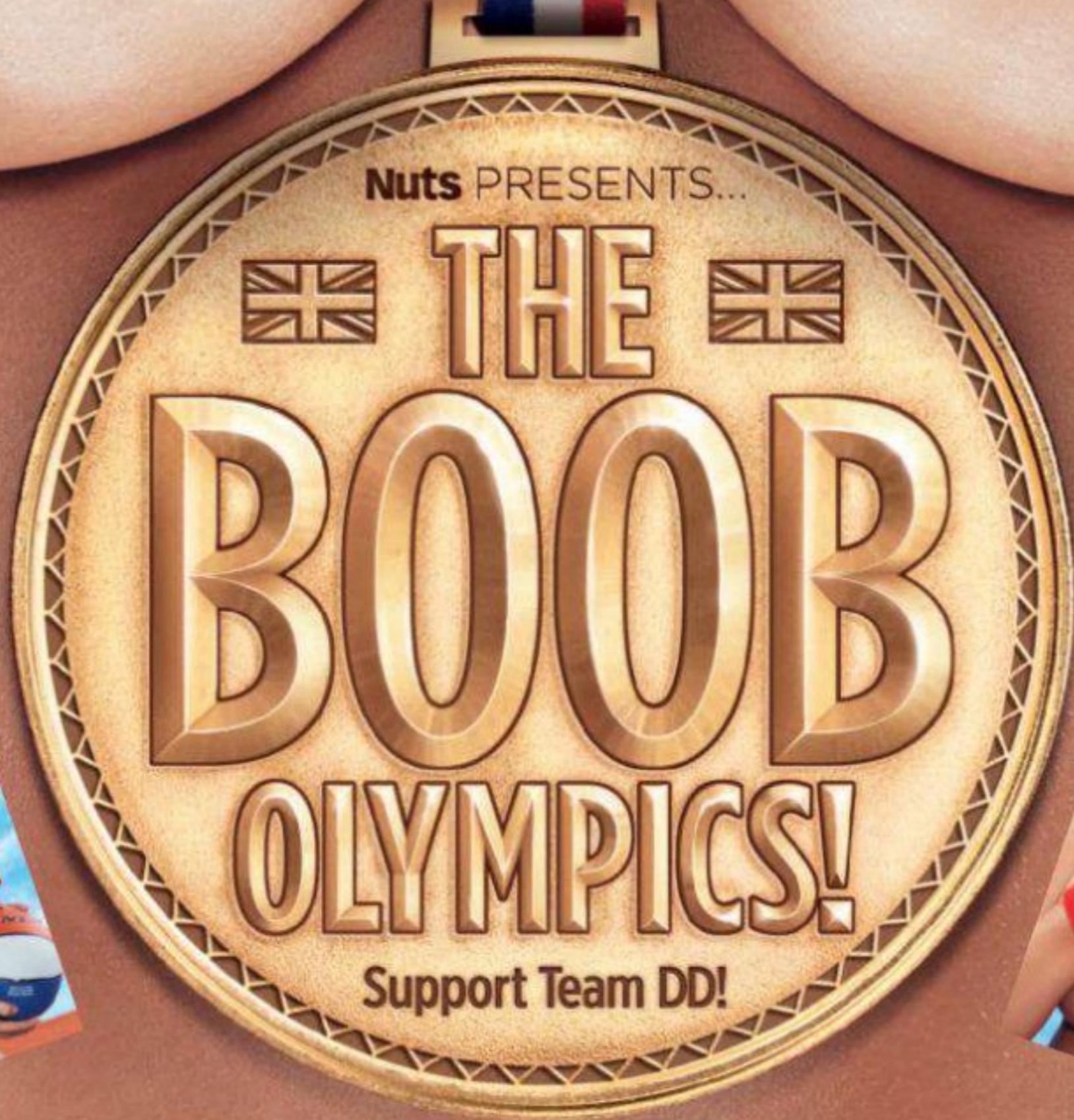
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Your favourite sports
- topless!



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THIS WEEK

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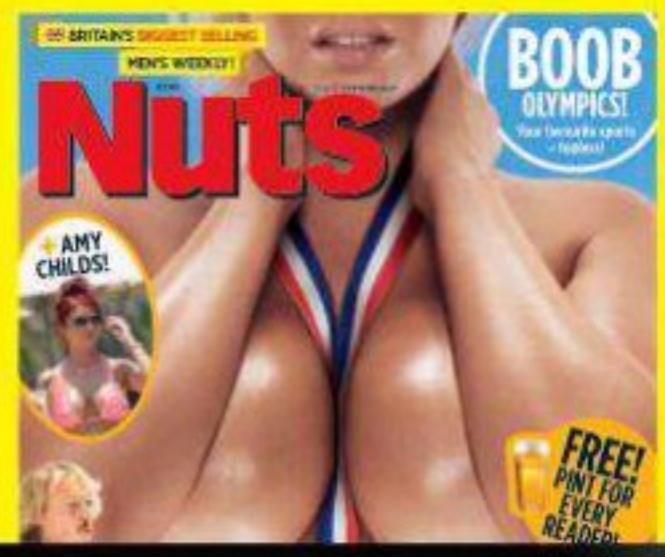
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75 Quote Me On That



"Fancy a bit of two-on-two?"

IN Nuts!



CARS! P18

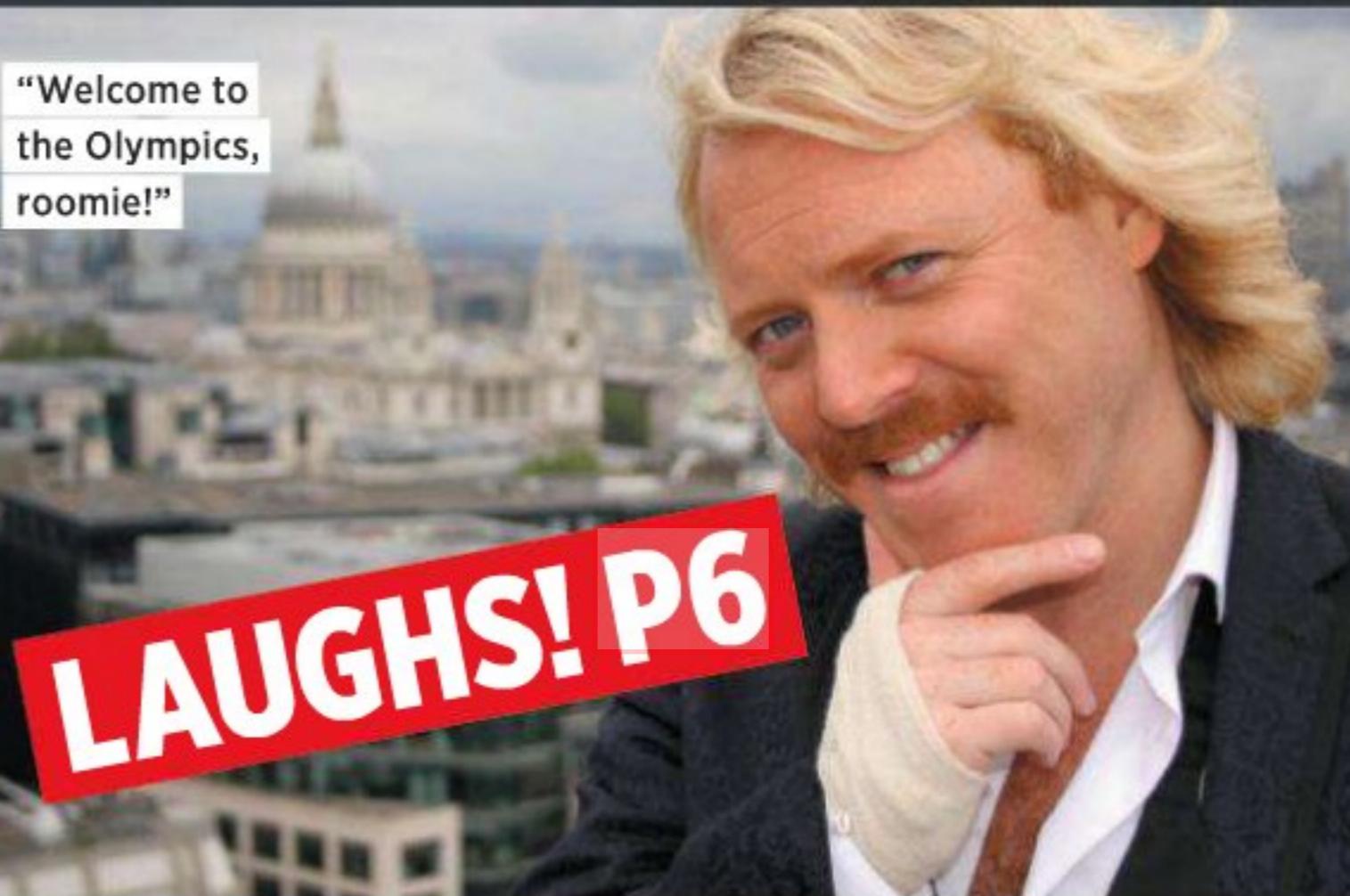


"Stop staring
at my zit!"



SPORT! P68

"I do not run
like a girl!"



"Welcome to
the Olympics,
roomie!"

LAUGHS! P6



This week in the Nuts office!

A mariachi band
bring us Doritos!

Scalextric drop off
some Velodrome
Cycling sets!

Nuts

EXCLUSIVE!

Imogen's Olympic strip!

It's surely what the Great Britain Olympic athletes' kit should have looked like!

→ OK, WE admit that so far this summer you'd have more chance getting a suntan on the moon than in Margate, but we do have some truly stupendous summer events going on – including a little-known sporting shindig known as "the Olympic Games". So with the eyes of the world fixed on Great Britain, we give you Imogen Thomas in a wonderful Olympic homage. Call it our little gift to remind you how awesome it is to be British!

Hi Imogen! How's your summer going?

Hello! Well, let's be honest, it's been a bit rubbish, hasn't it? I've been making the most of it by going away all the time. Can you make it stop, please, Nuts?

We'll try! Are you feeling excited about the Olympics?

I'm really excited! I think there's a lot going on in London to please you even if you're not that into sport. There's a lot to take in. Although I'm a bit worried that there are a lot of road closures and I don't know where I'm allowed to drive!



Which events are you most looking forwards to?

I love gymnastics. And I'll be watching the sprints. I love the runners and I'm so jealous of their bodies!

How fast can you run?

Quite fast, actually – I used to do athletics at school. I loved the relay race – I always came first!

What other sports are you good at?

I used to do gymnastics when I was small and I'm really flexible. I'm also pretty good at kickboxing... I can kick 6ft, so watch what you write about me! Ha-ha!

Erm, OK! What everyday activities would you turn into Olympic sports?

I'm wicked at cooking so I bet I could do pretty well at that. If it's an actual sport though, something fun like pancake tossing.

Thanks, Imogen. Finally, what do you deserve a medal for?

Putting up with the trolls on Twitter! Ha-ha! Maybe for services to Nuts or serving the young men of Britain! I'd get gold in that! Ha-ha!



The new *Twins* remake was hotly anticipated



EXCLUSIVE!

A quick word with Keith Lemon

Our moustachioed friend on Peter Andre, rapping with Wretch 32 and his brand-new reality TV show!

→ **Hi Keith! You've got a new show, *Lemon La Vida Loca*.**

What's it all about?

It's like *Keeping Up With The Kardashians* only there are only two bang-tidy people – me and my girlfriend, Rosie. [Played by Laura Aikman from *Casualty* and *That Mitchell And Webb Look* – TV Ed.] It's my life beyond *Celebrity Juice*, *Lemon Aid* and *Keith Lemon: The Film*, out 24 August. It's at home, with me. I've never had a proper relationship – it's all been one-night stands. The longest I've been out with a girl is two weeks. She said, "I love you," and I was like, "Right, get out!" Rosie has moved down from Leeds and moved in with me. I think it's been about four months and so far, so good.

Awww. How did you and Rosie meet?

We met at a youth club. I was 13 and she was eight, so

I didn't go there. I thought I'd wait till she had t*ts. She's got t*ts now. We used to have a bit of slap and tickle in t'pub back at Leeds. I said, "Why don't you move to London? Then I can bang you every day!"

Charming! Are you filling your days with interesting stuff to do on camera?

Not really. Unlike Peter Andre's reality show where if he's got nowt to do he'll go and face his fears and climb up a big wall. When I've got nowt to do, they literally film me sat watching telly. People might watch it and say, "It's boring as f**k. It's just you sat on your sofa with your bird. How come you're not finger-blasting her?" Because then it's a porno. It's weird watching it back. Normally I'm sat behind a desk giving Fearne and Holly grief. People might think I haven't even got legs. But as you'll see in this show, I have got legs. And I've got loads of other things, too.

Do you find it hard to remember to be Keith 24/7, if you know what we mean?

Not really, because I am Keith! I suppose you see a different side of me. I'm not always jumping around. I read on Twitter that I'm a dirty b*stard. All these birds write, "Will you smash my back doors in?" But I'm more romantic. I had an argument with Rosie so next day I apologised and bought her a bag of salad. That's all she eats – she's like a fitness fanatic, which is fantastic in the bedroom. Her body is tick, boy. It's tick!

You recently beat Andy Murray at a game of Swingball. How did that happen?

I'm the face of Adidas, I represent the normal man who doesn't have a six-pack and has a one-pack. I was playing Swingball with Andy Murray on a roof in London. I said, "Have you played before?" He said, "Not really." So I battered him.

Wretch 32 is in the same Adidas Olympic campaign and he told us you can't rap!

He said I can't rap?

Well, he said you just speak your mind, but also he said you're not very lyrical.

I thought that's what rapping is, speaking your mind, freedom of speech but while doing it to a beat. My perception of rapping's wrong then. I thought he was impressed with me.

Should there be more normal people in the Olympics like you, Keith?

People say, "Why don't you get normal people on *Celebrity Juice*?" I'm like, "What will it be called? *Normal People Juice*?" It wouldn't work. It wouldn't make sense. It'd be funny to do a p**sed-up Olympics with normal people. That would be a fantastic idea.

With Chris Moyles quitting the Radio 1 breakfast show, would you take over?

I like the idea of doing a radio show but not that early of a morning. F**k that! He's in bed before *Coronation Street*! I'm a night hawk, me. I was out with Paddy McGuinness and when I got home the birds were tweeting. Doing the morning show, that's the end of going out, innit?

Thanks, Keith. Finally, you were recently voted the gayest straight guy on TV. Do you agree?

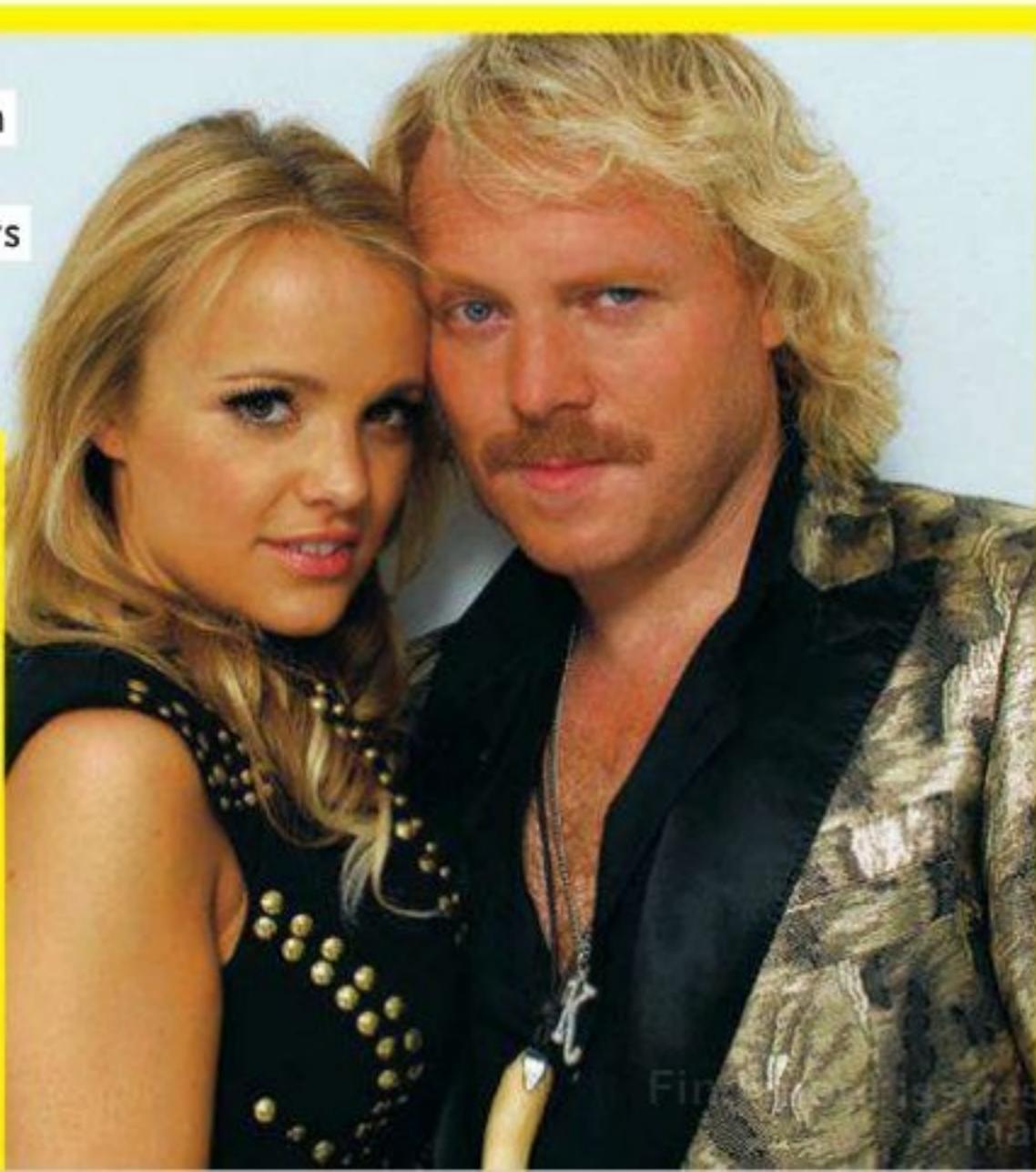
Yes, I f**king do! I'm very metrosexual. It's nice to have a gay following because they buy DVDs just like any other person. I suppose I am the gayest straight guy because I'm flamboyant and I like to look jazzy on telly. That's a good sound bite for you.

● *Lemon La Vida Loca* starts on ITV2 on Thursday 2 August at 10pm.

His lucky charm necklace had worked wonders

LEMON'S SQUEEZE!

In the first episode of *Lemon La Vida Loca*, Keith goes house-hunting with girlfriend Rosie.





Prince Harry had
a new stylist

Nuts NEWS

MOVIE!

MARVEL EXPLODES!

Marvel has announced all its second gen superhero movies. These include *Captain America: Winter Soldier* and *Iron Man 3*, and all-new franchises *Ant-Man* and *Guardians Of The Galaxy*.

GAME!

DEADPOOL GAME!

Motormouth mercenary Deadpool from *Wolverine* finally gets his own game. And with Wolverine-like powers of rejuvenation alongside mad combat skills and gags, it looks a great choice.

Comic-Con news!

Entertainment news from the floor of the world's geekiest expo!

→ IT MAKES games show E3 look like a night at the *Playboy* club, but amongst the cosplay, geeks and virgins, the San Diego-based Comic-Con always delivers by the bucketload on the TV and movie news. Here's the pick from the show floor of this year's convention...



IT'S A GEEK MECCA!

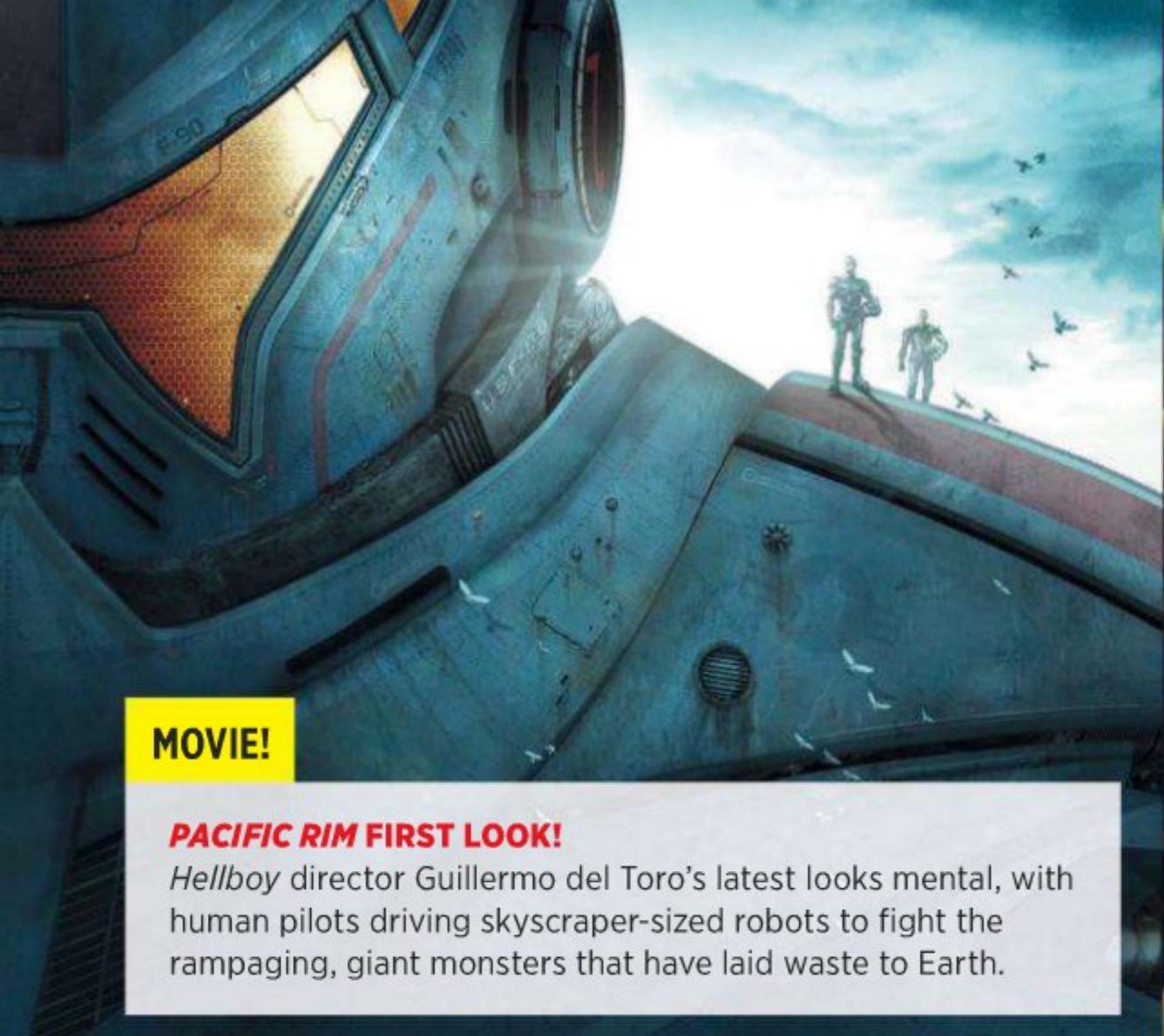
Comic-Con is an event held each year in San Diego. Around 130,000 attended in 2012.

TELEVISION!

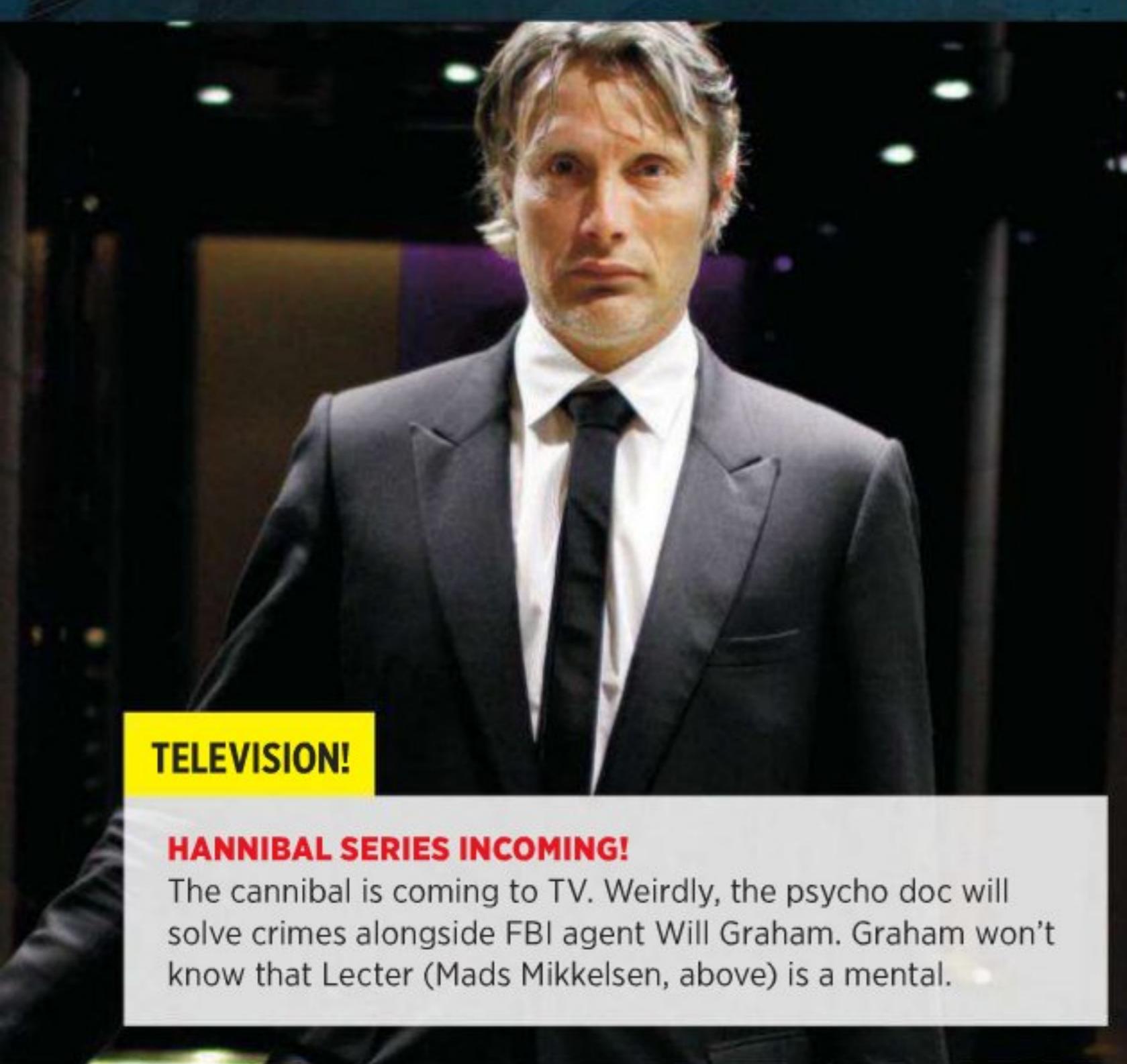
WALKING DEAD'S NEW CAST!

Season three of the zombie drama recruits two new personnel - samurai sword-wielding kick-ass lady Michonne and David Morrissey as psychopathic baddie "The Governor".

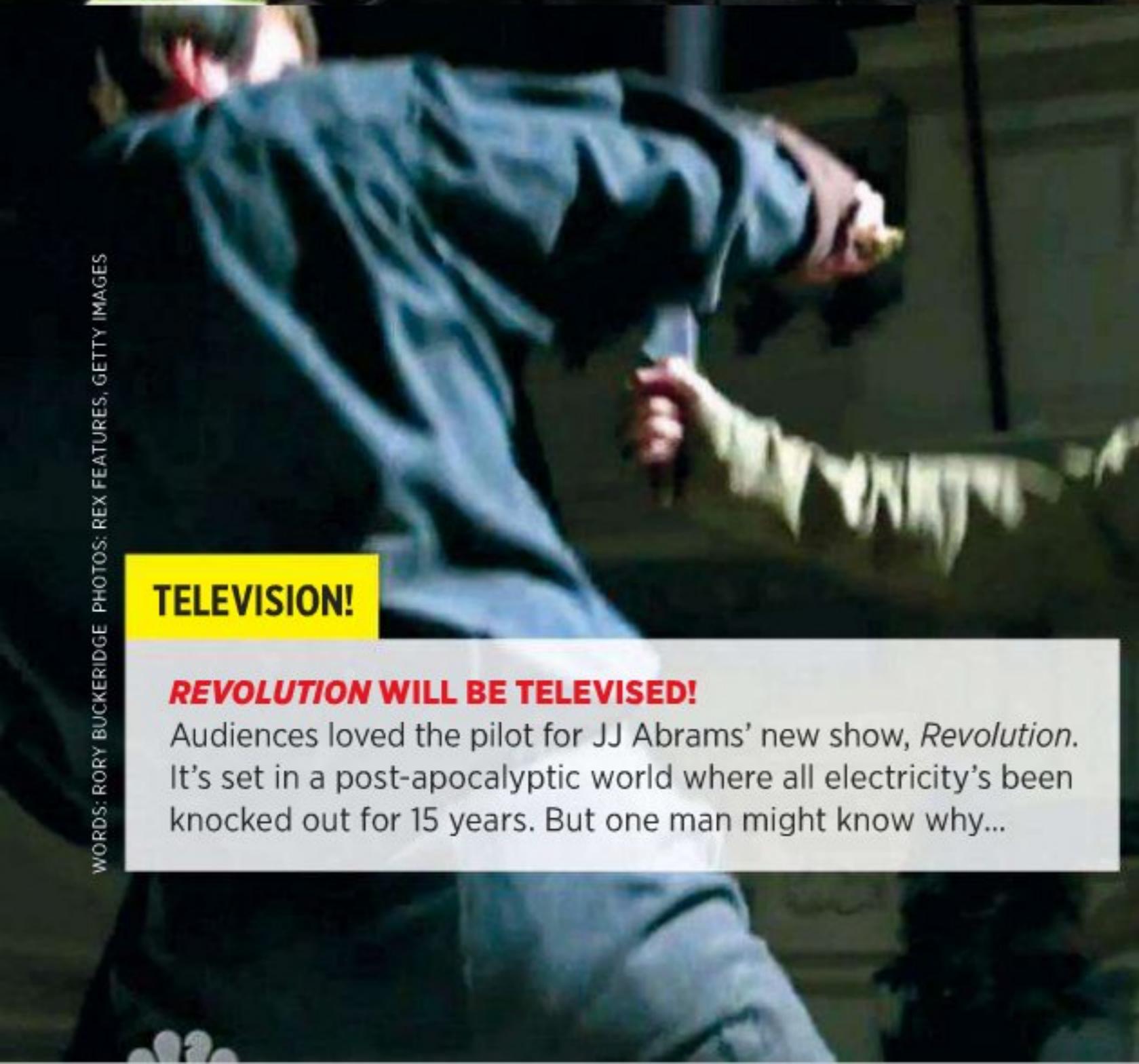


**MOVIE!****PACIFIC RIM FIRST LOOK!**

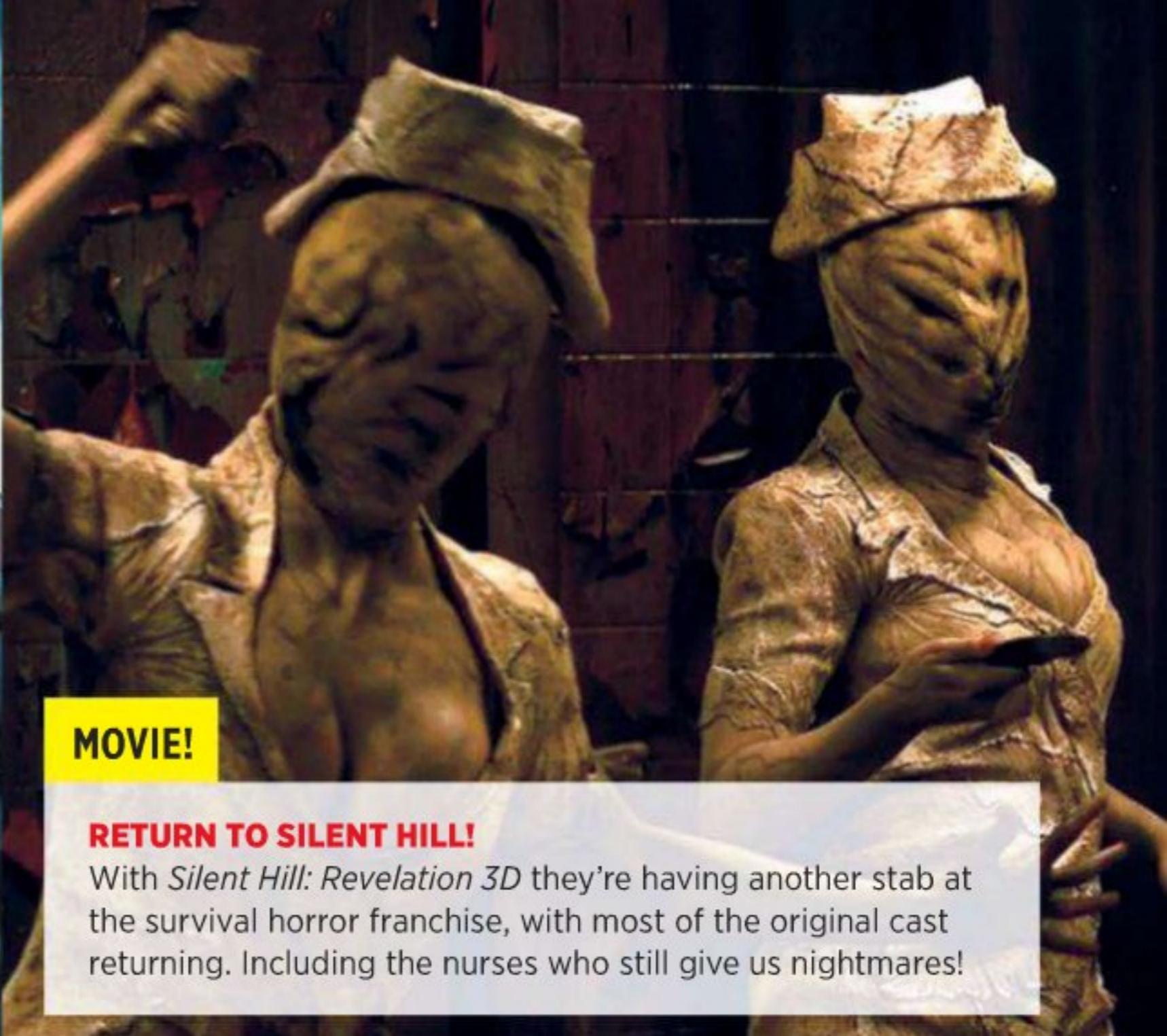
Hellboy director Guillermo del Toro's latest looks mental, with human pilots driving skyscraper-sized robots to fight the rampaging, giant monsters that have laid waste to Earth.

**TELEVISION!****HANNIBAL SERIES INCOMING!**

The cannibal is coming to TV. Weirdly, the psycho doc will solve crimes alongside FBI agent Will Graham. Graham won't know that Lecter (Mads Mikkelsen, above) is a mental.

**TELEVISION!****REVOLUTION WILL BE TELEVISED!**

Audiences loved the pilot for JJ Abrams' new show, *Revolution*. It's set in a post-apocalyptic world where all electricity's been knocked out for 15 years. But one man might know why...

**MOVIE!****RETURN TO SILENT HILL!**

With *Silent Hill: Revelation 3D* they're having another stab at the survival horror franchise, with most of the original cast returning. Including the nurses who still give us nightmares!

**MOVIE!****ROBOCOP GETS A REBOOT!**

The '80s movie is getting a refresh, starring Joel Kinnaman. It seems the original's wry humour and terrifying corporations will translate intact. Awesomely, this is the new ED-209.



Nuts NEWS

EXCLUSIVE!

Amy's Dubai getaway

Miss Childs flees the Essex rain!

→ **BLAH, BLAH,**
rain. Blah, blah,
no summer. Blah,
blah, curse you, God!
Frankly, we're bored of
all the moaning about
our lack of summer. We
should all take a leaf out
of Amy Childs' book,
chuck some swimwear
in a suitcase and jet off
to sunny Dubai to play
table tennis, paddle in the
sea and drink cocktails
with umbrellas in.

Simple. You know,
apart from the expense,
opportunity, and the
fact we've used all our
holiday up already!

WORDS: RORY BUCKERIDGE PHOTOS: SPLASH, REX FEATURES

"Well if the Jet Ski
won't show up
I'll have to walk!"



A vertical photograph of Amy Childs on the left side of the page. She is wearing a sheer, sequined bodysuit and holding a DVD case for "Amy Childs: Naked Ambition". The background is a white wall with her name repeated in purple script. A yellow box in the bottom right corner contains text about her business ventures.

NAKED AMBITION!

Amy's used her name to flog
lingerie, bikinis,
eyelashes,
fitness DVDs
and home
vajazzling kits!



Nuts NEWS



NEW ENEMIES!

These nice chaps are "Swarm Interceptors" who feed off corpses and slice you to pieces with scorpion style arms. That human skull is the only thing they keep after gutting the rest of their victims and scoffing the tasty bits.

EXCLUSIVE!

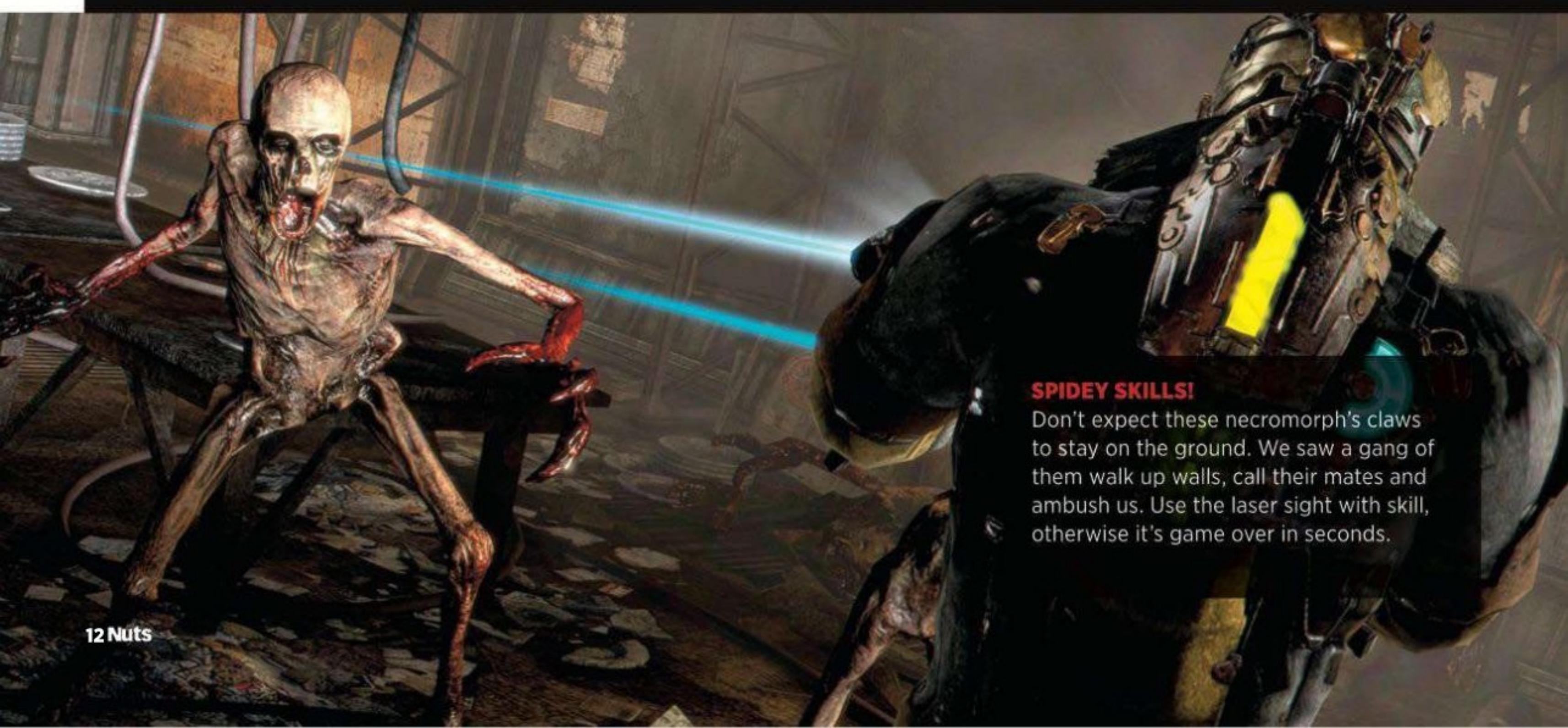
Dead Space 3 first play!

It's a world exclusive fingers-on with the third alien-shooting bum-emptier!

→ **ALIEN SHOOTER**
Dead Space is all about tension, blood and destruction and *Dead Space 3* brings co-op play to the party. New military type John Carver arrives to pull heads off necromorph aliens and we've just had the first play, ripping arms off the skeletal scum and blasting

the glowing orange anus of a snow beast boss. It's not out till spring 2013 but we completed level two, restoring power to a space station, saw human corpses birth alien mutants and played with a rifle gun and disc launcher. "What the f**k is that?" says returning hero Isaac Clarke. Our thoughts exactly!

WORDS: RICHARD MELVILLE



SPIDEY SKILLS!

Don't expect these necromorph's claws to stay on the ground. We saw a gang of them walk up walls, call their mates and ambush us. Use the laser sight with skill, otherwise it's game over in seconds.

NEW WEAPONS!

John Carver arrives fresh from the military and has better weapons knowledge than original hero, Isaac. He can customise new weapons but can't use as many survival suits as Isaac. The blue neon streak doesn't look as cool as blood red anyway.

STALKING!

Enemies will now stalk you, waiting for you to pass in ceilings and crashing down when you least expect it. We got cornered in the toilets by four of these freaks and they made a noise not unlike a drunken urban fox gang bang.

CLOSE COMBAT!

Once you've been gripped, you'll need to button bash to release and then have the choice of dismembering enemies by hand or going for the messy headshot. It's best to save ammo and twist their arms. Backwards, of course.

Nuts **NEWS**

Skyscraper on fire!

Turkish building gets kebabed!

→ **HUNDREDS** OF people were quickly ushered to safety when a faulty air-conditioning unit caused the 42-storey Polat Tower in Istanbul to go up in flames last week. So phew! There were no casualties. All that was left to do, was for this fire-fighting helicopter to swoop in and extinguish the flames with a tonne of water! While presumably everyone stood around, tutting, wondering when they were going to be allowed back in!

"Cover your mouth when you sneeze, building!"



Nuts' fight of the year!

We were there for the ace dust-up!

→ THREE EXCELLENT things happened at the David Haye vs Dereck Chisora fight. 1) There was no nonsense from Chisora. 2) It was a top fight, and 3) the boys had a cuddle after.

OK, you can also add one more excellent thing – the Nuts logo in the stadium and ring. We were media sponsors and it made us very proud to be part of boxing history!

WORDS: RORY BUCKERIDGE PHOTOS: ACTION IMAGES



"Kiss the guns!
Kiss them!"



Lady Gaga

Flogging "Fame" perfume

It'd be weird if Gaga didn't go nude with wee men climbing her tight body to sell her whiff. Turning up in a twin set and pearls? That would be controversial!



Rude NEWS

A stadium full of gold medal-winning ladies of news!



Jessica Wright

Launching lingerie

Knickers-maker Alexis Smith got the *TOWIE* star in to flog its smalls. It was her or Arg. Same cup size, FYI.



Kaitlyn Leeb

At Comic-Con, San Diego

Kaitlyn plays the famous, triple-boobed hooker in the *Total Recall* remake. The best "buy two, get one free" offer of all time!





Danielle Sheehan

Glamour shoot

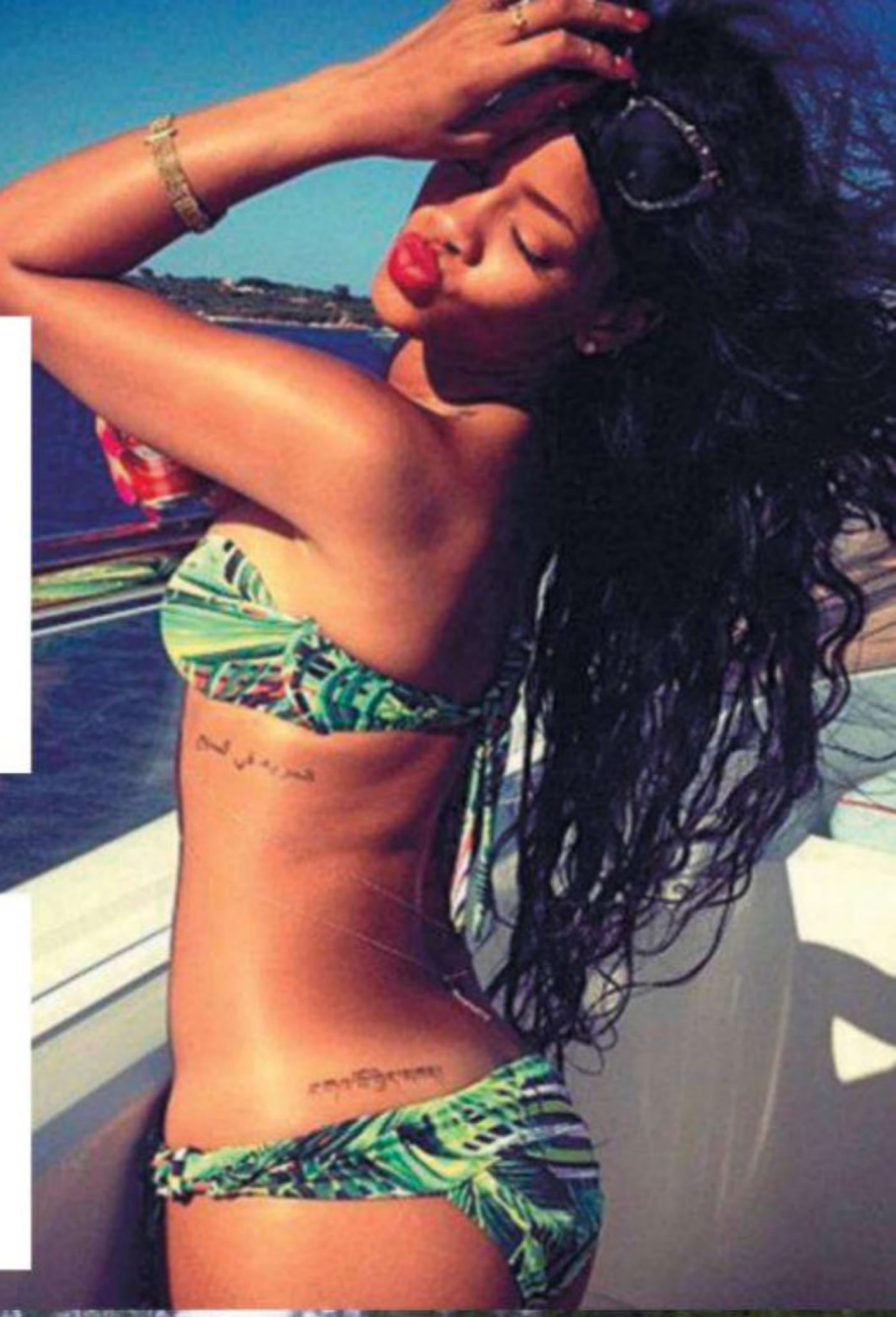
Hopeful *Bachelor* singleton demonstrates the best way to snare her man. None of this boring "getting to know" him stuff. Yawn!



Rihanna

On her hols, Sardinia

The Barbadian songstress tweeted snaps of herself on her yacht in the Med. See! She's just like us! (Only with a yacht. On the Med.)



Kelly Brook

On her hols, Capri

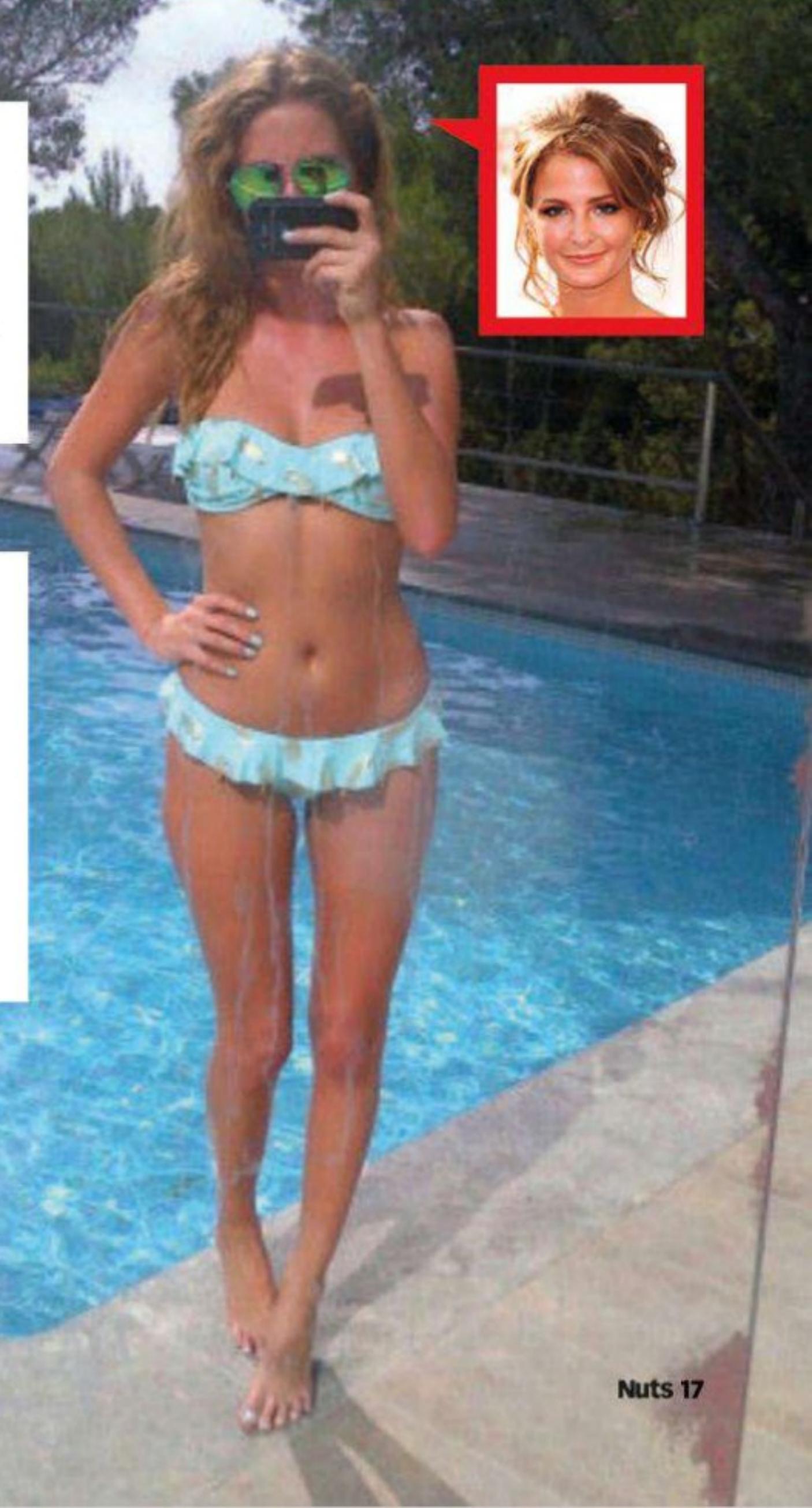
Meanwhile, literally just down the coast, Kelly's also strutting around on a yacht. Looks like she's found her sea legs. And boobs and...



Millie Mackintosh

On her hols, Ibiza

We're going to have to munch our way through loads of Quality Street to keep choccy heiress Millie in bikinis. This bespoke one costs £450. Or 90 1kg tins!



190mph Spanish supercar

Meet the utterly gorgeous Aspid GT-21 Invictus

- With visual flavours of McLaren's SLR from the side, Aston from the rear and VW's Scirocco from the front, details of the angry Aspid GT-21 Invictus have freshly broken cover.

- This is the second supercar from the Catalan company. The Invictus shares the same aerospace-grade aluminium chassis with its first creation, the 2008 Aspid Supersport - a car which was beautifully built but looked like the cellar-living child of a Caterham

and Citroën 2CV that got drug banned from the Olympics.

- The Invictus is one of those cars you can't stop staring at. One minute it looks like an android robot, the next a futuristic flying machine. There are winglets and sharp angles everywhere. The open front wheels are especially mental, as there are no front wings. At the back there are Audi R8-style gills under the lights, with a massive comb-like Aston DBS diffuser.
- Under the long, sprawling bonnet is a BMW V8 breathing

out 450bhp, but Aspid hasn't specified which one. Judging by torque and power figures, we have a good hunch it'll be the same 3,999cc V8 as the M3, but with bhp up from 420.

- We hope this is true, because that stonking Beemer engine will shift a 1.6-tonne M3 to 62mph in 4.6 seconds.
- The Invictus promises to reach 62 inside three seconds. How? Because it tips the scales at less than a tonne. So it could really give Lambo's Aventador a run for its money both in looks and acceleration. Top end's around 190mph.
- The lightweight motorway missile has been made using composites and carbon fibre, and its chassis weighs a mere 80kg. Customers can choose

between a six-speed manual gearbox, or the lightning-fast seven-speed twin-clutch paddle system, as used in the M3.

- Instead of carbon ceramic brakes, the Aspid uses traditional steel discs. But the custom carbon-fibre steering wheel is more futuristic, with most of the control buttons and an infotainment display screen moulded inside. Trick.
- Aspid hopes to make up to 250 cars per year and begin production before 2014. With those side exhausts right below the driver and passenger windows, we can't wait to hear this thing. Which will cost around £200k.

WORDS: JONNY SMITH



"Damn, we forgot the door handles!"

"Ha! Getting to Asda
at 5am really paid
off for the parking!"





EXCLUSIVE

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recognise Danni
from hit TV show
Candy Bar Girls
on Channel 5



LETTER OF THE WEEK!

Bra problems!

Whenever me and my girl get down to it she always leaves her bra on. We've been together for six months and I've probably only seen her boobs once. She's got a great pair so I don't understand why she's so insecure. What should I do?

ROLAND London

Do you compliment her on her breasts? Perhaps be more vocal about it. Instead of leading sexual intercourse towards the bedroom, insist on taking her into the bathroom. That way, if you share a shower she'll have to take off her clothes, including the bra. I suggest you run the shower first to steam up the room – this way she'll feel more comfortable. If you both enjoy passionate sex, try seducing her into the shower with her clothes on and slowly, while kissing, letting the items fall off.

Her mates can't stand me!

All my girlfriend's mates hate me. To be honest, they're all a bit stuck up. They keep telling her I've been cheating on her when I haven't and now she's told me she doesn't know who to trust. How do I get her to believe me?

TIMMY F Burnley

If you're not happy and feel mistreated, leave her. Acting with this bold attitude will have her running back to you. You mention that her friends are stuck up and by this you indicate you behave differently to them. Maybe it's because you're different that your girlfriend's with you. Make sure you show off your unique qualities!

My daft tattoo!

I went on a lads' holiday and had my girlfriend's name tattooed on my arm. It's freaked her out but I can't say it was a drunken mistake. Help!

MAL via email

I advise you to have it covered over with another design or removed. It's always best to be honest and admit it was a drunken mistake. They say alcohol speaks the truth, so it's a compliment directed at your girlfriend. She may not admit

it but she'll secretly like it and remember it being there even if you get it removed.

She won't go down!

My girlfriend used to give great oral but hasn't been down there in ages. Should I mention it?

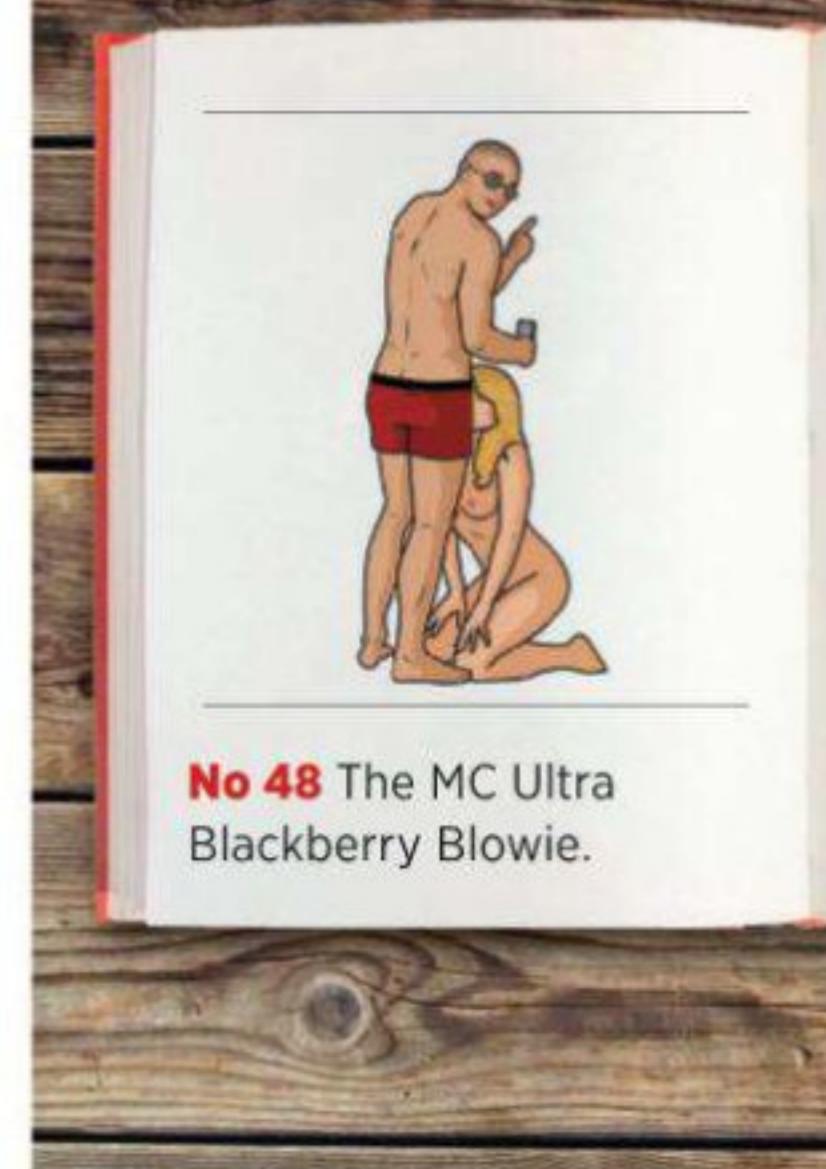
GS North London

Do you shower regularly? Hygiene is very important, especially with oral sex. Buy a fragranced body wash and let her scrub you down. Once out of the shower, allow her to dry you. Play out the scene imaginatively and she'll gobble your goodies all night long!

- If you've got something to ask Danni, just email her at thelesbian@nutsmagazine.co.uk or write to her at the usual address on p66.

ONLY IN
Nuts!

The Nuts Celebrity Kama Sutra!



No 48 The MC Ultra Blackberry Blowie.

NEW SPECIAL COLLECTOR'S EDITION!

This summer, to celebrate the stunning ladies who grace the pages of Britain's biggest men's weekly magazine, we bring you *The Girls Of Nuts - SUMMER SPECIAL!*



Available at WHSmith
and other retailers.

ALSO AVAILABLE IN DIGITAL FORMAT
WWW.NUTS.CO.UK/GIRLSOFSUMMER

Don't look!

The page that makes you go, 'Eurgh!'

"Can I also recommend our waxing treatments?"

ANKLE AGONY!

ON THE MEND!

'My foot was hanging by just a bit of skin!'

Calamitous car collision leaves cyclist well and truly punctured!

→ THIS MASHED-UP bit of meat is the ankle of *Nuts* reader Jay Aubrey, who nearly lost his foot after a catastrophic car encounter while out on his bike.

"I'd been cycling for about seven or eight miles and was nearly home," recalls the IT technician from Cardiff.

"Then, out of nowhere, a car smashed into my side, throwing me across the road!"

When Jay sat up to look at his leg, he was horrified. "My leg was parallel to the road but the sole of my foot was still on the ground. When I lifted my leg, my foot was hanging by a bit of skin with the bone sticking out!"

At hospital, docs patched him up with 40 stitches, five screws and a metal plate for good measure! "Docs say it's going to take 18-20 months to heal because both the muscles and bone have to be reconnected," adds Jay.

Proof that cycling might be good for the planet, but isn't always so good for your legs.

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2012 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

YOUR Nuts

YOUR Letters!

The latest offerings from
our bulging sack!
POSTAGE PAID

New balls, please!

Dear Nuts,
Here's Andy Murray hitting
his nuts trying to climb
over some chairs at the
Haye vs Chisora fight!

JORDAN via email

Oof! Still though, at least
he's not the type to cry
about it. Oh, hang on...

LETTER OF THE WEEK!



"Now I remember
why I didn't take
up hurdling!"



Witch way?

Dear Nuts,
My mate on his way to the shops!

CHIM Lanarkshire

There's a strong chance your mate
might be Harry Potter.



STEALTH BUMMING CORNER!

"This is me stealth
bumming my ops
officer. Something
tells me it could be
a promotion stopper."

RITCHIE HMS Ramsey



The synchronised
swimming team
just had to make do



Retro Nuts!

Dear Nuts,
Any chance you could send
us some 2012 issues? Our
2004 collection of *Nuts*
mags is about the most
modern thing we have
around here, so at the
moment we're all looking

forward to watching Rooney
dominate Euro 2004!

MATT BERRY

9 Platoon, 2 Rifles, Helmand
Province, Afghanistan

Mags in the post! In the
meantime, all you need to
know is England lose all the
Euros, Obama becomes
president and it rains a lot!

Work sucks!

Dear Nuts,
As you can see,
we do exactly
what we say
on the tin!
DAZ AND JUT

via text

Wow, gents!
We've got
to admit you
really do go
the extra mile!



Win Durex stuff!



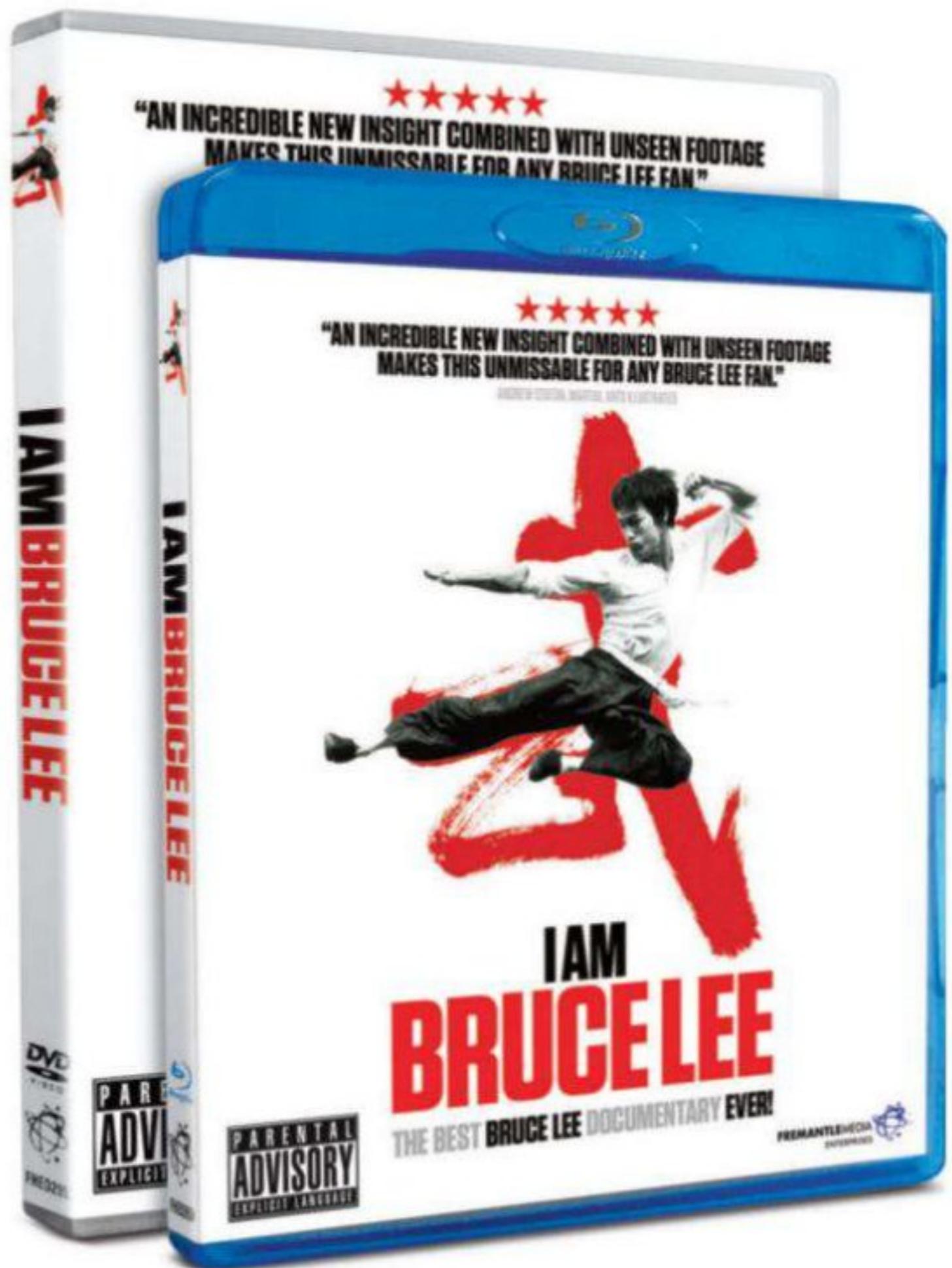
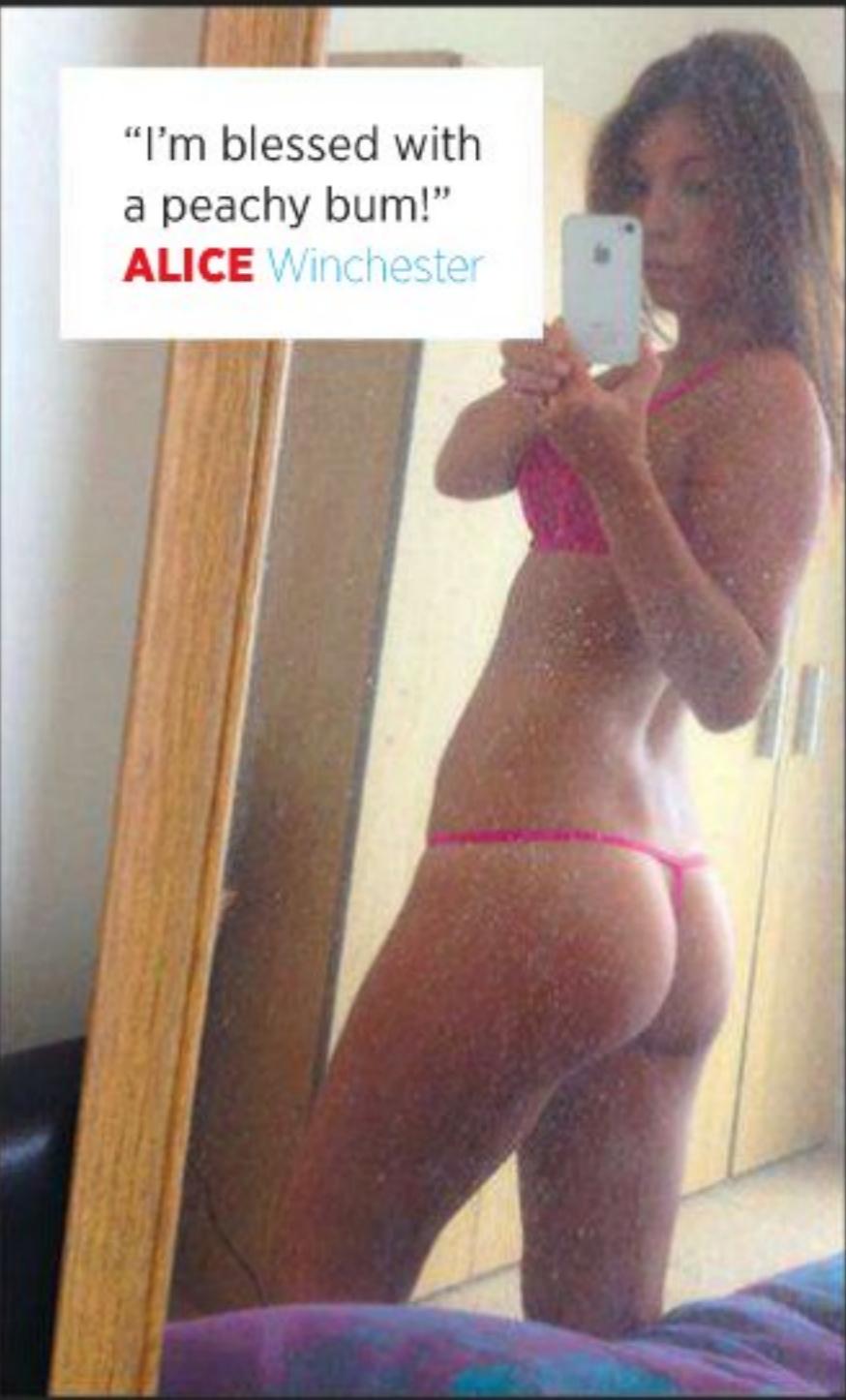
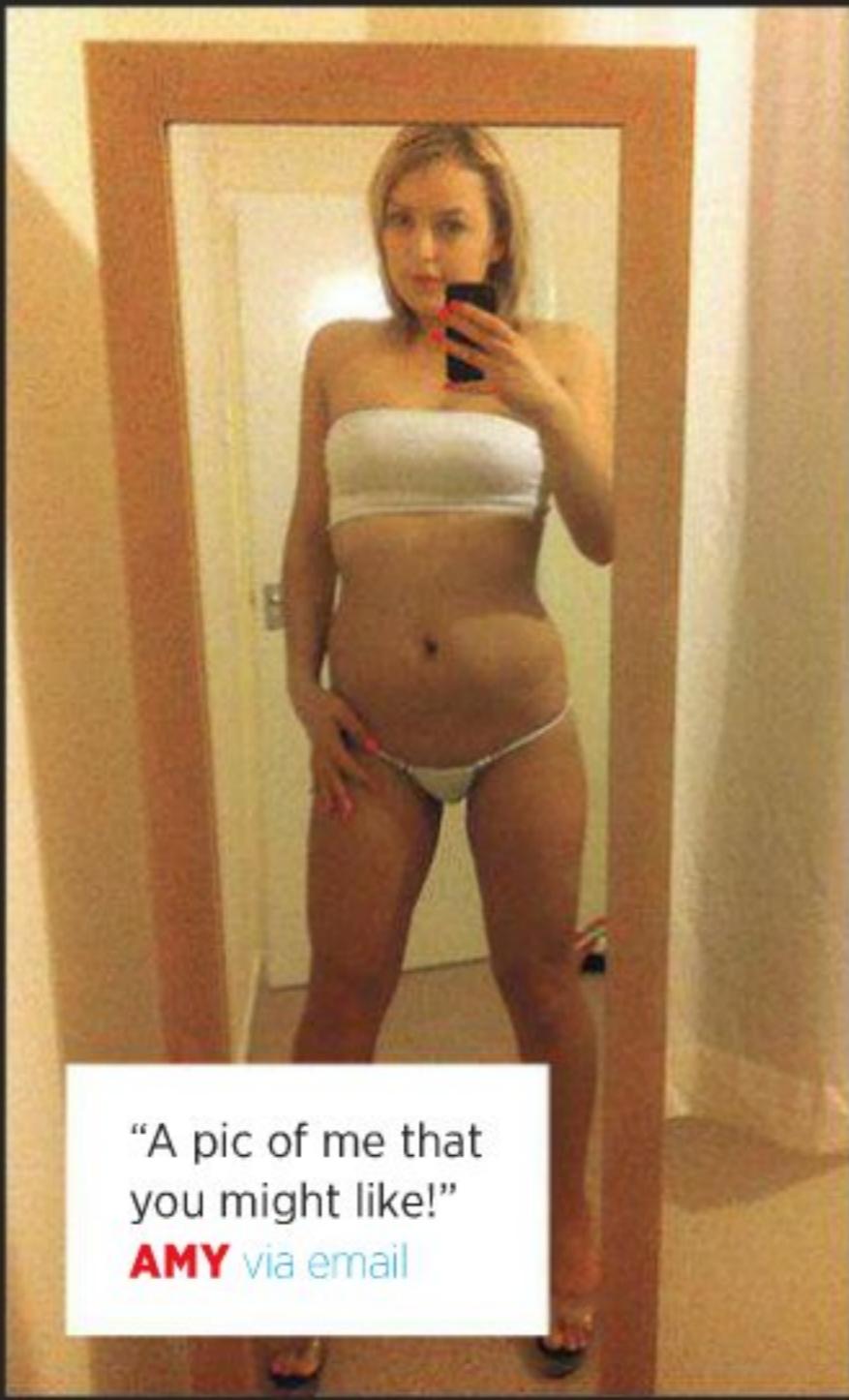
Send your letters, hilarious spam pics and Camera Phone Cuties to: nutletters@ipcmmedia.com or post them to the address on page 66. The week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various items to keep both you and your missus happy. Visit www.durex.co.uk for more info.

*EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 66 APPLY

Camera phone cuties!

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Your Jokes!

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Q: Who drives away all his customers?
A: A taxi driver!

KRIS via email

"I'm learning how to jive by strapping two iPhones to my feet – I'm calling it 'app dancing'!"

TONY Halifax

Q: What do hardcore gamers get from the chip shop?

A: CoD and chips!

WILLIAM via email

Q: How did Jimmy Carr win the Tour de France?

A: He managed to avoid the tacks!

JOSH via email

JOKE OF THE WEEK!

Call girl

TWO GUYS are sitting in a bar, one of them trying to send a message on his brand-new phone.

"My wife and I keep trying to send each other sexts but the buttons are too small for my fingers," he complains.

"They're not designed for grown men like us," his friend agrees. "You'd need the hands of an 18-year-old girl to do it right."

His friend looks at him and says, "If I had those, why would I bother with the sexts?"

PATRICK WALKER via email

"Arrgh! Nooo!
The hold music
is One Direction!"



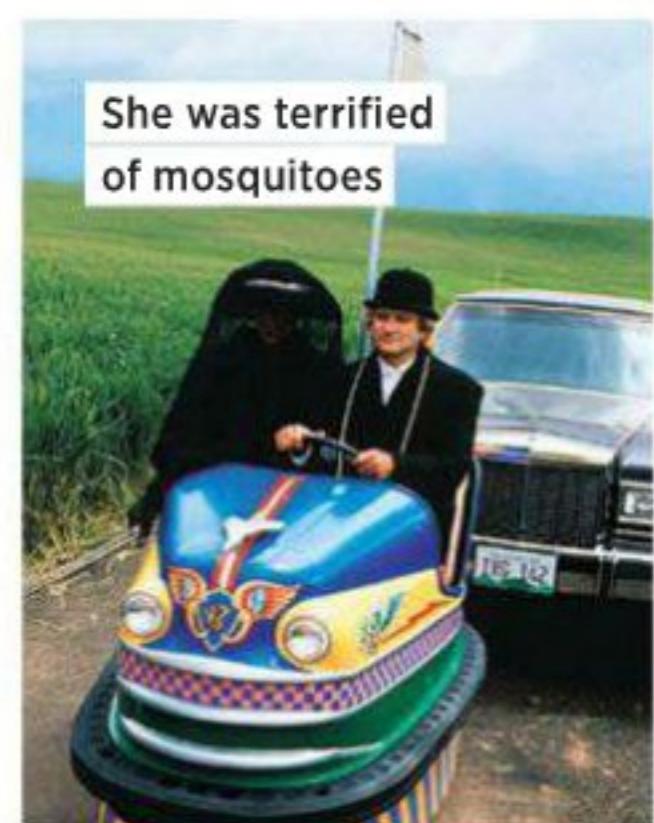
"You remember
The Crying Game,
darling? Well..."

50 Shades Of Play

Q: WHAT have 50 Shades Of Grey and a new toy car got in common?

A: They'll both drain the sh*t out of your telly remote control's batteries!

DAVID Pontefract



Silence is olden

AN ELDERLY couple were attending a church service. About halfway through the wife whispers to her husband, "I just did a silent fart! What do you think I should do?"

The husband replies, "Put a new battery in your hearing aid!"

JASPER via email



Match Of The Day

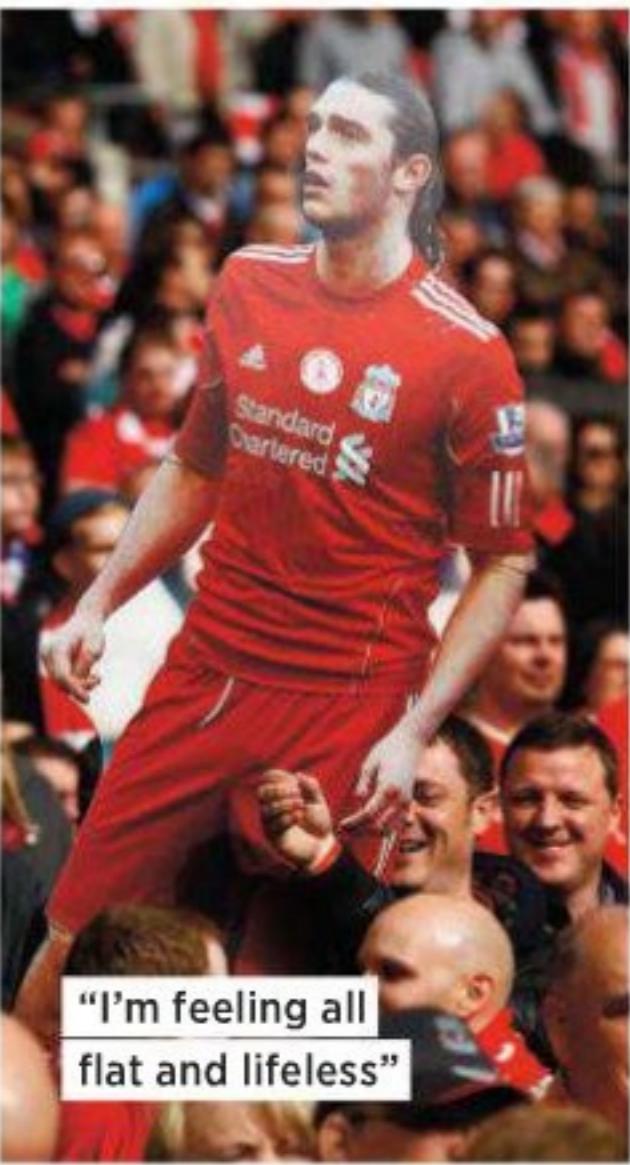
A BLOKE is sitting watching Match Of The Day when his wife comes into the lounge and suggestively says, "Fancy going to bed early tonight, love?"

The hubby replies, "After the football, love."

The spurned wife says, "You do realise that you can record it, don't you?"

The husband replies, "Nice! You get the camcorder and I'll come upstairs when the footy finishes!"

TED Hull



Goals to Newcastle

SO LIVERPOOL have failed to send Andy Carroll back to Newcastle? Well, that's Mike Ashley's 'no returns' policy at Sports Direct for you!

CHARLES via email

Win a PS3 and Meeting Evil DVD!



Send your jokes to nutsjokes@ipcmedia.com. The sender of this week's best joke* wins a Sony PS3 and a copy of the intense psychological thriller *Meeting Evil*, out now on DVD and digital download courtesy of Sony Pictures Home Entertainment!**

FAMOUS BLOKES' JOKES!

Gary Delaney:

"Apple farmers looking to diversify should just grow a pear!"



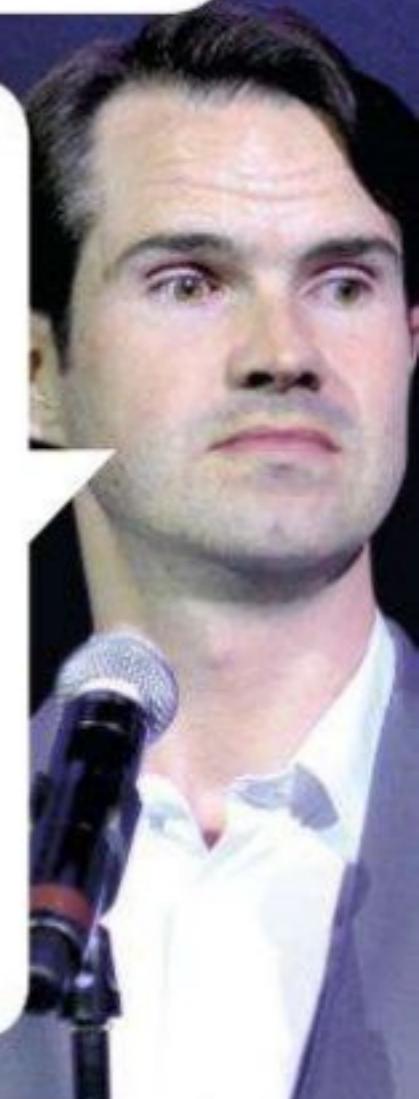
Frankie Boyle:

"Scotland may start charging 5p for carrier bags. It's caused uproar, so soon after the hike in the price of glue."



Stewart Francis:

"I sat next to an over-enthusiastic insurance salesman at a Robbie Williams gig. Through it all, he offered me protection..."



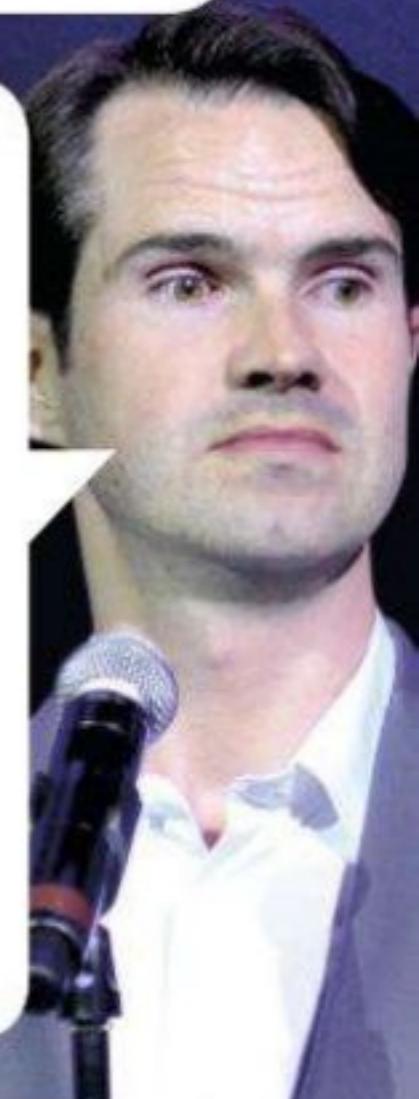
Milton Jones:

"I turned up at the filming of *Dragons' Den* and said, 'I've lost my keys, and for that reason, I'm out!'"



Jimmy Carr:

"Fifteen per cent of prisoners are on drugs. How do they get hold of so many drugs in prison? I guess they're smuggled in by some arsehole!"

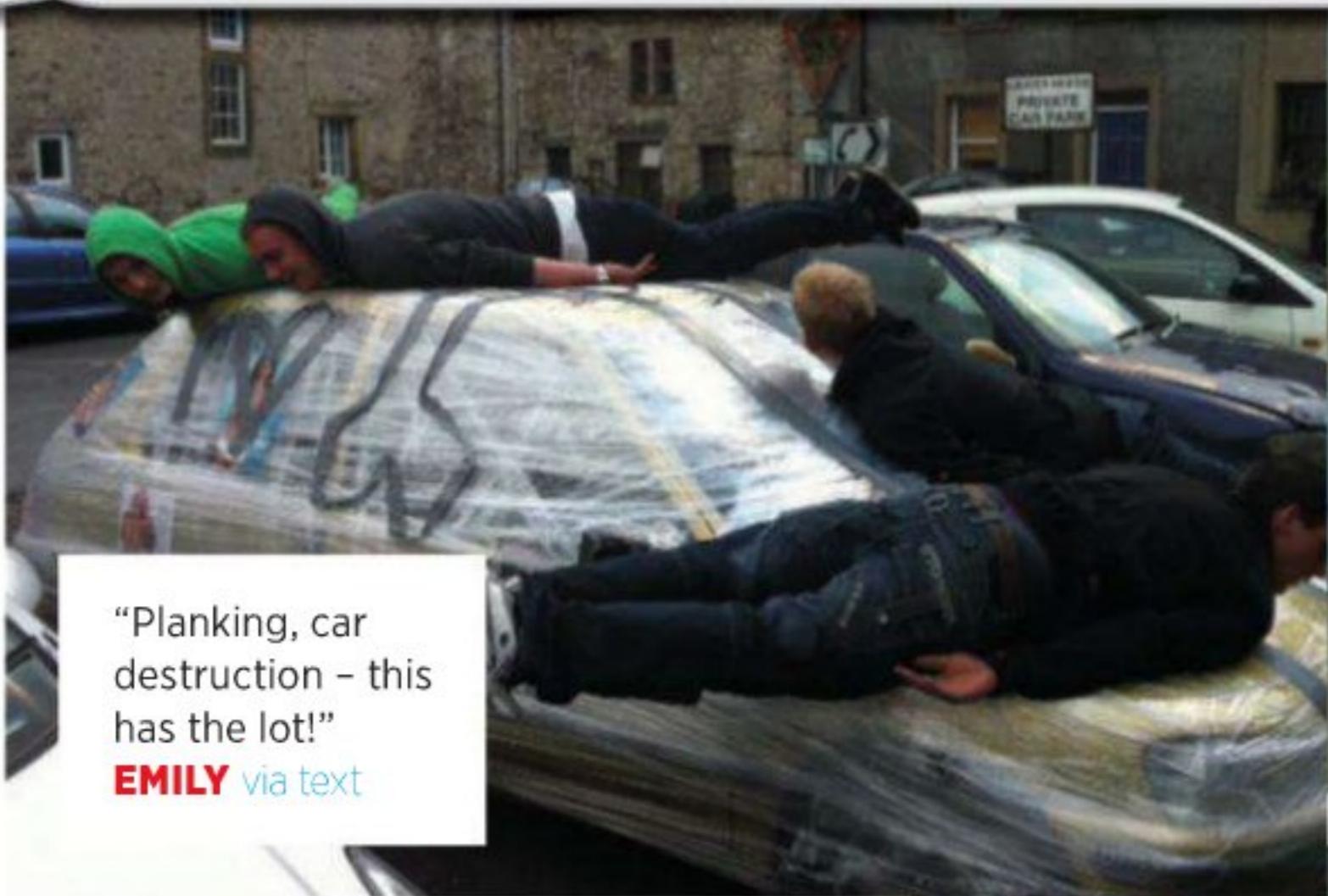


Daniel Sloss:

"Does anyone else get fluff in their iPhone earphone holes? I hate that. It's like my phone's having its period and that's the tampon!"

Camera phone comedy!

Seen something daft? Snap it, send it in and win £100!



"Planking, car destruction - this has the lot!"

EMILY via text



"I was bored. This was the result."
ANON via text



"I followed the street sign name and got in trouble."

ANDY Amesbury



"Could this be the greatest journalist name in the world?"

ANON via text

Win £100!

Text 'Nuts' and your picture to **07713888008** (texts are free but standard network charges apply*). Pic Of The Week** wins £100 cash! Terms & conditions on page 66.

NAFF TATS CORNER



"I let a friend tattoo me - it's because I'm from Grimsby."

STUART Grimsby

PIC OF THE WEEK!

"We taped up an irritating colleague."

ANON via text





ONLY IN
Nuts!

Tweets of the week!

Our favourite tweets from the fit and famous!

Follow

HEIDI KLUM

The model provides us with a lovely view.



HEIDI KLUM @heidiklum
Gorgeous Day!

LUCY PINDER

Sadly, we weren't invited to this party.



LUCY PINDER @LinderOfficial
Thanks to Wayne Lineker for inviting us to the @OceanBeachIbiza launch party

JOEY BARTON

It's not often the QPR hardman looks wet.



JOEY BARTON @joeybarton
Got caught in a monsoon...

ARIANNY CELESTE

Yet more bikini brilliance from Ms UFC!



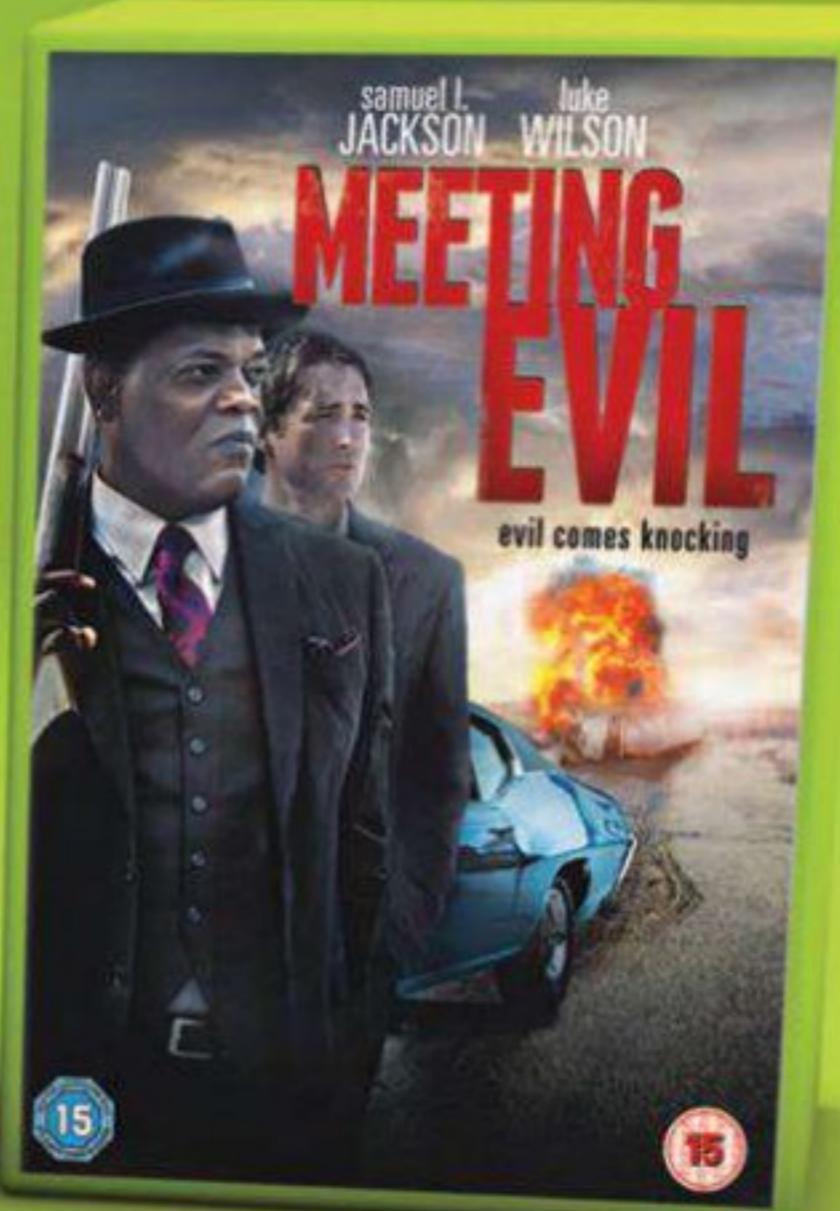
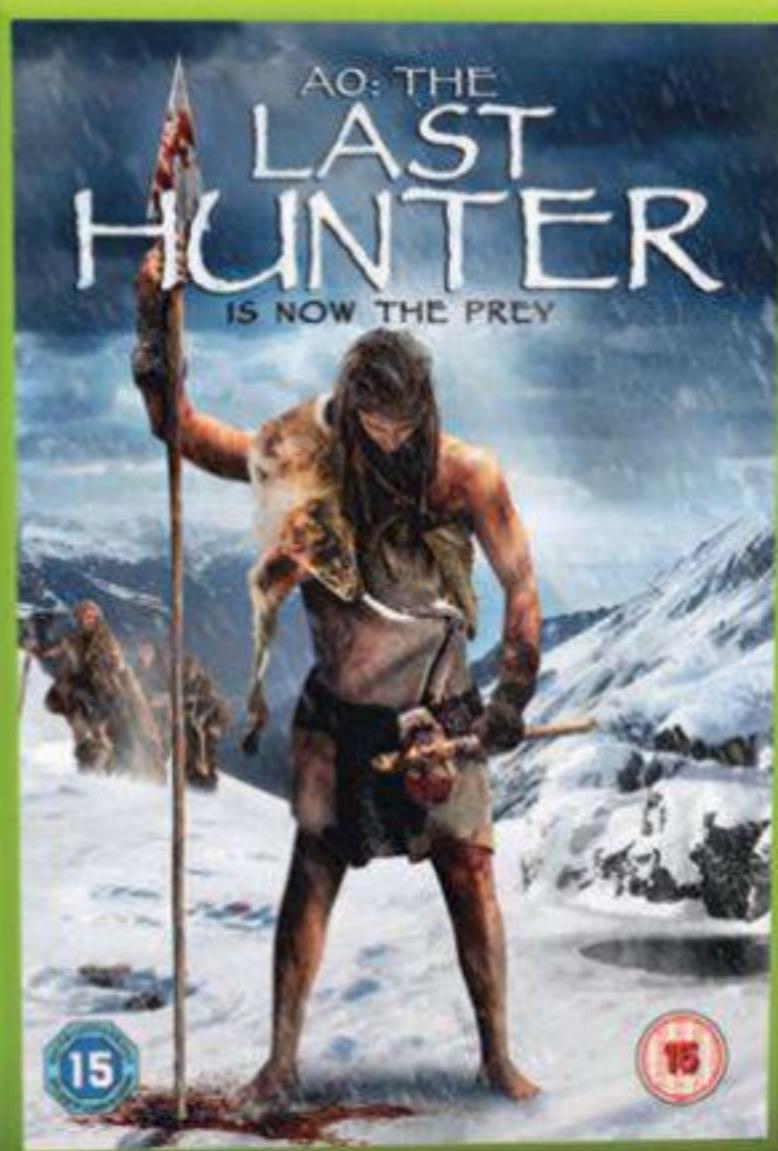
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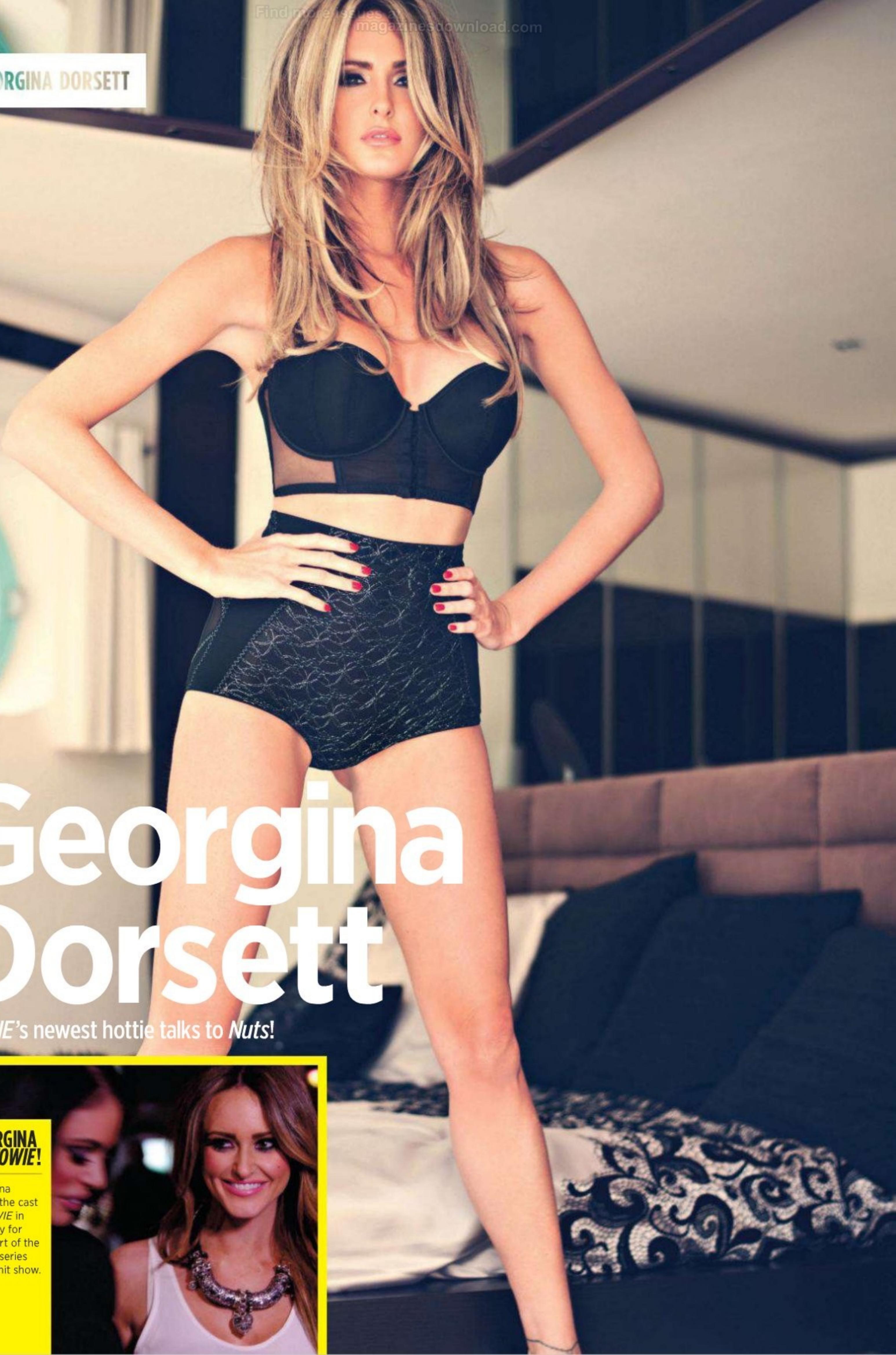
GEORGINA DORSETT

Georgina Dorsett

TOWIE's newest hottie talks to Nuts!

GEORGINA ON TOWIE!

Georgina joined the cast of *TOWIE* in January for the start of the fourth series of the hit show.







**“Becks should be
in the Olympic
footie squad!”**

Hi Georgina! How does it feel to be appearing in *Nuts* for the first time? Hello! It feels so exciting and new and I'm especially happy as it's such a popular mag.

We don't see enough of you in *TOWIE* – what are you up to when you're not being filmed?
I've been busy with work, concentrating on my property business – reconstructing houses and stuff.

Is modelling new to you?
Yes, it's all very new to me. I'm the new face of Littlewoods, too, which makes me proud.

Your fella Tom Cleverley is in the GB Olympic football squad. How exciting is that?
Tom being in the Olympic squad is very exciting. I'm really happy for him, although I feel David Beckham should have been picked after all the promotion he did.

Do you go in for the proper WAG lifestyle?

Ha-ha! I don't know about this term "WAG". If you mean WAG in the cynical way, then no, I don't. But if you mean a wife or a girlfriend of someone in a particular job, I guess I am.

What's a typical night out with you and your friends?

Oh god, I love a night out with my girls. I always like starting the night early, getting ready with a few drinks. We could end up anywhere!

Are all girls from Essex as pretty as you?

Of course! There are a lot of pretty girls in Essex, but there are pretty girls everywhere.

Thanks for the chat, Georgina! Finally, what are your plans for the rest of the year?

I have lots of things in the pipeline. It's very exciting and you'll find out soon! 

● *TOWIE* is on Sundays and Wednesdays on ITV2 at 10pm



RUSSELL BRAND!

The tall comedian on his new show, Tom Cruise and tattoos!

Hi Russell. Your new show, *Brand X*, is totally unscripted. Do you ever watch yourself back and think, "What the hell was I talking about?"

I like to improvise, be spontaneous. I don't think, "Hey, why don't I talk about getting p**sed on?" I just do.

You were also in *Rock Of Ages* recently. Did you enjoy snogging Alec Baldwin?

I didn't properly put one on him down his neckhole. I've snogged women before in films. I don't even bother doing any acting. If you fancy them, you think, "Hold on a minute! I'll just kiss this person." Cuts down on the acting. But Alec Baldwin is a big, hairy cupboardful of masculinity. By the time I had to kiss him, we'd developed a friendship and rapport. So I didn't put my tongue in his mouth.

What are your tips for the perfect snog?

Don't lunge in like a drunk stinking of cider. Let the moment linger. Get right close to their face, create real tension and then... go at it like a fish.

We've heard lots of bonkers stuff about Tom Cruise. What's he really like?

Remember he's just a normal person. I went to his house. I was meant to be there for dinner at eight, but in *Rock Of Ages*, there's this monkey, this f**king baboon. When I read the script, it didn't go, "And then a monkey turns up." But Tom Cruise went, "Let's put in a monkey!" No one has said no

to Tom Cruise since 1985. And because that motherf**king monkey has been going mental, being a dick, I was late for dinner round Tom Cruise's house.

What happened?

I got there at ten. I texted him to warn him. "That f**king monkey that you love so much..." – I didn't swear – "...has been incorrigible." By the time I'd got there, they'd finished dinner and the table had been cleared. I had to eat a three-course meal in front of Tom, Katie Holmes and Suri Cruise. I had lasagne, which was really difficult to eat and got in my hair.

You recently did a show with the Dalai Lama. How was that?

My driver thought we were meeting a bloke called Darrell Llama. [Does impression] "What time have we got to meet Darrell Llama?" "About ten." "Do you think he's going to want any food?" "Yes, just get him a Cornish pasty or something." Ain't that funny? I wondered if he was going to do small talk. "Come here on the train, did you, mate? Have a cup of Virgin tea?" You know me, I was bound to say something f**king mad.



The ventriloquist couldn't help thinking he'd forgotten something

Talk us through your new tattoos.

[Points to arm] This is Krishna. Seventy per cent of the universe is unclear. It's f**king miles and we can't f**king see it. All we see is a narrow spectrum of ultraviolet light. There are all sorts of energy we can't see yet. We need to tune our heads away from the frequency of idiocy and fear, and form a glorious utopia, set up by me. [Points below] And this one is West Ham.

Do you still speak to Katy Perry?

I can understand you're curious, but we were married and I loved her. She's a person who I care about so I have to be careful what I say. She's still out there in the world somewhere.

Thanks, Russell. One last question: is there anything sexually you wouldn't do?

I had it off with these sisters. On their own, I wouldn't have bothered. They may have been lying but the whole sister thing raised the game. I realise now I have a different moral template to most people. It's not like I'm doing it with my own sister. It's not incest. I haven't got a sister!

Blimey! Anything else to confess?

I used to go to Reading to have sex with fat prostitutes. They were brilliant. I'd hang out with them afterwards and hear all these mad stories. One guy would put knickers on, get in the bath, sh*t himself and go, "Nanny, I've been a naughty girl, I can't go to nursery." Imagine when he has to explain what he wants! "Well, first I'll put your knickers on, then I sh*t myself and..." Ricky Gervais phoned me up before we really knew each other and I told him that story, 'cos he's from Reading. He went, "I've got to go, see you, bye." That quickly. I thought we'd never be friends after that! X

- *Brand X* is On Sky Atlantic every Monday at 10.35pm.

A FRIENDLY
REMINDER
YOUR ACCOUNT
IS OVERDUE

RUSSELL BRAND



30 OLYMPICS FACTS!

30 AMAZING OLYMPICS FACTS

The maddest things you'll ever need to know about the Games!



1 Diving star **Tom Daley** was criticised earlier this year when he joined team-mates in recording a spoof dance video for LMFAO's *Sexy And I Know It*. The clip has almost a million hits on YouTube to date!

2 The new Aquatics Centre for London 2012 cost £269million to build and was inspired by the streamlined shape of a stingray.



3 As per tradition, the **Olympic flame** was lit using a curved mirror and sunlight in Olympia, Greece, 70 days before the start of London 2012.

4 The Olympic rings represent every country in the world. Every nation in the world contains at least one of the five colours – blue, yellow, black, green and red – in their flag.



5 GB badminton star Chris Adcock ditched girlfriend Gabby White for a new mixed-doubles partner. But it's worked out for him as he and new team-mate Imogen Bankier have made the Olympic team. What's more, Gabby has stuck by him!

6 The word **Gymnasium** means "school for naked exercise".

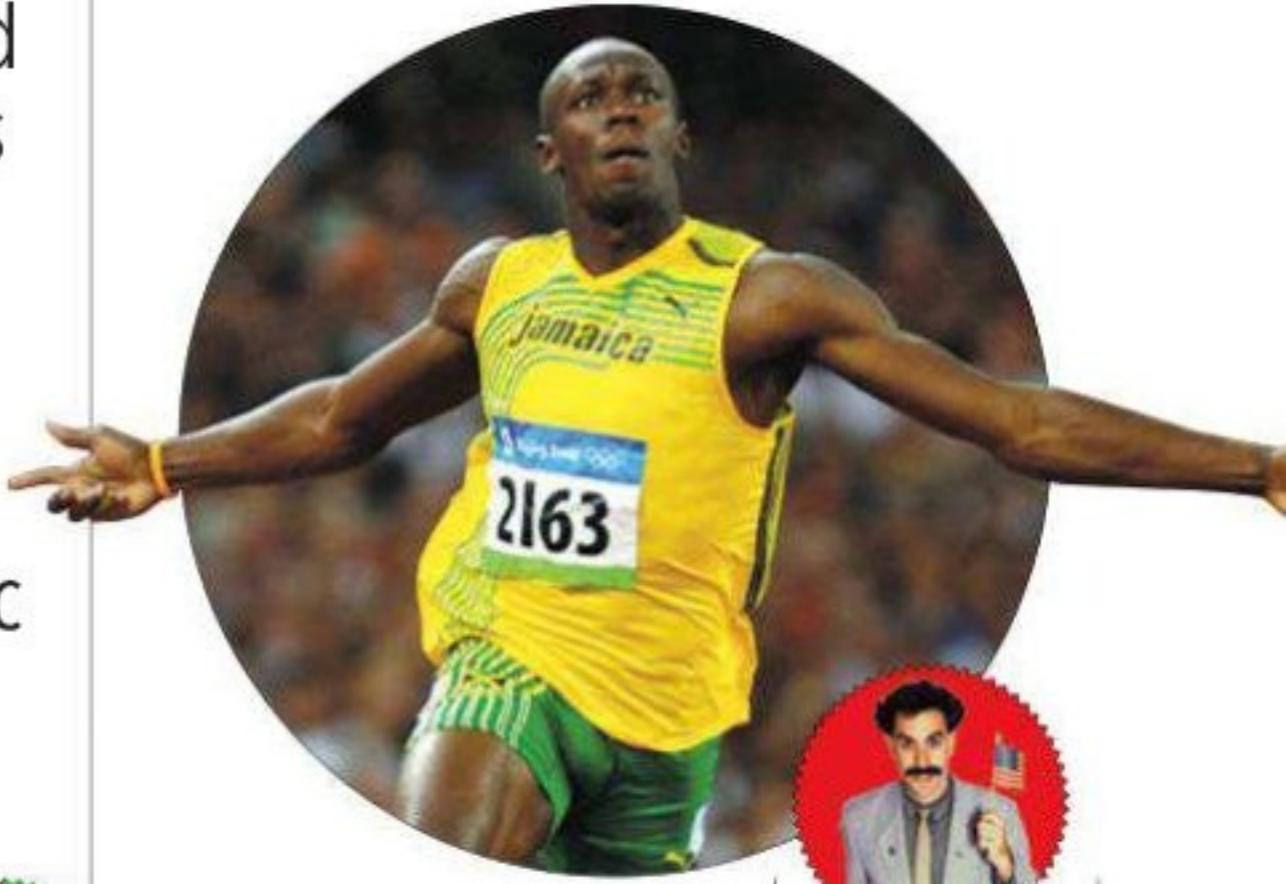
7 Free condoms have been available in Olympic villages since Barcelona in 1992. An estimated 150,000 condoms will be provided in London by Olympic sponsors Durex.

8 A whopping 682 tonnes of **seafood** will be consumed during the Games in the athletes' village.



9 Great gran **Dinah Gould** was the oldest bearer of the Olympic torch on its route from London. She's 100 years old.

10 Jamaican sprint sensation **Usain Bolt** holds the current 100 metres world record at 9.58 seconds.



11 Kazakhstan shooting champion Maria Dmitrienko's gold medal presentation turned into farce at the Asian Championships when the wrong anthem was played during the prize-giving ceremony. Instead of the real Kazakh national anthem, a parody tune from **Borat** was used by mistake.

12 London is the first city to host the Olympics three times – in 1908, 1948 and now 2012.

13 Water from the swimming pools at London's new Aquatics Centre will be reused to flush the toilets of the Olympic Park. Don't worry, though – the pools don't smell of chlorine as 13 high-tech filters will clean the water.

14 Organisers have warned that **streakers** will be fined up to £20,000 at London 2012, so don't get any ideas!

15 Medals at London 2012 will weigh 400 grams, the same weight as a tin of Heinz soup, but somewhat more valuable!

16 London 2012 will see the first GB football team since 1960, when a team of amateurs, including a fishmonger, a joiner and a dentist, competed in Rome but were eliminated in the early stages.

17 More than 2,100 medals will be presented across 302 ceremonies this summer.

18 Wimbledon will host the Olympic tennis tournament, where 26,400 **tennis balls** will be used.

19 The youngest Olympian ever was **Dimitrios Loundras**, a ten-year-old Greek gymnast who took part in the 1896 Athens Olympics.



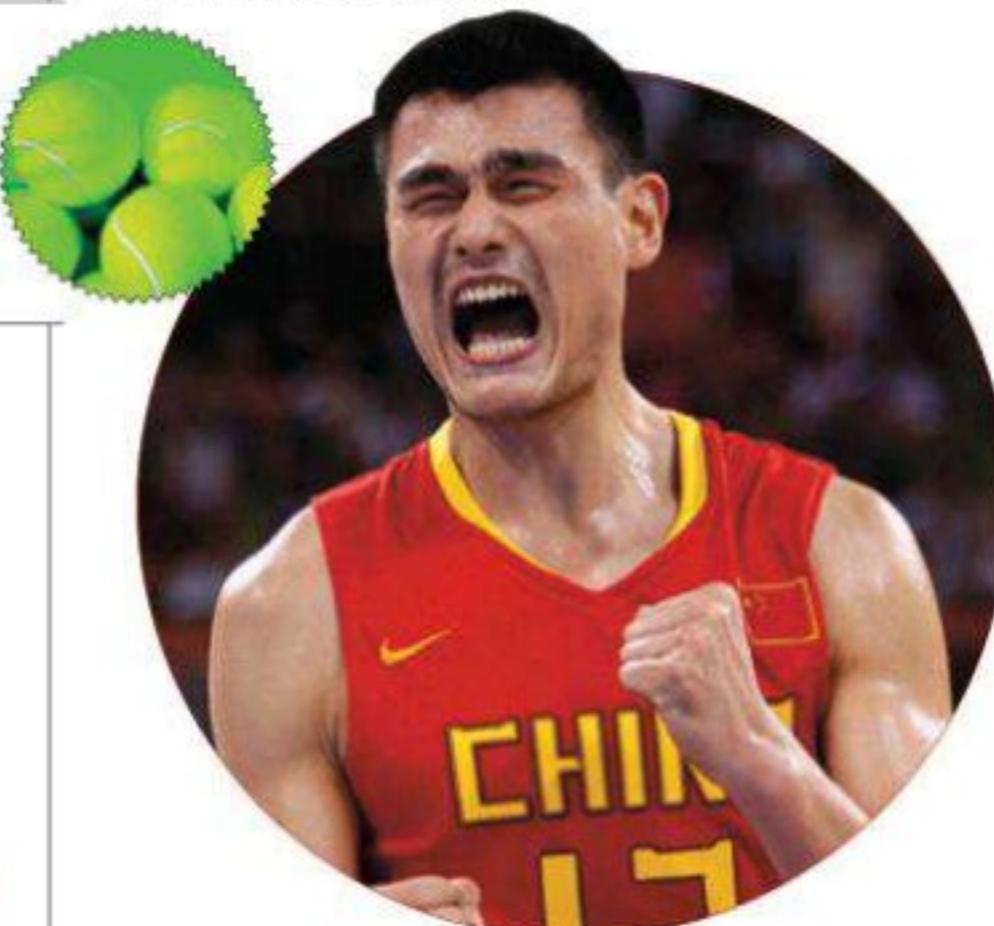
20 Over 200 buildings were demolished to make way for the new Olympic Park in Stratford, East London. Items found on the site ranged from a rare Roman coin to 3,000 year-old human remains.

21 The Olympic Park covers 500 acres, the same size as Alton Towers.

22 Uruguay have the longest of all national anthems at London 2012, lasting six-and-a-half minutes. Here's hoping they don't win too many golds!

23 The platform height used in the Olympic diving competition is ten metres – taller than a three-storey house. Don't bottle it, Tom Daley!

24 The tallest ever Olympic athlete was China's basketball star **Yao Ming**, who stands at an incredible 7ft 6in.



25 Gold medals haven't been pure gold for a century. The 1912 Olympics was the last time that gold medals were solid gold. Ever since, they've been silver with gold plating.

26 Sprinter **Dwain Chambers** was banned from athletics for two years for testing positive for a banned substance, a period that included an ill-fated career in American football. He'll lead Team GB's charge in the 100m at London 2012.

27 Superstar Dutch horse Moorlands Totilas has changed allegiances and will compete for Germany in the Equestrian at London 2012, after German nobility bought the rights to the horse for a world record €15million.

28 Fifteen cubic metres of water per second will rush down Lee Valley's 300m water canoe slalom facility.

29 Zara Phillips will represent Team GB in the equestrian at London 2012 and will stay in the athlete's village alongside everyone else. At least she has the option of popping to her nan's down the road at Buckingham Palace for dinner, though.

30 Applicants for tickets to the women's beach volleyball were 65 per cent male. Wonder why? X

FROM THE BRITON STREETS TO THE NBA!

Meet Luol Deng, one of the biggest sport stars in the US and the 6ft 9 captain of Team GB basketball...

Hi Luol. What do you remember about your life growing up in Sudan? Children just a little older than me were being drafted into the Army. My father worked for the government, so it made him a target. I was young, but the sound of gunfire was something you'd hear every day.

Did your move to London affect you? It didn't at the time as I was young but, looking back, it's clearly changed my life. When I arrived, it was like arriving in the future! Everything looked so different from Sudan. Britain looked after me and my family, and that's why I'll always consider myself British and why I'll always call England home.

You're 21 now. What do you remember about growing up in Brixton?

That all the boys played football! When they were at school, when they got home, at weekends. That's how I made my friends. It's a little sad that maybe I wouldn't have made friends if I hadn't been a good player, but that's the reality of being that age.

Do you still go back there and if so, what sort of reaction do you get?

I do go back as it played an important part in my life. Jimmy Rogers, who was my coach at Brixton, was one of the most influential people in my life, and I met some great people there. The reaction's great and it's humbling that Brixton ask me to put my name to things they're doing in the community.

When did you realise you were going to choose basketball over football?

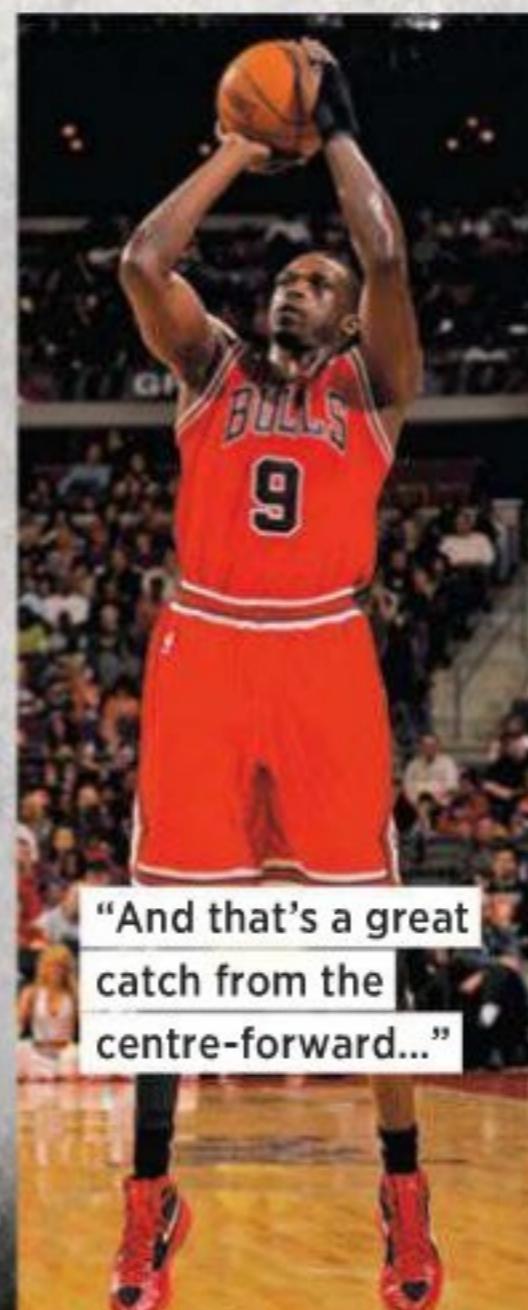
Football was always my passion and I was good, but my brother made me also go to basketball training. By the time I was 14, I was 6ft 7 and I had to start taking basketball seriously but even at that age, I preferred football.

What are your memories of playing basketball in the UK?

It was how competitive everything was, even in training nobody wanted to lose. It's the British mentality to hate to lose, and that shaped me for later on in life. I made some lifelong friends – it was a great time for me.

You moved to the US when you were 14. How did that all happen?

You get scouted at High School, but it's not like here, where Man United and Arsenal can sign kids up at ten years old. After you've been scouted, you get a scholarship for college. Then you get drafted into the NBA, if you're lucky, on "draft night", where teams from the NBA pick the players they want.



"And that's a great catch from the centre-forward..."



Did you ever get homesick?

Of course, but I just bought a bigger house in Chicago so all my family can stay. It's not my style to spend lots of money or to look flash, but I wanted a house where we could all live together.

Is it strange you can walk down the street here without being recognised?

In Chicago, most people know who I am but when I'm back in London, I can go and get dinner or go shopping and the only reason people stare at me is because of my size. I love not being recognised at home.

If you were to walk down the street in Chicago, what would the reaction be?

The Bulls are so big in Chicago, and it is kind of difficult to go out sometimes. People stare, or they stop and talk, or they want to take photos. I always want to make time for fans, but it makes doing regular things impossible.

How does it feel to be a Brit in the NBA?

There was a time when being a non-American in the NBA was a big deal, but now there are, like, ten nationalities I think. It's moving forward, like the rest of the world.

NBA's biggest ballers!

Hasheem Thabeet
Oklahoma City Thunder 7ft 3



Marc Gasol
Memphis Grizzlies 7ft 1



Paul Gasol
Los Angeles Lakers 7ft



Does it bother you that you've never gained more appreciation for what you've achieved in the US over here?

Not at all.

When I first arrived in the UK all the kids played football and I don't see that changing. If you look at somebody like Clint Dempsey, he probably doesn't get the appreciation he deserves in the US.

Thanks, Luol. Finally, with just one NBA player in the GB team, where can we expect to finish in London 2012?

You go to the Olympics wanting to come back with a medal, and that has to be a real target. What I want as much as anything is that it acts a real springboard for the sport in the UK, and while football is always going to be number one, I hope we see a lot more kids playing basketball.



LUOL DENG

"Hey, I think there's
something wrong
with this melon..."

BOOB OLYMPICS

EMMA

HOLLY



The boob Olympics!

Nuts girls go for gold with boobs to behold!



LEAH

LUCY



"If we were dishing out medals for boobs, Leah would win gold!"





BOOB OLYMPICS

Hi Emma! Have you had fun today? It's been wicked! I've been very excited about meeting Lucy Collett, and I'm pleased to say that she's awesome. It's great to have a feisty redhead in *Nuts*.

Does that mean she's the sportiest girl here?

She's been very good at the basketball today. Lucy has good ball skills – it's official.

What have you enjoyed most about our boob Olympics?

All the props! I got to use a javelin, a hammer and a hockey stick. Best of all though, I got to have a go on a proper racing bike. That was just awesome.

Did we see you enjoying a spot of nude cycling earlier?

Ha-ha! I'll have some quite intimate bruising after this shoot. That saddle might just have been made for a man. Blokes, I feel your pain!

Would you be any good at any of the Olympic sports?

Not that good. Maybe if I had to do a few roly-polies. I might be good at that! I'd also be good at the three-legged race, the number of times I've walked a drunken Rosie Jones home!

Do your boobs deserve an Olympic medal?

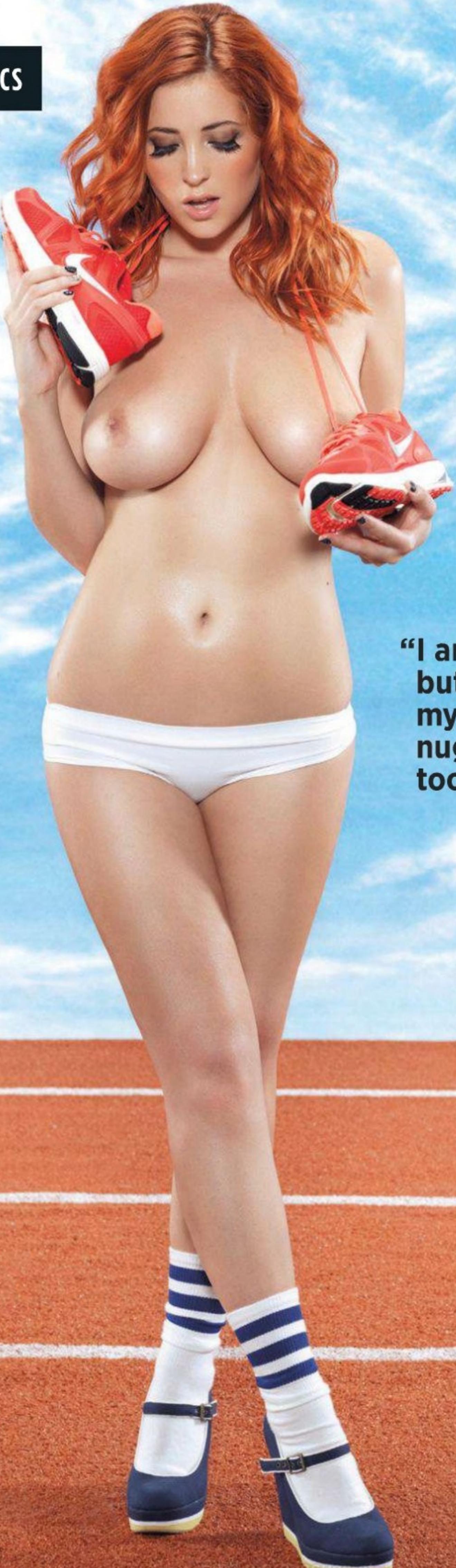
Yes, but my bra should get one for the sheer strain of its daily life. If we're dishing out medals for boobs today, I think Leah would get gold and Lucy would get silver. You've really got some busty beauties today!

Cheers! Finally, then, which everyday event could you turn into an Olympic sport?

Jägerbombing would be an awesome Olympic sport. I'd get silver, Jones would get gold! ►



BOOB OLYMPICS



"I am sporty, but I like my chicken nuggets too much!"



Hi Lucy! How are you enjoying today's sporty shenanigans? It's amazing! We're all oiled up, and I'm just admiring Emma Glover's amazing athletic legs. This is the most active our boobs have been on a shoot!

Are you a sporty person?
I am, kind of, but I like my chicken nuggets too much. Most forms of exercise have to go out of the window, or else I'll end up hurting someone with my boobs.

Do you like sporty blokes?
I do actually, yeah. It's not essential, but a bloke who's into sports is normally a lot fitter and, more importantly, is likely to have very good stamina.

What's your sport of choice?
I really like to watch cricket. It goes on all day and you can just sit, chill out and drink the day away. I'm normally smashed by the time it finishes. It's very British.

How excited are you about the Olympics?
I'm looking forward to it and cheering on Team GB. I'm probably going to throw a little Olympic games party.

Do you think it would spice things up if they did certain sports in the buff?
Yeah, that'd be pretty funny, wouldn't it? Imagine everything flopping about everywhere. The TV audience figures would go through the roof.

Thanks, Lucy. Finally, would you consider streaking at the opening ceremony?
Oh, definitely! I have to admit, I'm a bit of a secret streaker, so the Olympics might be a good opportunity for it! ▶



**“A bloke who’s
into sports is
likely to have
more stamina!”**



BOOB OLYMPICS



"I can't run with my boobs – it's just too dangerous!"





Hiya Holly! How do you like our boob Olympics? Hello! I love it! Today's been great fun and all the girls have huge boobs. Especially Leah Francis, I couldn't stop touching them!

What's your favourite event?
Gymnastics is the most fun to watch, the stuff they can do is amazing. I love Tom Daley as well – he's too cute. I'll be showing him my support from the comfort of my own living room.

So you like Mr Daley. Do all your chaps have to be buff?

Not at all! I'm more interested in their face and personality – body comes last. The first thing that attracts me to a guy are his eyes. I really like a guy with tattoos, too.

Is sport a turn-on or a turn-off?

Sport is definitely a turn-on. There's nothing wrong with a guy who has great stamina – you never know where else it might come in handy!

Are you more of a sprinter or a marathon lady in the bedroom?

I'd say a marathon lady, but it depends on my mood at the time. I prefer a guy to take his time and not skip the foreplay.

What event would be even better if it was done naked?

Sprinting would be funny. I wouldn't dare streak. I can't run without my boobs in a really good bra or else it just gets dangerous!

Finally, which *Nuts* babe would you give a medal to?

I think Leah deserves a medal for carrying hers around every day. They're pretty impressive! No one on the shoot could take their eyes off them. ▶



BOOB OLYMPICS



**“Equestrian events
are good to see
boobs bouncing
up and down!”**





LEAH

Hi Leah! Are you enjoying our boob Olympics today? Hello! It's cool, thanks. When you told me I was doing the boob Olympics, I thought, "I'm going to need a better sports bra!"

Are your boobs getting a good enough workout?

Oh yes. I've been jiggling them around all day. I almost gave myself a black eye at one point. There are boobs bouncing about all over the place!

How sporty have your fellow Nuts babes been?

Everyone's a bit on the hyperactive side. It'd be too hard to pick out one girl for special praise, although Holly's boobs never fail to amaze!

Are you excited about the real Olympic games?

I am. I'm into my horse riding, you see, so I'll be watching the dressage religiously. The equestrian events are always good for seeing the boobs bouncing up and down!

Could we pull off a pair of those tight, white jodhpur things?

Ha-ha! Of course you can! I do like to check out the men and their tight bottoms. There's nothing sexier than seeing a hot man on a horse.

Can you invent us a sport for the bedroom Olympics?

I'd like to see something like a bedroom riding competition. My thighs are built for riding and clamping, so I'd be in with a shot at a medal!

Finally, what about your boobs, do they deserve a medal?

Oh hell, yes! They deserve the heavyweight champion gold medal because they're just so big!



Nuts STUFF

The week's best TV, movies, games, fashion, music and tech!

Nuts TV

TV built for blokes!

LEMON LA VIDA LOCA
THURSDAY • ITV2, 10pm

Keith lets us into his life!

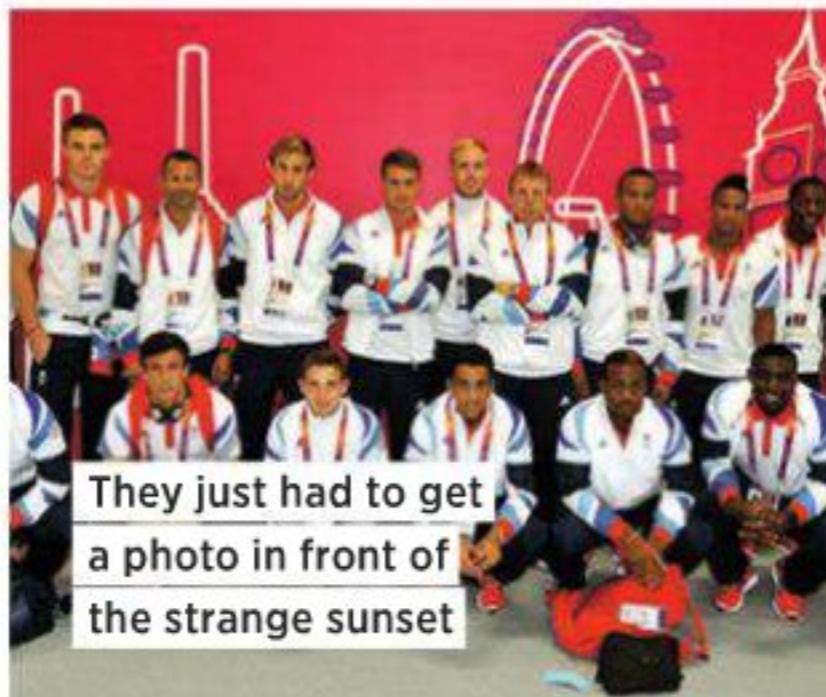
"This two-in-one hairpiece is a bit restrictive"



Friday 27 July



"Hold on, Mikel – give us a piggyback!"



They just had to get a photo in front of the strange sunset



The UK remake of Friends was certainly different

SOFA AMMO

QUANTUM OF SOLACE

ITV2/HD • 10.30pm

While making QOS, Daniel Craig needed treating for several injuries including stitches to his face and six surgical screws in his shoulder.



Arsenal vs Man City

ESPN • 1pm

Don't go getting too excited – it's only a friendly in Beijing, acting as little more than a chance for Arsene Wenger and Roberto Mancini to put their squads through their paces. But still, Arsenal vs Man City? During the close season? Yes please!

★★★

Olympics 2012 Opening Ceremony

BBC ONE/HD • 9pm

We wouldn't be too fussed about this, but it's cost a huge £27m to put on, been produced by Danny Boyle and promises lots of unmistakably British themes. Makes you proud!

★★★★

The Angelos Epithemiou Show

CHANNEL 4/HD • 10.35pm

Everyone's favourite carrier bag-wielding weirdo welcomes the legendary former footballer Paul Gascoigne to his couch. That should make for interesting viewing. Nuts favourites Rizzle Kicks also pop in and do their thing, which is fine by us.

★★★

Saturday 28 July



CSI: Miami

CHANNEL 5/HD • 10pm

Considering our favourite ginger bloke very nearly bit the bullet last week (hold fire there, H – you've only got to last until the end of this series) he's back on form tonight. Horatio's investigating the death of a male hooker. Yup, if you can't get a job these days, there are ways of earning money. But you might end up dead.

★★★



Mad Mad World

ITV1/HD • 10.15pm

Take Me Out's resident goon Paddy McGuinness takes another poke at some of the world's silliest television shows alongside team captains Rhys Darby and Rufus Hound. Guests actor Jo Swash, comedian Charlie Barker and former Pussycat Doll Kimberly Wyatt (above) are pretty much there to laugh at everyone else's jokes.

★★★



The Debt

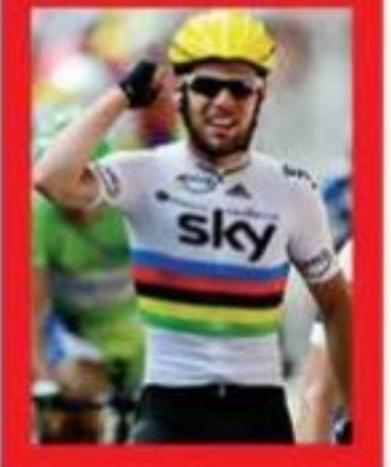
SKY MOVIES PREMIERE/HD • 10.30pm

Smart thriller in which Helen Mirren plays a retired Mossad agent who, alongside two other agents, hunted and killed a Nazi war criminal in 1965 (told through flashbacks). It's 1997, and it looks like things might not have gone as they thought when a man shows up claiming to be the evil Nazi.

★★★



Here's the deal – we sit in front of the telly with a beer while Mark Cavendish slugs it out on a bike, aiming for gold in the men's cycling road race. Yep, suits us!



Sunday 29 July



The Simpsons

SKY1/HD • 6pm

Homer's mouth actually gets him somewhere for once when Bart uploads a recording of his dad ranting about the treatment of passengers by airline staff. The video's popularity gives Homer his own political show, he's soon in the good books of the Republicans and they let him pick their next presidential candidate!

★★★



Great Britain vs UAE

BBC THREE/HD • 7pm

Having played Senegal, and with Uruguay to come, this should be Great Britain's easiest Group A test by a distance. Throw in the fact it's at Wembley and Stuart Pearce's men should have one foot in the quarter-finals come the final whistle.

★★★★

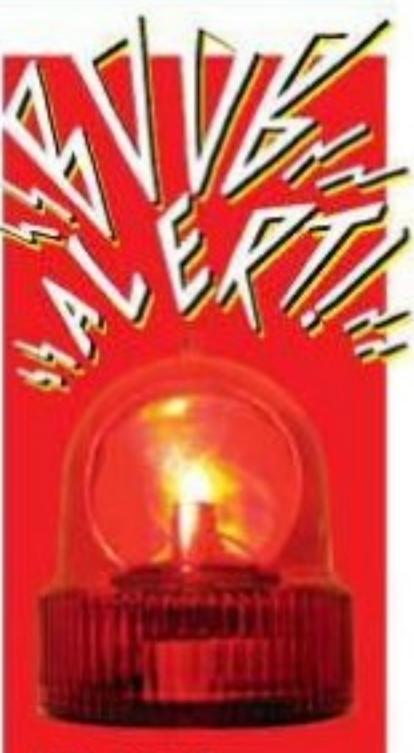


Family Guy

BBC THREE • 11pm

American football-headed baby Stewie's new friend Scotty falls ill and passes out. The Griffins take him to hospital where they disagree with his Christian Scientist parents, who don't believe in modern treatments, instead relying on "faith" as medicine. Prepare for a disturbing scene where Peter wishes he was Kate Middleton!

★★★★★



She's a bit of a milf now, but check out Demi Moore's amazing chest in her glory days in this flick.



Monday 30 July



Alan Partridge's Mid Morning Matters

SKY ATLANTIC/HD • 9pm

We're finding this re-run (it was originally shown on the web a couple of years ago) even funnier than some of the classic Partridge shows. We don't think we'll ever get bored of it!

★★★★★

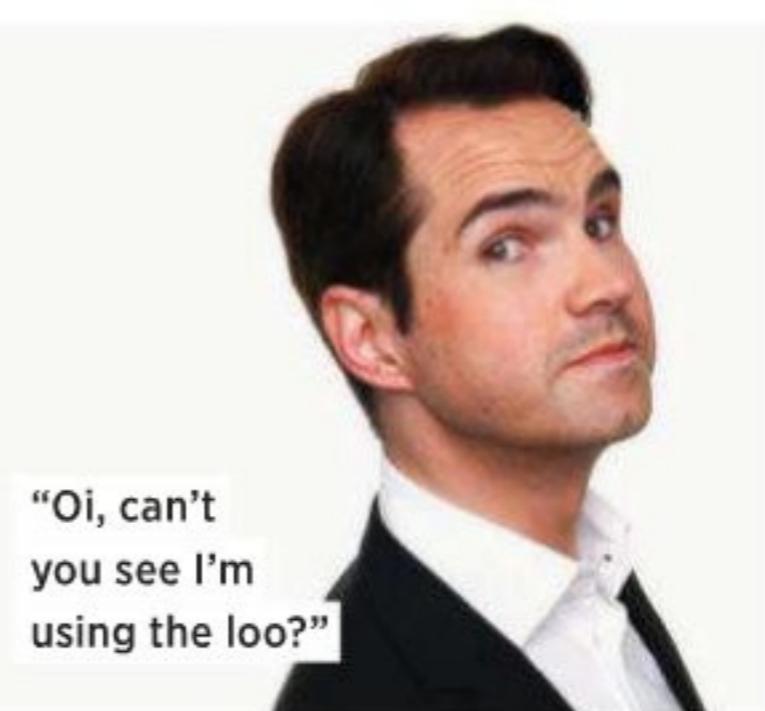


Snakes On A Plane

FILM4/HD • 9pm

Samuel L Jackson is simply awesome as a smooth-talking, snake-slaying cop on a sabotaged plane. This cult classic does exactly what it says on the tin, and chuckles up belly laughs and cringeworthy gore in equal venomous measure.

★★★★★



Jimmy Carr: Being Funny

CHANNEL 4 • 10pm

Yes, yes, he may have legally diddled his tax returns, but it doesn't mean Jimmy Carr's not funny. And he's back with a brand-new one-off stand-up show. With loads of new gags and some cracking heckles, you're guaranteed laughs from this.

★★★★★



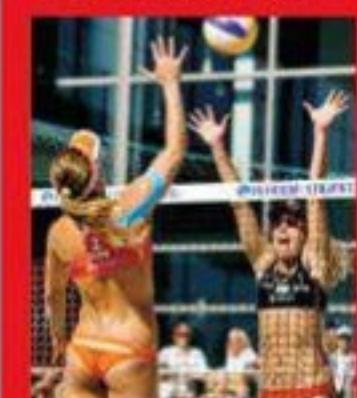
BEACH VOLLEYBALL

BBC THREE • 9am-2pm

MEN'S 100M BACKSTROKE

BBC ONE • 7.56pm

First up, catch hot girls, then hopefully cheer on Liam Tancock in the men's 100m backstroke final.



Tuesday 31 July

● New issue on sale today!



New Girl

E4/HD • 8pm

It may be a Yank sitcom centred around a lady (albeit the lovely Zooey Deschanel), but we assure you this is totally bloke-friendly too, and that's mostly thanks to the genius character Schmidt, who's like your funny best mate who gets everything wrong. Well worth watching, plus it also stars Hannah Simone. Google her!

★★★★★



Falling Skies

FX/HD • 9pm

This might not be a standout episode, but it's definitely very interesting as we discover some crucial info. There are three types of alien, which we assumed were all invading and working together, right? Not right! One type are being harnessed and taken captive like the humans. Now, doesn't that blow you away?

★★★★★



CSI: Crime Scene Investigation

CHANNEL 5/HD • 9pm

And as one CS/ returns, another nears its end. With just two episodes left, things start to unravel for Texan CSI Nick – a perp he sent to jail years ago has his conviction overturned due to a corrupt cop. It's up to the team to put this baddie back behind bars.

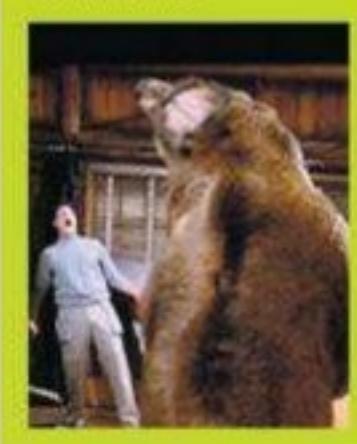
★★★



THE GREAT OUTDOORS

ITV4 • 7.15pm

A classic comedy that's likely older than you, but it'll make you laugh. Dan Aykroyd and John Candy (RIP) star, as does as a bald bear, which is as funny as it is bizarre.



Wednesday 1 August



Great Britain vs Uruguay

BBC THREE • 7pm

The Welsh contingent of the GB squad should feel at home tonight, what with Great Britain's final Group A game coming from the Millennium Stadium in Cardiff. So, all set up for a successful night then, eh? Luis Suarez and co may well have other ideas.

★★★



Celebrity Bedlam

E4/HD • 9pm

Meet comedian Lee Kern. The unsuspecting celebs in this might not recognise him, but they'll never forget him after he royally takes the mickey out them including convincing *Big Brother* winner Brian Belo he's been cloned and about to meet his very own clone, who's basically a zombie Brian. This is pranking at its best.

★★★



Vexed

BBC TWO • 9pm

This detective comedy from the bloke who brought us *Misfits* met with a mixed reaction in its first series, but we're happy to give it the benefit of the doubt as series two kicks off. Lazy DI Jack Armstrong (Toby Stephens) is back, but now he's paired with a new partner – ambitious rookie detective Georgina Dixon (Miranda Raison).

★★★



WOMEN'S 4X200M FREESTYLE RELAY

BBC ONE • 8.57pm

If all has gone to plan, expect the Great Britain team – including Rebecca Adlington – to be in this 4x200m freestyle final and winning gold. Easy!



Thursday 2 August



Lemon La Vida Loca

ITV2 • 10pm

With his film and book coming soon, 2012 is the year of the Lemon. This new "reality show" gives us a rare glimpse into Lemon's personal life. It's being described as a cross between *Keeping Up With The Kardashians* and *I'm Alan Partridge*. Can't wait!

★★★



England vs South Africa

SKY SPORTS 1/HD • 10.30am

As much as we're enjoying the Olympics, you can't beat a bit of bat-swinging of a summer's day. The second Test begins at Headingley and this could be pivotal in England's bid to remain world number one as there's only one more Test after this.



Inception

SKY MOVIES SCI-FI/HORROR • 9pm

With no escape from sport (unless you're asleep and dreaming) why not check out Christopher Nolan's epic dream-invasion thriller? Leonardo DiCaprio, Tom Hardy and Joseph Gordon-Levitt are thieves who can enter the mind through their victims' subconscious. A nice escape from the Olympics, if you're looking for one.

★★★



WOMEN'S TEAM SPRINT

BBC ONE • 5.50pm

MEN'S TEAM SPRINT

BBC TWO • 6.10pm

Cycling hottie Victoria Pendleton aims for gold first, then flick channels to see Chris Hoy attempt the same!



Nuts REVIEWS*

MOVIES



27 July • 12A

Yes, it's a wordy rock documentary but the story of '70s singer Jesus "Sixto" Rodriguez from the Oscar-winning makers

of *Man On Wire* is truly awe-inspiring. It starts in South Africa where, unknown to him, the Mexican's music sold millions and he was bigger than the Rolling Stones. It's a corker and will leave you a fan of the man and his music. ★★★★

DVD & BLU-RAY



DVD & Blu-Ray • 15

Belting British crime drama that's well worth your time. "Wild" Bill Hayward returns home after a stretch in jail to find his missus has done

a runner and left his two young sons to fend for themselves. When his youngest gets into trouble with local gangsters it forces Bill to become a dad again, of sorts, and risk going back inside. Includes a brilliant fight scene. ★★★★



27 July • 15

Taut Brit thriller about a young boxer trying to break free from his dad's gangster past. Also starring Michelle Ryan. ★★★



DVD • 15

This first series of this atmospheric Western set in 1865 is good ol' rootin' tootin' drama. If you liked *Deadwood*, give it a go. ★★★



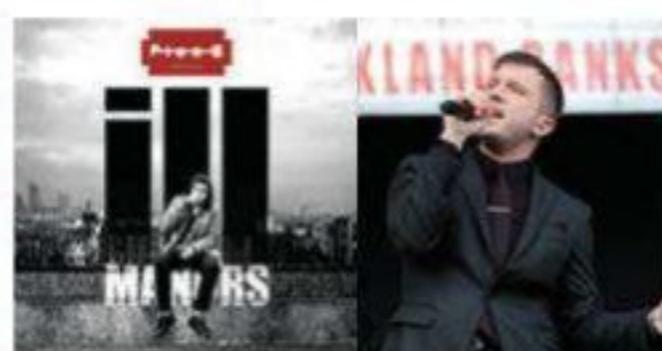
MUSIC



It was intriguing that R'n'B man Frank recently came out as bisexual. Sadly, his debut of snoozesome soul isn't as interesting. ★★★



You know the deal by now – big, vaguely punky stuff of the type that sells by the bucketload in America but sounds a tad tired here. ★★★



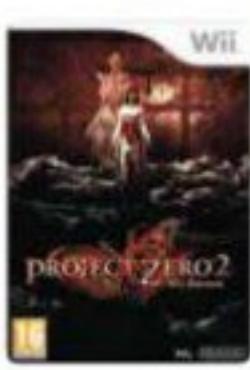
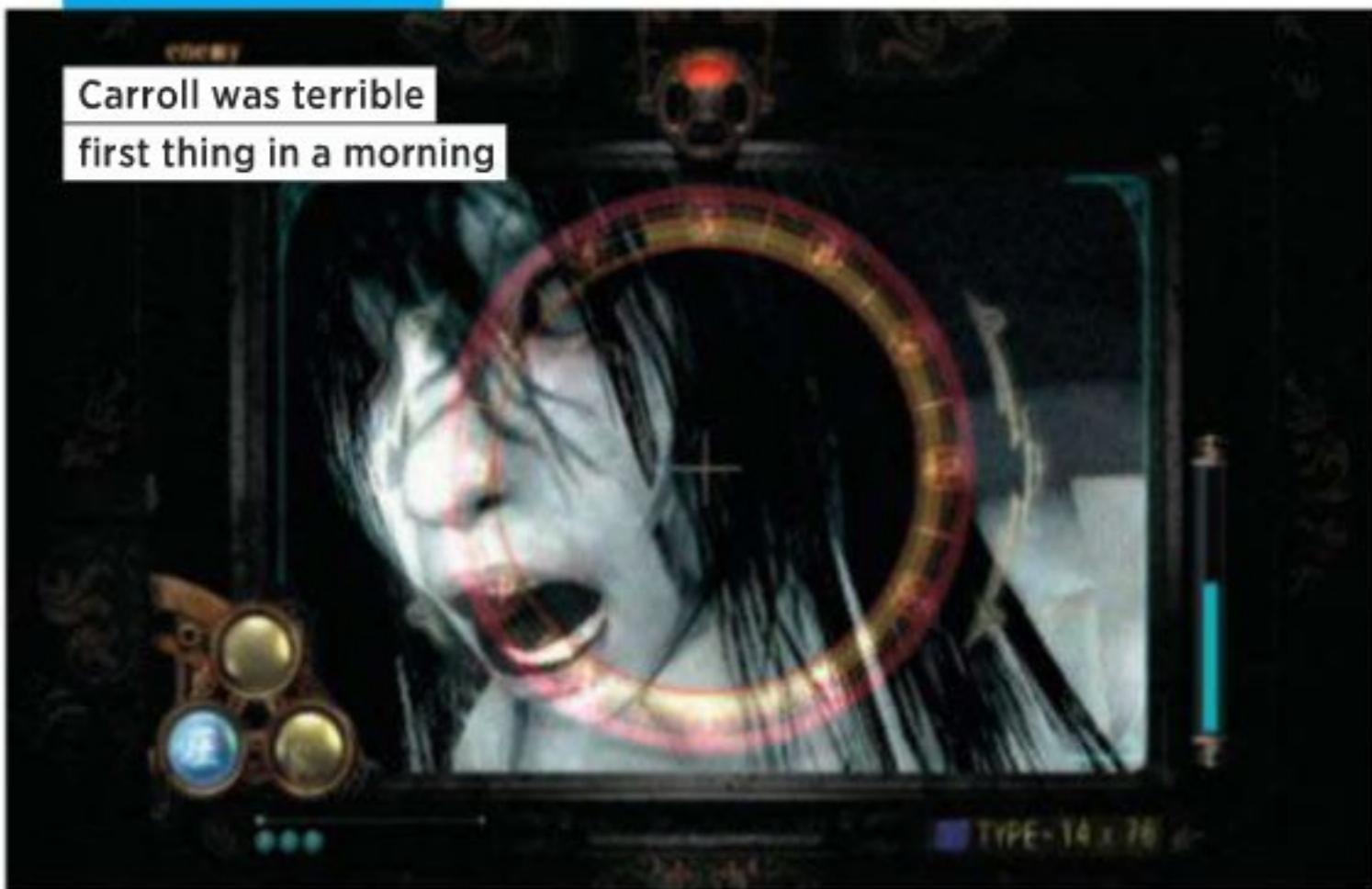
The album to accompany the film. This is more hip-hop than *Strickland Banks*. Kano and Labrinth help out on an instant classic. ★★★★★



OK, she always needs her rapper mates to help, but J-Lo has cranked out some decent dance-hop singles in her time. ★★★

RATINGS: ★★★★★ Genius ★★★★ Very good
★★★ Investigate ★★ Alright ★ Rubbish

GAMES



PROJECT ZERO II Wii EDITION

Nintendo Wii

You'd think a game based on someone walking around a house taking pictures would be a bit pedestrian. But add spooky

Japanese settings and the pictures snapped being of ghosts (the camera is your only "weapon") and it gets proper creepy. This is a new version optimised for the Wiimote and if played with the lights off is truly unsettling. Really. ★★★★



GAUGE

iPad, iPhone

Strange, but entertaining app has you tap a button to keep a gauge in a sweet spot, while the game does all it can to distract you. ★★★★



MCPIXEL

Mac, PC

Half stop-bomb-exploding game, half slapstick show, you solve puzzles and interact with others, usually in a silly, kick-to-the-nuts way. ★★★

APPS



GPS NAVIGATION 2

iOS

If you're a) a bit skint and b) lacking in direction skills, for a mere £1.49 this satnav a) will save you a few quid and b) really works. Result! ★★★★★



GOOGLE TRANSLATE

iOS

Download this then, when you head off to foreign climes on your hols, speak into it and get translations. Pretty handy. ★★★★



Have a FREE pint on us!

It's our round down at Walkabout...



We've teamed up with Walkabout to offer *Nuts* readers a free pint! Don't miss a minute of this summer's sporting action - book a table at your nearest Walkabout, have a pint (or two) and enjoy! And to top it off, if you buy next week's issue of *Nuts* as well, we'll give you another free pint!

To claim your first free pint of Carling, fill in this voucher and take it to your local Walkabout before the end of the week. Visit www.walkaboutbars.com to find your nearest venue. Please drink responsibly.

WALKABOUT

Home of the Awesome Spirit of Australia

Nuts Free pint voucher

Voucher 1

Name: _____

D.O.B: _____

Email Address: _____

PLEASE TICK THIS BOX IF YOU DO NOT WISH TO RECEIVE FURTHER CORRESPONDENCE FROM US. OFFER EXPIRES 30 JULY 2012

TERMS & CONDITIONS: PRESENTATION OF ONE VOUCHER ENTITLES ONE READER TO ONE FREE PINT OF CARLING OR ONE FREE REGULAR GLASS OF DRAUGHT PEPSI, DIET PEPSI OR LEMONADE AT ANY WALKABOUT BAR IN THE UK EXCEPT FOR TEMPLE, BARNESLEY, DONCASTER, GLASGOW & COVENT GARDEN. OFFER VALID BETWEEN 12PM AND 8PM FROM 24 TO 30 JULY 2012. OFFER ONLY OPEN TO PEOPLE AGED OVER 18 (PHOTOGRAPHIC ID MAY BE REQUIRED). ONE VOUCHER ONLY PER APPLICANT. NO CASH ALTERNATIVE. NOT TO BE USED IN CONJUNCTION WITH ANY OTHER OFFER. NO PHOTOCOPIES ACCEPTED. THIS OFFER IS ONLY AVAILABLE WHILE STOCKS LAST. PRODUCT MUST BE CONSUMED ON THE PREMISES. MANAGEMENT RESERVES THE RIGHT TO REFUSE ADMISSION. PROMOTION ORGANISED BY INTERTAIN, TRADING AS WALKABOUT, ROWLEY HOUSE - 2ND FLOOR, SOUTH HERTS OFFICE CAMPUS, ELSTREE WAY, BOREHAMWOOD, HERTS WD6 1JH. USUAL NUTS RULES APPLY.

Nuts FASHION

Sport fragrances!

Smell good while you work out with these pleasing pongs!

£10

DAVID BECKHAM
INSTINCT SPORT EDT

The bottle's loud but the juice is nice.

£45

CHANEL ALLURE
HOMME SPORT EDT

Nothing says luxury like a bottle of Chanel.

£56

GIVENCHY PLAY
SPORT EDT

This boasts citrus, ginger and mint notes.

£55

DOLCE & GABBANA
THE ONE SPORT EDT

This has rosemary and cardamom. We like.

£37

RALPH LAUREN
POLO BLUE SPORT EDT

Goes on citrus, dries down woody. Nice.

£44

GUCCI BY GUCCI POUR
HOMME SPORT EDT

This is both bright and sweet.



STOCKISTS: GIVENCHY & ARMANI: WWW.BOOTSCOM. RALPH LAUREN & BOSS: WWW.ESCENTUAL.COM. GUCCI: WWW.THEFRAGRANCESSHOP.CO.UK. ISSEY MIYAKE & D&G & DAVID BECKHAM: WWW.THEPERFUMESHOP.COM. THIERRY MUGLER & CHANEL: WWW.SELFRIDGES.COM. **GROOMING:** VANS: WWW.VANS.COM. ANALOG: WWW.SURFDOME.COM. NEW LOOK: WWW.NEWLOOK.CO.UK. TOPMAN: WWW.TOPMAN.COM. WORLAND: WWW.URBANOUTFITTERS.CO.UK. **PHOTOS:** JIM LINCOLN, COLIN WILLIAMS

5 summer vests

£35

VANS

We love this collab with *SkateBoarder* magazine.



£30

ANALOG AT SURFDOME.COM

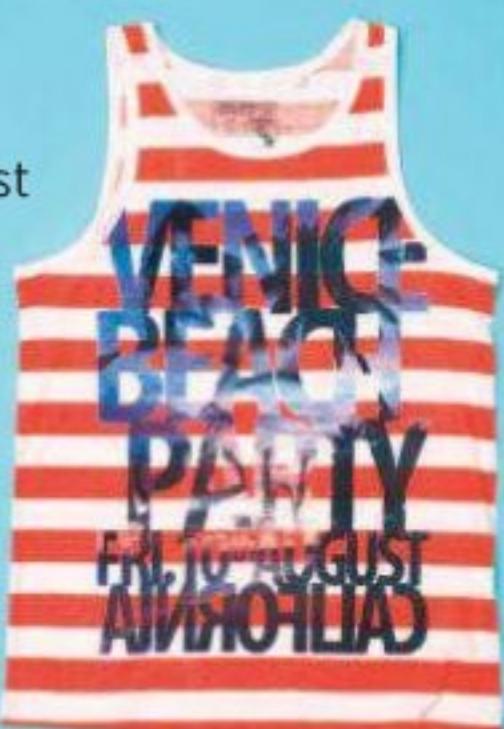
Pick this up online.



£13

NEW LOOK

This one's best on price.



£16

TOPMAN

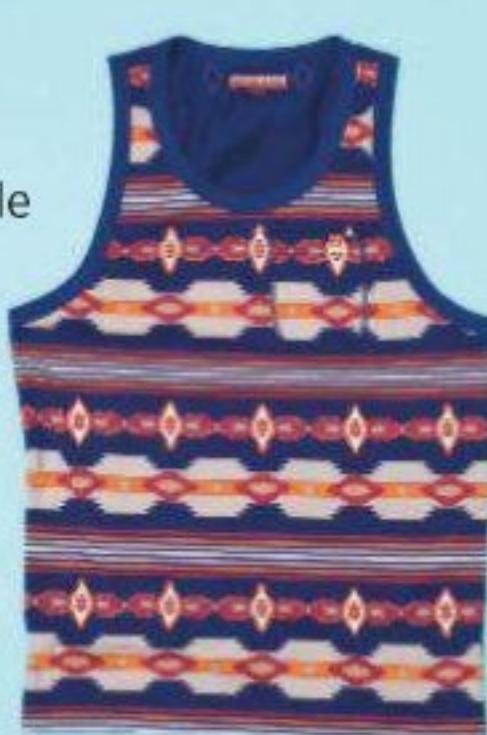
A cracking patch-pocket vest.



£22

WORLAND

This Aztec-style print is everywhere.



FOR MORE FASHION SEE PAGE 77!

NUTS PROMOTION

DEPOSIT
£10 AND GET
£20 FREE!*
ENTER CODE
NUTSE30!

Can you win the jackpot?!

Win big on Deal or No Deal! Here's how to play...

- 1. Log on to www.nutsgames.co.uk.
- 2. Deposit £10 (and we'll give you £20 free*).
- 3. Pick Deal or No Deal slots!

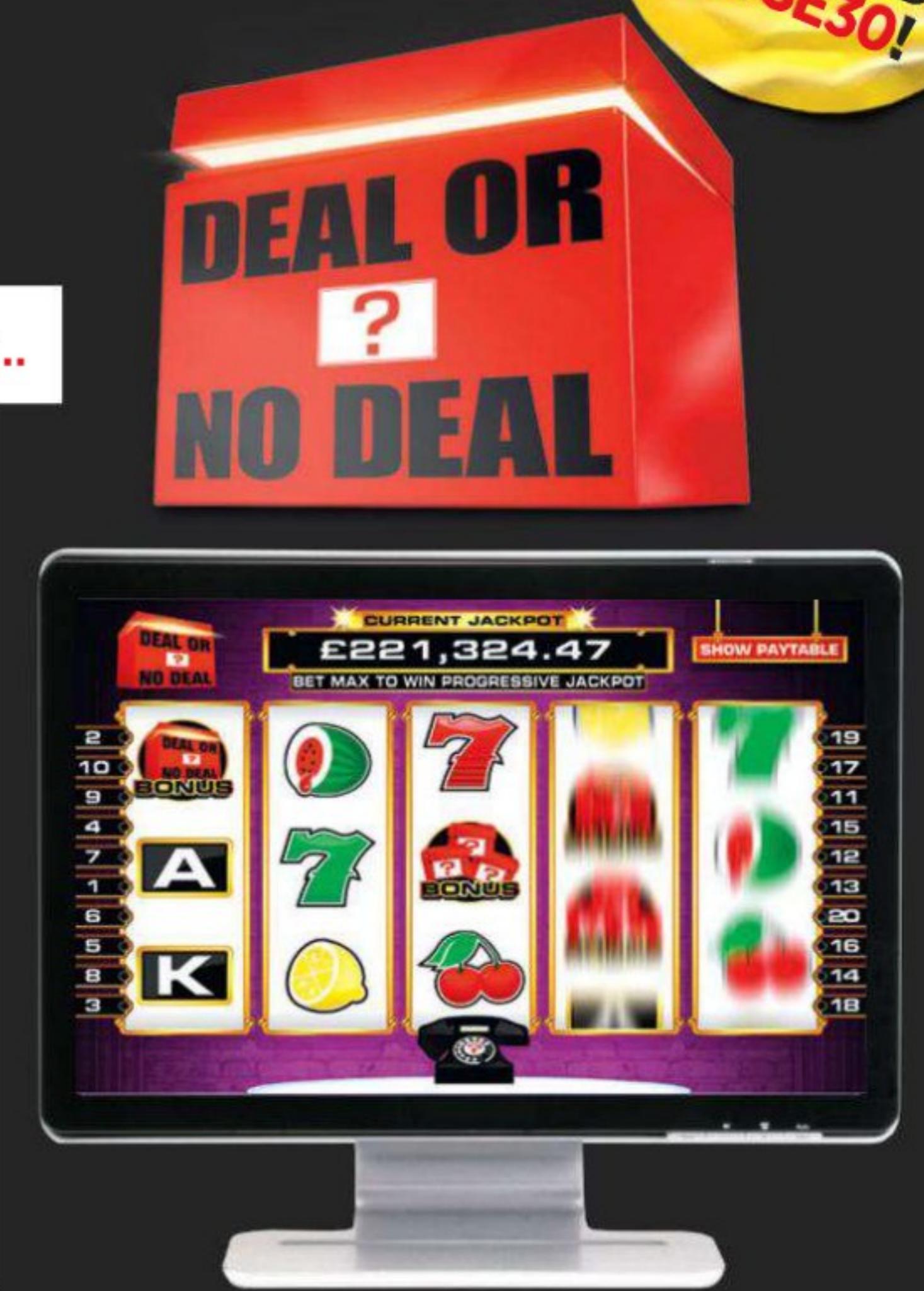
- Betting on all 20 paylines gives you 20 chances to win on each spin, as well as the chance to play the Deal or No Deal bonus game.

How to play

- The aim is to get winning symbol combinations from each spin of the reels, with the ultimate target being the Progressive jackpot.
- Choose your coin size (up to 20p on each of the 20 paylines) before you play.
- Click the number beside the reels, or the "Bet One" or "Bet Max" button to select the number of lines you want to bet on.

The jackpot

- The Progressive can only be won on the Deal or No Deal bonus, but you can win cash on other bonus games Banker's Offer and Mystery Box Bonus, too.
- The Deal or No Deal bonus game only begins if you bet on all 20 paylines and get three Deal or No Deal bonus symbols on any payline. This plays like the TV show, but with the Progressive at stake.



Meet some of our *Nuts Games* winners!

**He won
£79,319!**



Gareth B also got lucky playing Deal or No Deal!

"What a great time to win all this money! Couldn't believe it - thank you so much for this!"

**He won
£11,168!**



Ian T won the Tiki Temple jackpot!

"It's been a great win and I've just started planning how I'll spend my winnings. I have a few ideas and I simply can't wait to get spending!"

**He won
£171,715**



Mark S won big with Deal or No Deal slots!

"This is so surreal. I can't believe that I've really won, all from a £10 deposit. I'm still in shock!"

**He won
£41,244!**



David B cashed in on Tiki Temple

"It's been an amazing win. I'd been playing here and there, and managed to win the progressive! Big thanks."

WWW.NUTSGAMES.CO.UK

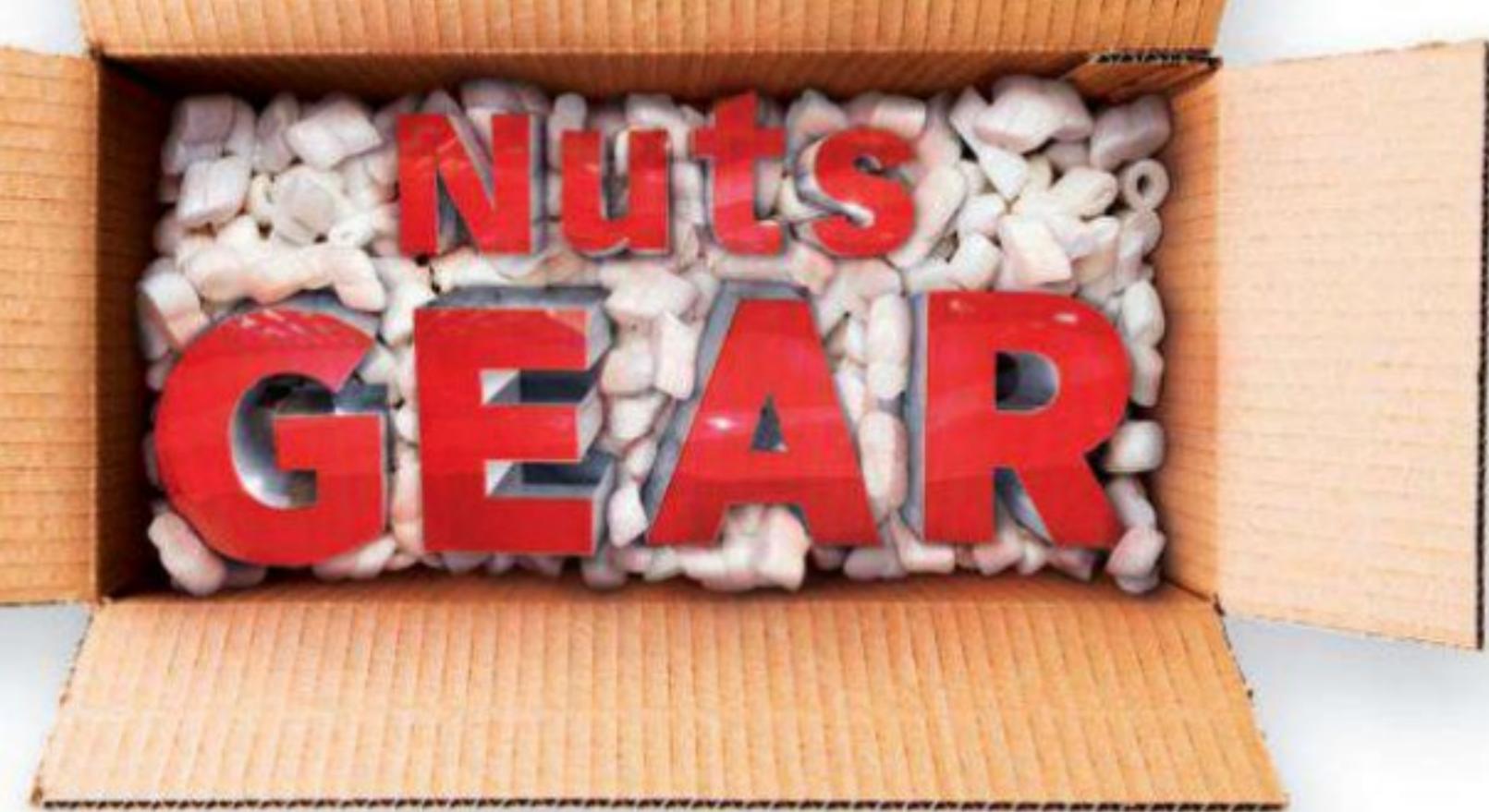
Sign up and deposit to get up to £200 free play!* Enter promo code **NUTSE30**

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Nuts
GAMES

gambleaware.co.uk





1 Bose Videowave II TV

www.bose.com

Nuts says: A flat-screen TV that incorporates Bose's incredible surround-sound speaker system. One lead links to a DVD, Blu-ray and CD box with iPod dock.

£5,500



SOUNDS GREAT

The 16-speaker sound system is mounted behind the screen.

2 Nike CTR 360 Maestri III boot

www.nike.com/nikefootball

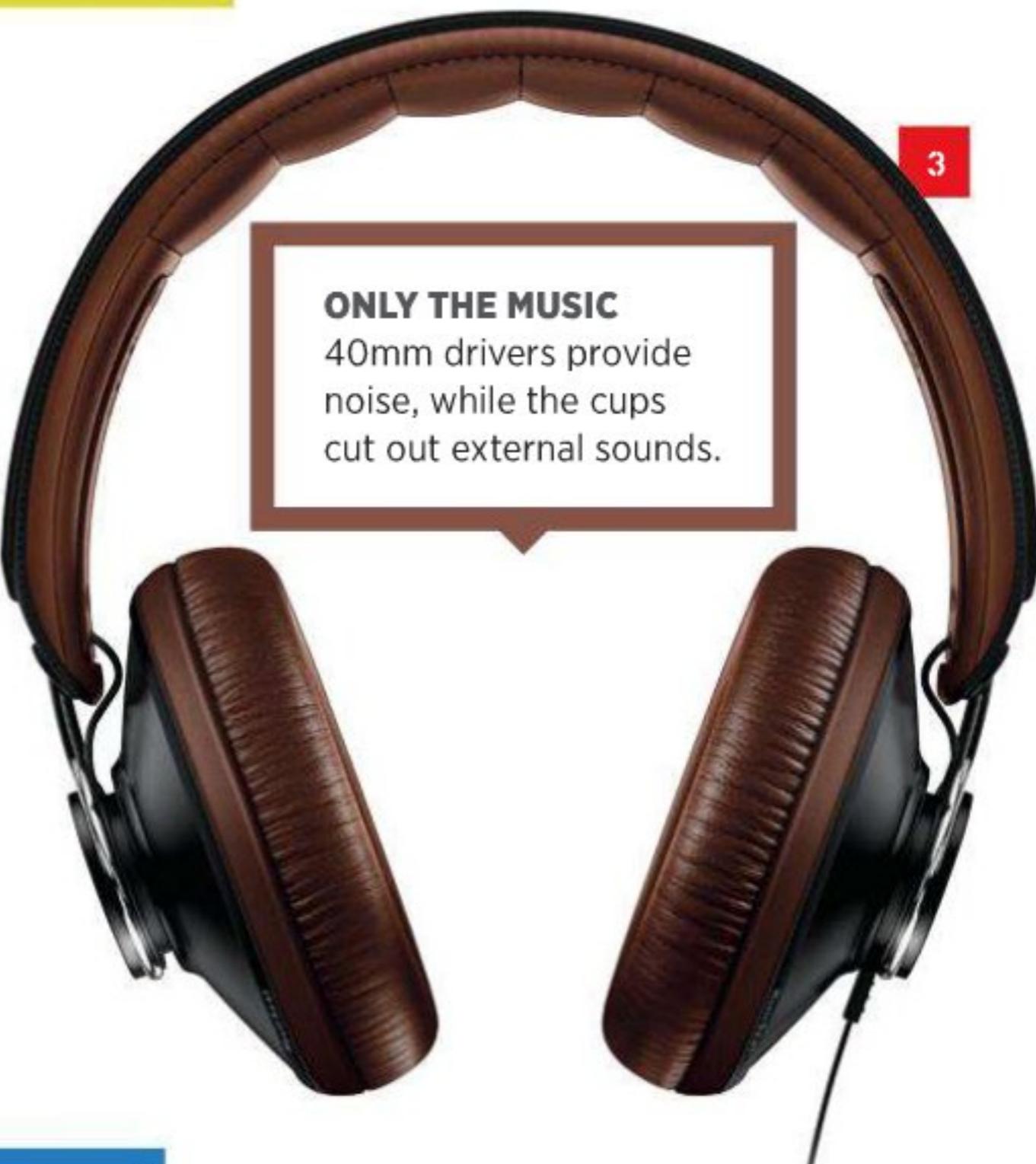
Nuts says: In time for next season, Nike's new midfielder's boot has been re-engineered to deliver enhanced control, traction, support and lightweight comfort.

£150



MIDFIELD DYNAMO

Jack Wilshere will be lacing these beauties up next season.



ONLY THE MUSIC

40mm drivers provide noise, while the cups cut out external sounds.

3 Philips Uptown

www.dell.co.uk

Nuts says: Aluminium structure, memory foam cushions and air quilted headphones mean these fit as well as they sound.

£90



SMALL, BUT BIG

Only 210mm wide and 310mm deep, it still spits out 60W of noise.



4 Denon D-M39DAB

www.denon.co.uk

Nuts says: Denon's micro hi-fis are legendary. Perfect if you've got small space, a budget and want to play iPods, CDs and DAB radio.

£700

NUTS PROMOTION

Nuts HOT DATES

SIGN UP
TODAY
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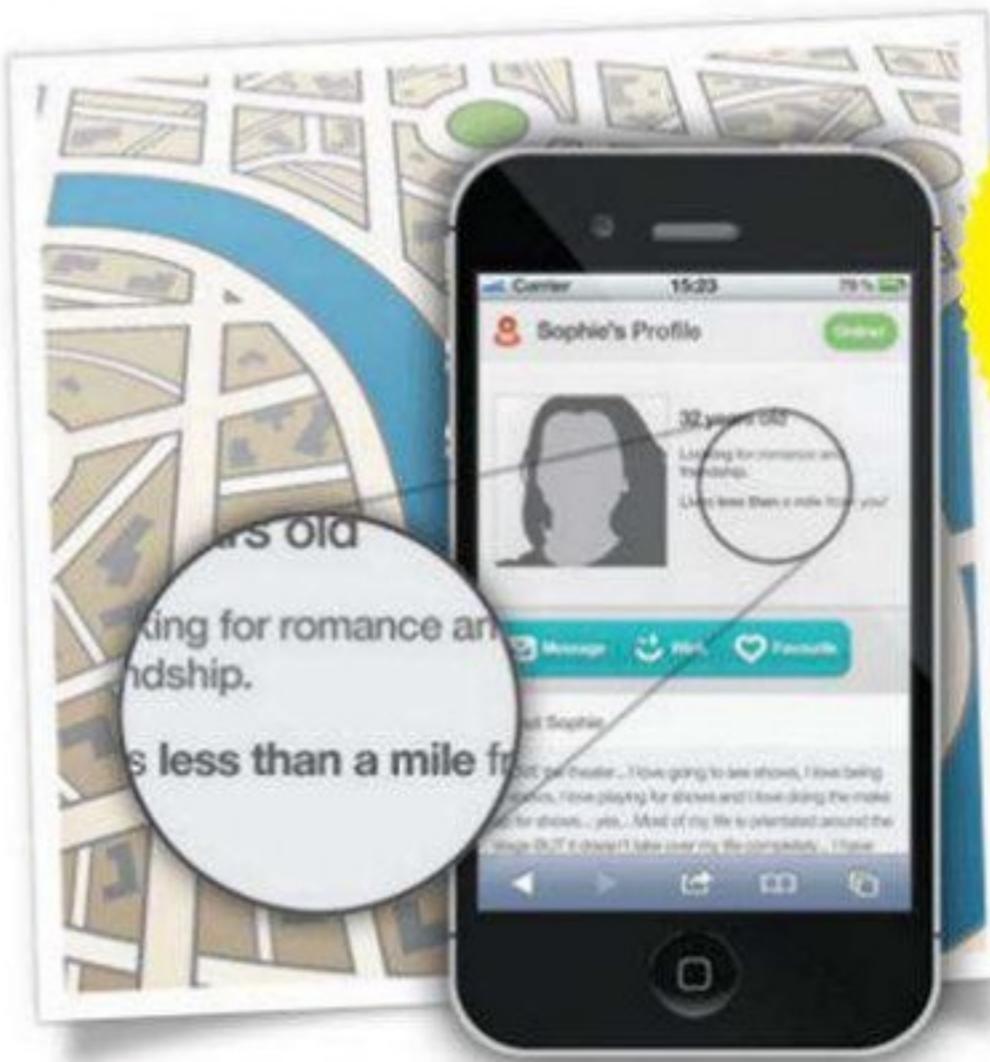
Find a hot date with *Nuts*!

Join today for free and start searching!

THANKS TO Nuts, the hottest girls are now just a few clicks away. All you have to do is head over to nuts.co.uk/dating, sign up for free and start searching for girls near you!

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- Hundreds register every day!
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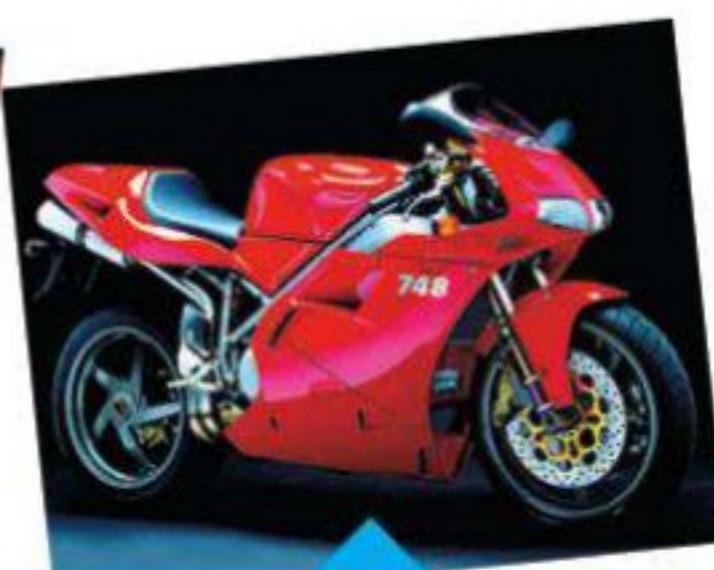
YOU CAN
NOW FIND
MEMBERS NEAR
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YOUR PHONE'S
GPS SIGNAL!



WWW.NUTS.CO.UK/DATING

**Guitar**

"Ideally, I'd like a '50s **FENDER BROADCASTER** but they're ridiculously expensive. I just play a Telecaster and pretend."

**Motorbike**

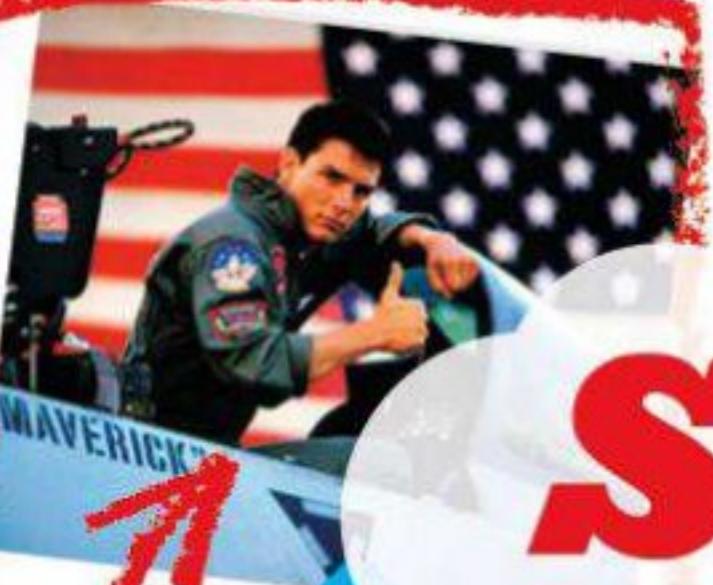
DUCATI 748, the Ferrari F40 of motorbikes. I stopped riding them because I was convinced I was going to kill myself."

Holiday destination

"We went to **AYIA NAPA** to play a gig and have a holiday, thinking it would be cheesy and horrible, but it was beautiful and amazing."

**TV show**

"I never tire of **TOP GEAR**. I know the repeats word for word! I spun my TVR at 100mph and spent months rebuilding it. They need a real petrolhead on like me."

Stuff I like!**Film**

"**TOP GUN** has fighter jets and the best soundtrack. The song *Danger Zone* is the best song ever. It made me want to go out and buy a red motorbike."

**Food**

"I love a good curry. I love a **MADRAS**, but with none of that rice. Rice is for girls. I prefer just to get stuck in with a plain naan."

**Drink**

"A fresh **COCA-COLA** from the fridge hitting the back of your throat is pure ecstasy. I'm addicted to the stuff. I can't stop drinking it!"



ONLY IN
Nuts!

**Fashion label**

FILA is Italian and made quite small, so it always fits bang on. It always looks good, they keep it simple."

**Car**

"I own a **SERIES 3 JAGUAR E-TYPE**. It's not the best car I've ever driven but it's got so much feeling and history. It's f**king fast for a 40-year-old car!"

**Football**

"I support **COVENTRY** but we played on the roof at Wembley at this year's FA Cup final. I didn't care who won – I was more worried we'd be struck by lightning!"

- The Enemy's single, *Like A Dancer*, is out now.



Nuts **REAL GIRLS**

"I have a really
sexy gladiator
outfit for the
bedroom!"

BEDROOM
BABE!

You voted, she won, we took the pics!





The Pic she
SENT us!

Justine

21 Dartford

Boobs: 32C

Turn-ons: "Good teeth and good dress sense!"

Hidden talent: "I can hang a hanger on my nipple!"

Turn to vote for our
next Bedroom Babe!

"I'm a dancer so I'm very flexible!"



BEDROOM BABE VOTE!

Pick your winner – and she'll star in *Nuts*!



Amelia

22 Teesside
"Sex is a great way to keep a good figure!"

Jessica

21 Nottingham
"People love my peachy bum!"



Alexis

25 London
"I really enjoy experimental sex!"

Vote now!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. Simple!

Ladies! Send your photos to Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be over 18.



10 RUDE QUESTIONS!

And a real girl to answer them!

Hannah

22 Liverpool

1 Where's the strangest place you've had sex?

"There was one time when we ended up going at it on the kitchen table – that was a lot of fun!"

2 What's your trademark move in the bedroom?

"I really like jumping on top of the other person and passionately kissing them from head to toe."

3 What turns you on?

"I always get really turned on by a man with a toned bum."

4 What's your favourite position?

"I think it's best with the guy on top so I can watch everything."

5 Is it better to give or receive?

"It's always good to give, of course, but receiving

is something else altogether, so I prefer that."

6 What one thing would you really like to try but haven't yet?

"I'd love to have sex on an aeroplane – I think that would be really cheeky. Everyone wants to join the Mile-High Club, right?"

7 Ever got it on with another girl?

"I'm afraid not. I can definitely appreciate a gorgeous girl but they're just not for me."

8 What's your favourite role-playing costume of choice?

"I like to wear a sexy naughty nurse outfit in the bedroom."

9 Have you ever made a sex tape?

"No. What I get up to in the bedroom is just for me and my man to know. Who knows where it could turn up in the future?"

10 What's the rudest thing you've ever done?

"It's far too rude to put in the magazine, so it'll have to stay for me to know and you to wonder!"

"I once had sex on the kitchen table – that was a lot of fun!"



Nuts

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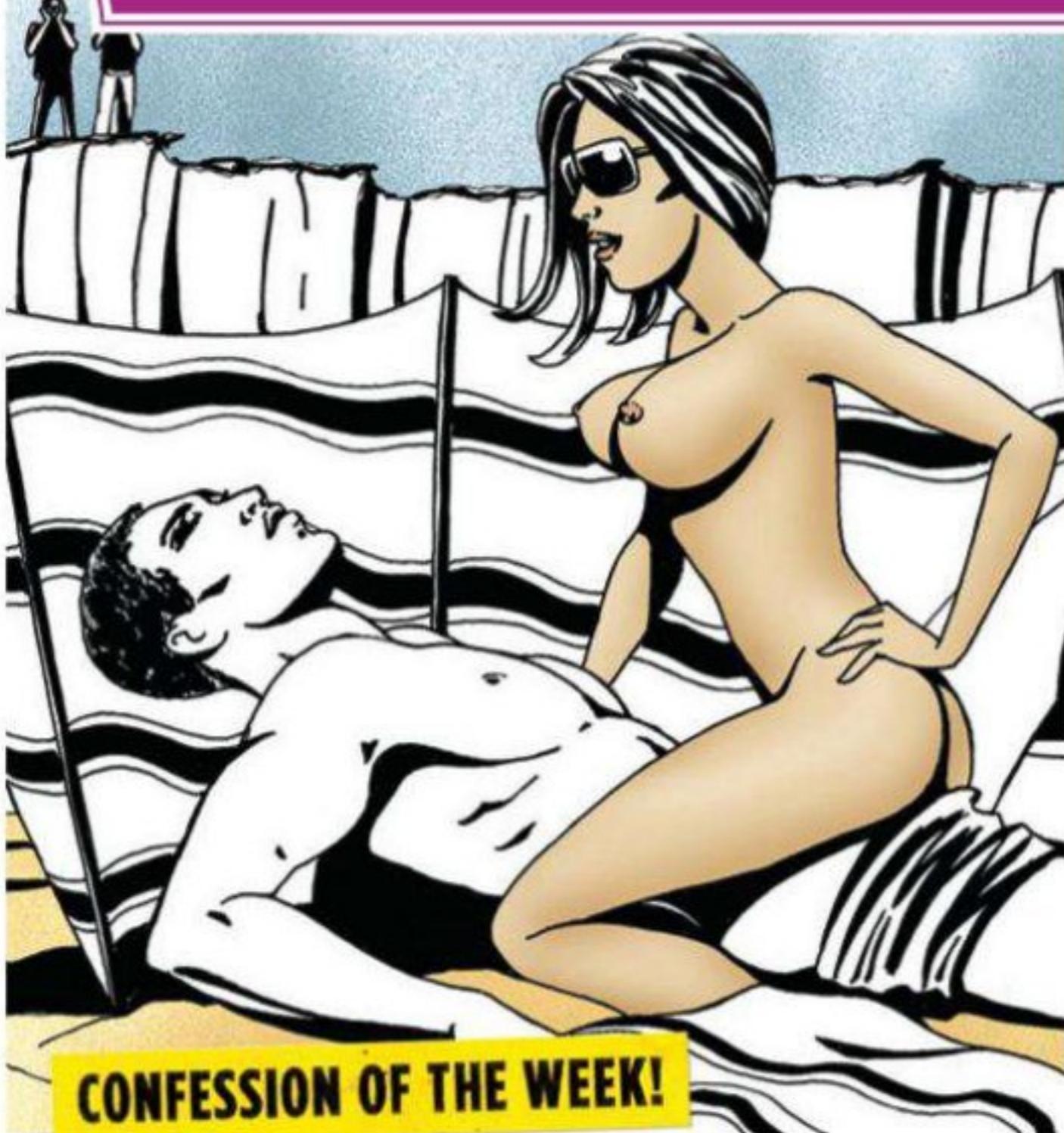
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ONLY IN
Nuts!

LADIES CONFESS! TO OUR SECRETARY!

Racy revelations from our female readers!



CONFESION OF THE WEEK!

'We did it on the beach'

LAST SUMMER my boyfriend and I spent the day on a gorgeous beach in Cornwall. It was busier than I'd hoped but it was so hard to keep my hands off of his hot body. After a day of saucy looks and sly fondling it all became too much. The beach had emptied a bit by late afternoon, so we took the opportunity to get frisky. We popped up the windbreak and I straddled him, pushed aside my little bikini bottoms and slid onto his hard c*ck. He teased my nipples with his teeth while I rode him and he came almost immediately!

Anon via email

'I fondled my boobs'

I WAS at a house party but didn't know many people there. As a result, I'd drunk rather a lot of alcohol to make me feel less shy. Someone suggested

playing some games and "I have never" got under way. It came to my turn and I announced that I'd never had a one-night stand. A handsome chap looked at me and giggled. I thought he was taking the mickey out of me but then he winked at me. He got up and left the room and the alcohol

SHARE
WITH OUR
SECRETARY!

Ladies, got a saucy secret you can't keep to yourself? Send your sexy story to our Lou!

inside me told me to go and follow him. I found him in one of the bedrooms. Things got passionate pretty quickly as he ripped off my clothes and started kissing me all over, playing with my big E-cup boobs. I was gagging for it and as he entered me from behind while rubbing my clit, I started fondling my boobs. It was the rudest thing I've ever done!

Victoria via email

'Frisky on the forecourt'

I WAS driving late at night when I needed to stop off for some fuel and to pump some air into my tyres. There was a really hot guy using the pressure pump. He was older than me but had rippling muscles and gave me the sexiest smile. I walked straight over to him and asked if he needed help with anything. He let out a dirty laugh and we both stood there for a second staring at each other. He pulled me towards him and in an instant we were snogging passionately. He was rock hard and I was wet. He opened the car door and I pushed him down onto the seat. I had his jeans open in seconds and my lips and mouth around his manhood. He was able to reach down and play with me before we heard shouting. It seems the forecourt manager wasn't happy with what he saw!

Alex Scunthorpe

'I realised I like girls'

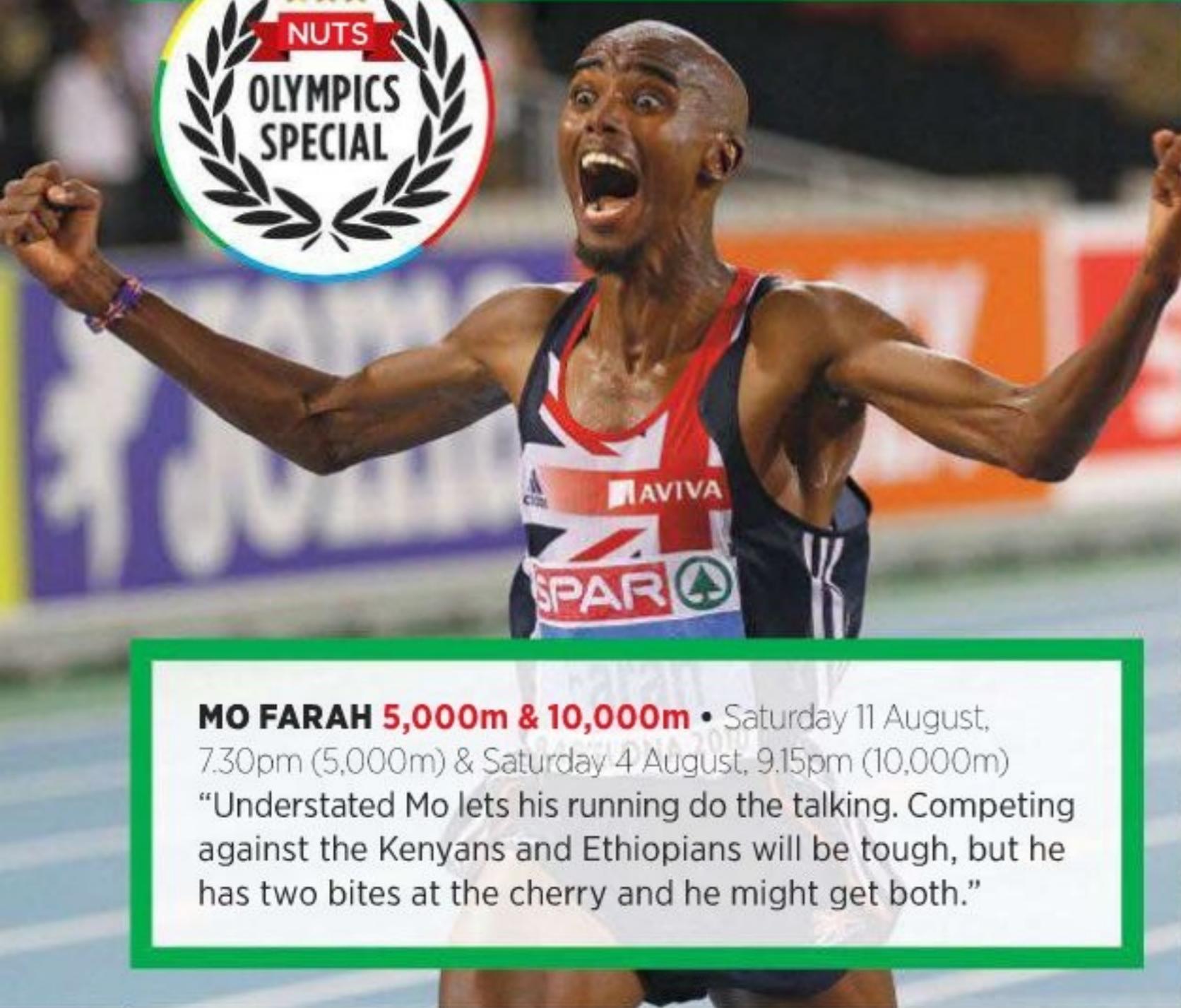
AFTER LIVING with my flatmate for a few months, I realised I fancied her and wanted to experience kissing and touching a woman. I knew she'd been with both men and women so one night I raised the subject. After chatting quite openly, she caught me staring at her breasts. I gave her a smile and she moved her hand delicately across my thigh. I could feel myself getting wet as she slid her hand further and further up my leg. I felt so naughty and in no time she was stroking the outside of my knickers, so I pulled them to the side and she pushed her fingers deep inside me. I was shaking with pleasure as her fingers rubbed my clit and before I knew it I was climaxing. We now experiment most nights!

Leanne Bristol

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on page 66. The best one each week* wins £50! Come on, girls!

Nuts SPORT



MO FARAH 5,000m & 10,000m • Saturday 11 August, 7.30pm (5,000m) & Saturday 4 August, 9.15pm (10,000m)
"Understated Mo lets his running do the talking. Competing against the Kenyans and Ethiopians will be tough, but he has two bites at the cherry and he might get both."



BEN AINSLIE Sailing, Finn Class • Sunday 5 August, 2pm
"Already a triple Olympic champion, Ben threw his toys out of the pram not long ago in the World Championships, blaming the press, but win a fourth successive gold medal, in his fifth Olympic Games and it's arise Sir Ben."

Kriss Akabusi's ones to watch

Britain's cheery former Olympic medallist on who'll be going for gold at London 2012!

→ **THREE-TIME** Olympic medallist and UK athletics legend, Kriss Akabusi, reveals his British tips for the top, as well as those foreign stars who'll be lighting up the 2012 Olympics. Good luck, chaps!



PODIUM PRINCE!

Kriss Akabusi MBE won silver at the 1984 LA Olympics as part of the British 4x400m relay team.



PHILIPS IDOWU Triple Jump • Thursday 9 August, 7.20pm
"Flamboyant Philips has been around and this is his last-chance saloon, but he has everything in his locker – dynamic, quick and coordinated. I've got a good feeling for him. He's capable of a world record and jumping out of the pit. Boom, hang time!"



PERRI SHAKES-DRAYTON 400m Hurdles •

Wednesday 8 August, 8.45pm

"Most of the UK don't know her, yet she's an outside chance of medalling. She's focussed and could surprise herself, so if you're a betting man, bung a fiver on her."

JESSICA ENNIS Heptathlon • Friday 3 & Saturday 4 August

"In the past year, Jessica lost both her indoor and outdoor world crowns. However, world-class across so many events, she'll gather all her strength and I believe she'll break the world record and be one of our golden girls."

MARK CAVENDISH Cycling, Road Race • Sat 28 July, 10am

"Cav is a superb sprinting specimen, surrounded by a great team. Last year, he showed he could do the Tour de France and World Championships back-to-back, so he can cope with a busy summer again and could get the ball rolling."

**VICTORIA PENDLETON Cycling, Team & Individual Sprint** •

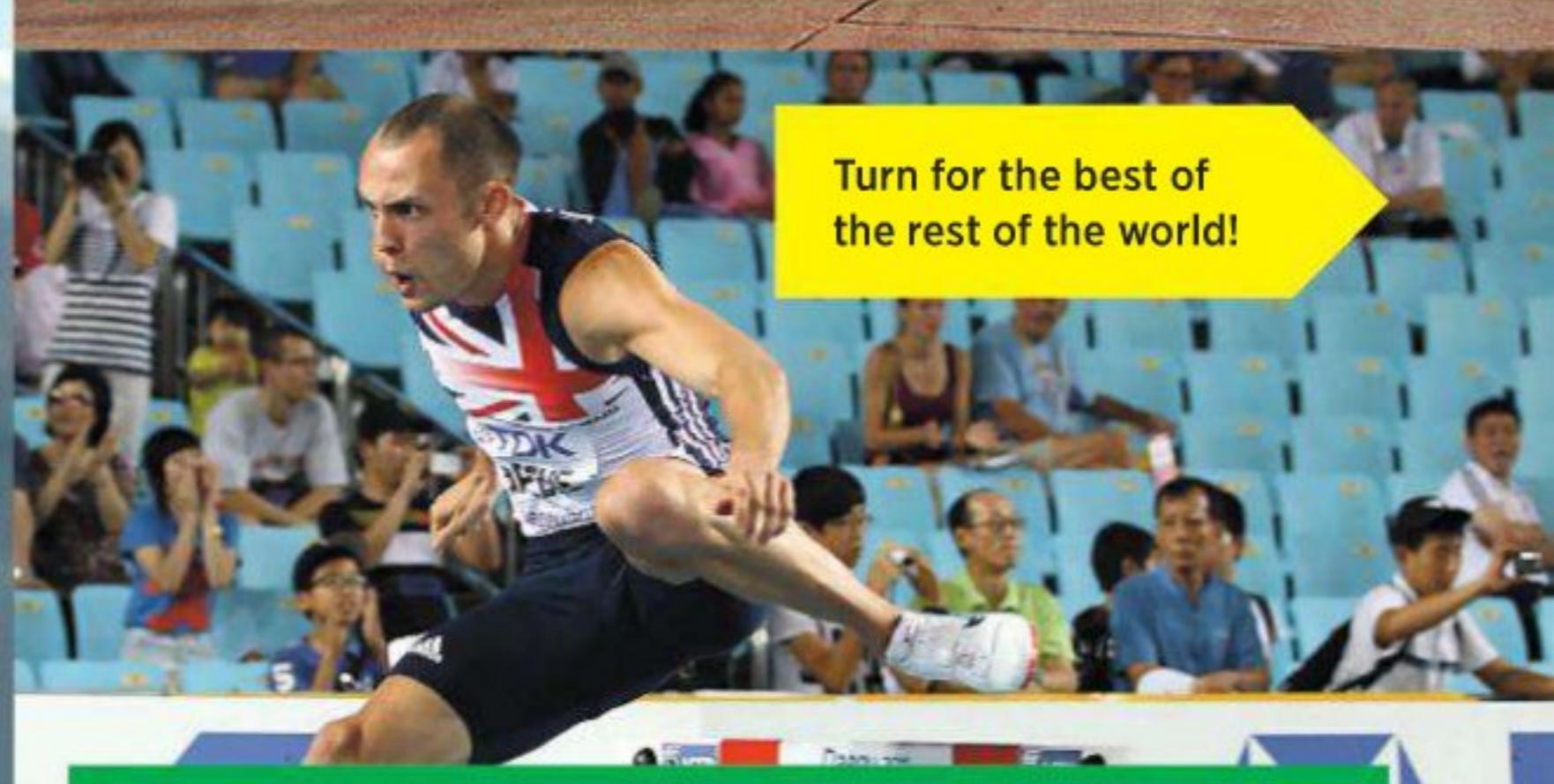
Thurs 2 August, 6pm (Team) & Tues 7 August, 5.26pm (Individual)
"Returning for her third Olympics, the reigning champion knows that her reputation's on the line. But she's a steely competitor and it'll take a tough rival to beat her."

**ALISTAIR & JONNY BROWNLEE Triathlon** •

Tuesday 7 August, 11.30am
"These guys have been phenomenal, I see them both on the podium. Alistair has been the man for a long time, but the gap's closed and I wouldn't be surprised if Jonny has his glory day."

**CHRISTINE OHURUOGU 400m** • Sun 5 Aug, 9.10pm (final)

"She false-started at the World Championships last year and discipline may be her Achilles heel. But she's reigning Olympic champion and an East End girl running in her own back yard, so I fancy her as an outstanding prospect again."

**DAI GREENE 400m Hurdles** • Monday 6 August, 8.45pm

"After 20 years, it's great to have a steely British competitor in the event that I called my own. I feel Dai's going to have to break the British record to medal, but as current world champion, he's able to bring his best when it really matters."

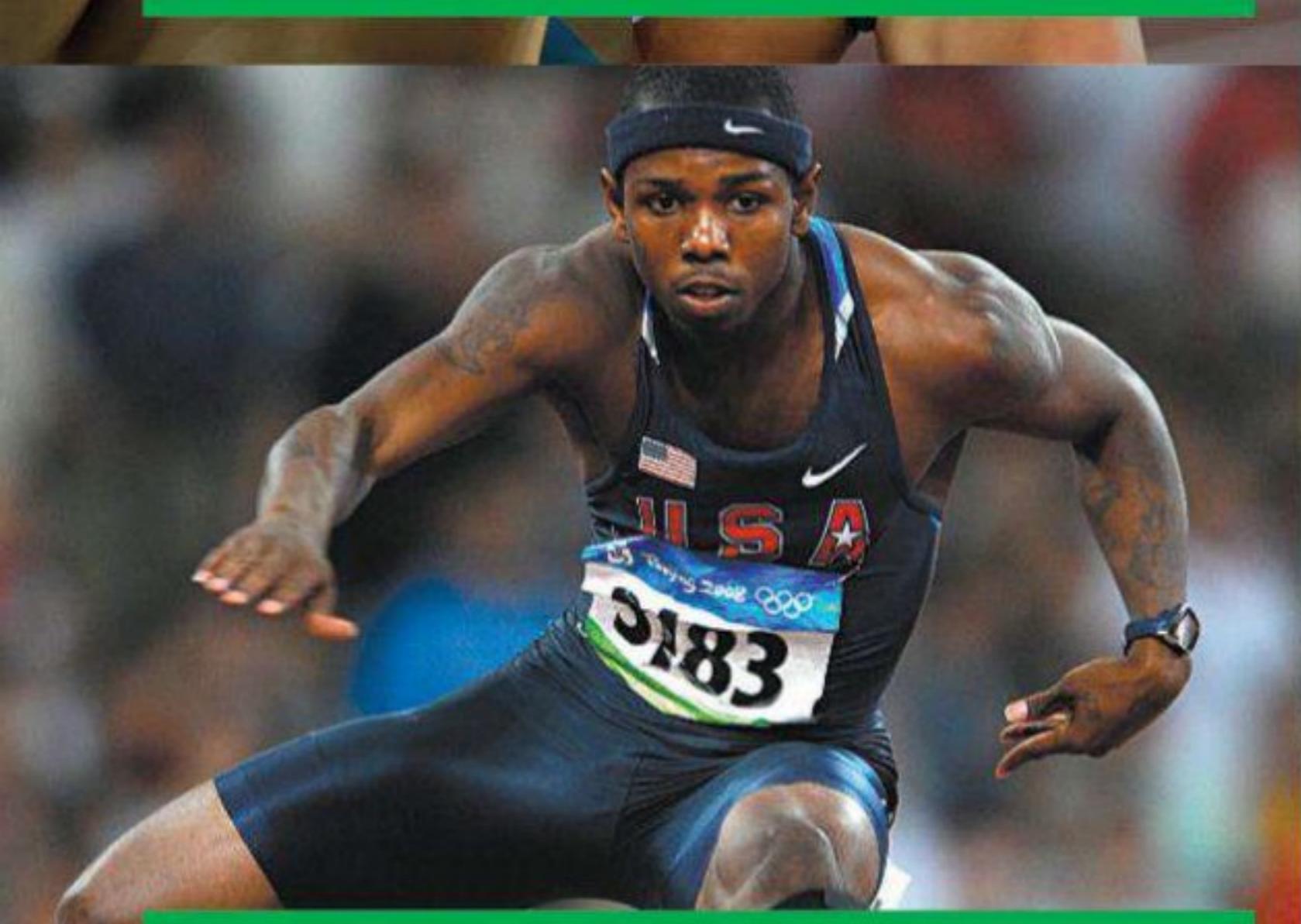




TATYANA CHERNOVA (Russia) & **NATALIYA**

DOBRYNSKA (Ukraine) **Heptathlon** • Fri 3 & Sat 4 August

"These two know Ennis is vulnerable, so they aren't scared, and if she doesn't perform, Chernova (left) will be there."



BERSHAWN JACKSON (US) **400m Hurdles** • Mon 6 Aug

"Expect Bershawn to be on the podium. He's not scared of Dai Greene and the only way Dai can beat guys like this is if he's on his A+ game. It's going to be a great event."



USAIN BOLT (Jamaica) **100m** • Sun 5 Aug

"Even though I really detest all his showboating antics, it's very hard to look past him. Usain's talking about really going for it this year, surpassing his 9.58 secs."

REST OF THE WORLD!



YOHAN BLAKE (Jamaica) **100m** • Sun 5 Aug, 9.50pm

"Training with Usain, Blake's began to see Bolt's humanity, as he loses that aura. Blake stepped up to become world champion last year and having tasted victory, he likes it."



CARMELITA JETER (US) **100m** • Sat 4 Aug, 9.55pm

"Known as Jet, she's an explosive starter and great to around 70-80m, but it's whether she can hang on until the line. A world champion, a standout athlete and one to beat."

AMANTLE MONTSHO (Botswana) **400m** • Sun 5 August

"It could be time for a changing of the guard. Montsho's the Commonwealth and world champion, and highest-ranked in the event, so having put her marker down, maybe it's her time."

SERENA WILLIAMS (US) **Tennis, Singles & Doubles** •

Sat 4 August, 2pm (Singles) & Sun 5 August, 2pm (Doubles)
"Already a doubles Olympic champion twice over, Serena will be hungry for a singles title. She's so powerful."

LASHAWN MERRITT (US) **400m** • Mon 6 Aug, 9.30pm

"He's an outstanding athlete and the best by a mile. He won silver at the World Championships and I saw him run 44 secs flat last year. I think he can run 43.5 secs, he's that good."

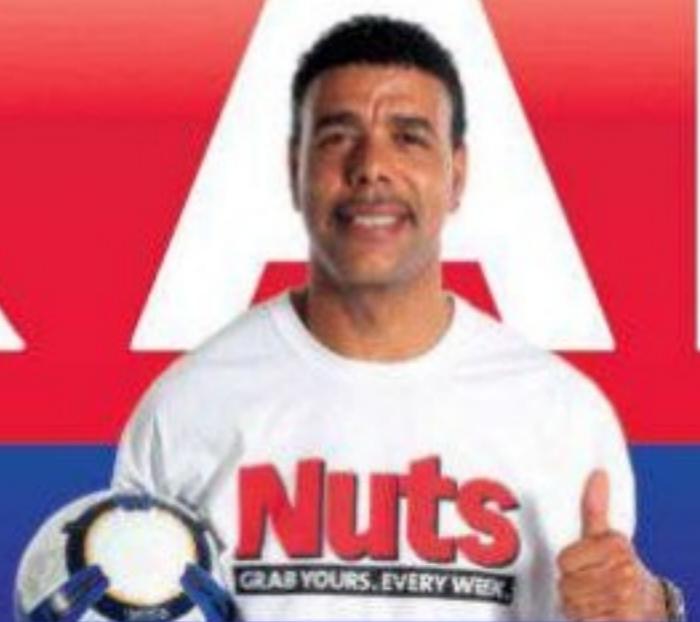
US BASKETBALL TEAM (US) **Basketball** • Sun 12 Aug, 3pm

"With stunning slam-dunks and steals, I love basketball. I'm looking forward to seeing the likes of Miami Heat's LeBron James and Dwyane Wade defend their Olympic title."

CHRISTOPHE LEMAITRE (France) **100m** • Sun 5 Aug

"The first white man to run under ten seconds, Lemaitre's style is all over the place, as if shopping at Asda, but he has his own rhythm and I pray nobody tries to refine his edges."

KAMMY!



He's the voice of the fans – and he's only in *Nuts*!

"Oh no, not the drunk uncle at a wedding routine again"



Get behind our Olympic footy hopefuls!

Despite a lack of Becks, it'll still be great for our nation!

→ I REALLY am unbelievably excited about the Olympic football. I'd have been even more so if David Beckham had been involved, but he's not there so we just have to cheer on the boys who are.

After the disappointment of the Euros, people are downbeat about national football. Normally our players just can't seem to perform the way they do in the Premier

League at a national level, so it'd make a nice change to do well in the Olympics.

I'm disappointed that Argentina aren't there, with the likes of Lionel Messi, but it's great that football is getting such a high profile. The squads are very strong and the players we're going to see will be brilliant.

It's ridiculous that the Olympic organising committee have taken so

many tickets off sale because they couldn't flog them. They should be given out to the community. This is a once-in-a-lifetime tournament!

As for our chances of bagging a gold, you never know, but I think we'll all have to base it on the performance in the first game and take it from there.

I also think we should get behind Stuart Pearce. OK, I think it was a poor decision

to leave David Beckham out – I don't think there would be any empty seats if he were involved – but we can't judge Pearce before a ball's kicked.

Whatever happens, I'll be getting along to as many matches as possible.

- Send jokes, comments, pics etc to kammy@ipcmedia.com. The best one each week wins a signed *Nuts* T-shirt!



RYAN GIGGS (GREAT BRITAIN)

AGE: 38, MIDFIELDER

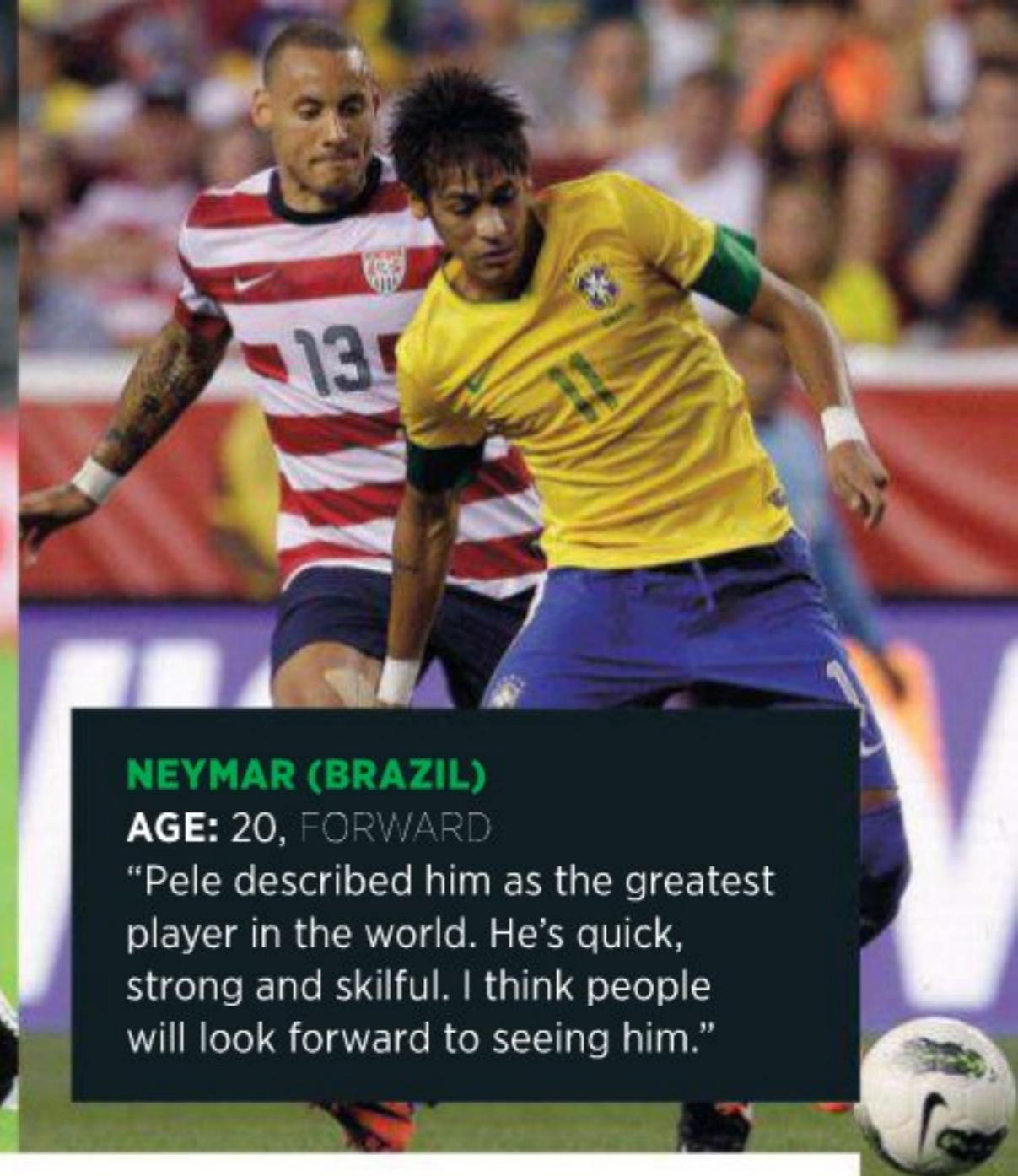
"What a servant to the game. He deserves the honour of the captaincy. Winning the competition would be a fitting tribute to him."



IKER MUNIAIN (SPAIN)

AGE: 19, WINGER

"He's good with the ball and possesses superb quality. I think he's another player Spain can add to their fantastic repertoire."



NEYMAR (BRAZIL)

AGE: 20, FORWARD

"Pele described him as the greatest player in the world. He's quick, strong and skilful. I think people will look forward to seeing him."

Kammy's ones to watch! Our man in the know tells us who to keep an eye on...



LUIS SUAREZ (URUGUAY)

AGE: 25, FORWARD

"Love him or loathe him, he's a huge talent. He'll be an interesting watch. He's a match winner and I think he'll produce the goods."



TAKASHI USAMI (JAPAN)

AGE: 20, MIDFIELDER

"This wonder kid plays for Bayern Munich. He hasn't had many games but has scored a few. I think Japan are pinning their hopes on him."



ELLEN WHITE (GREAT BRITAIN)

AGE: 23, FORWARD

"She's tall and powerful and can set the tournament alight. It's a chance to show the world how far we've come with women's football."



JULIAN PUCKETT & STEPHEN GULBIS



...some sort of technology for the referees is going to be essential...to see if the ball crosses the goal-line...



ONLY IN
Nuts!

Nuts ABOUT SPORT!

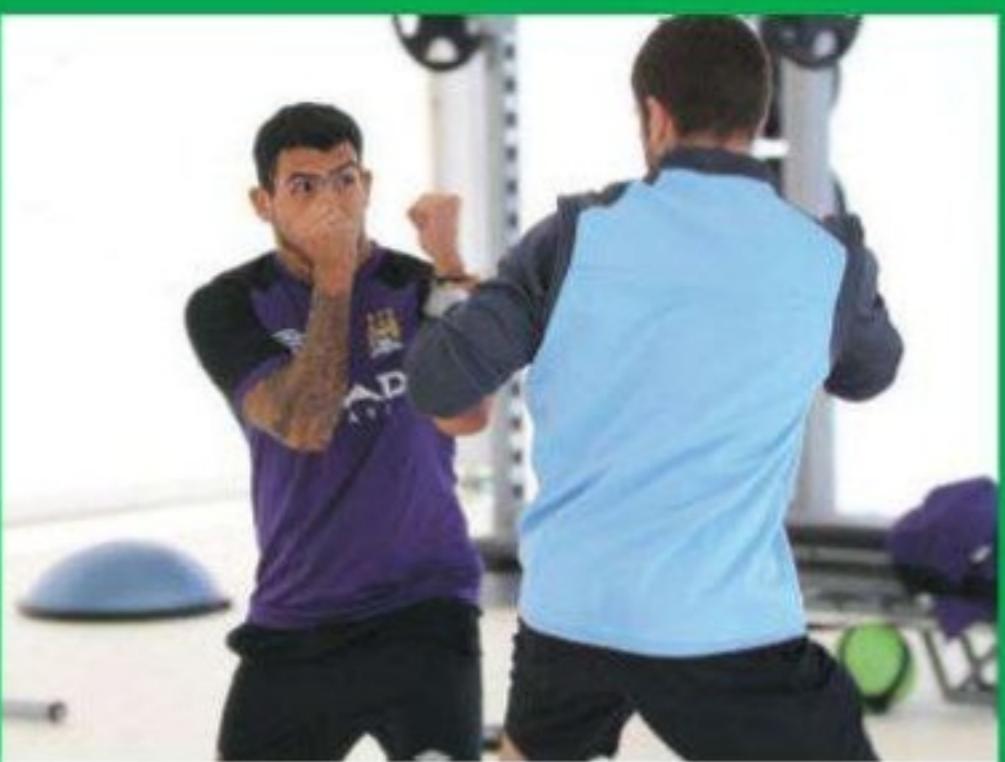
Funny goings-on in the wonderful world of sport!



CARLOS CORNER!



Eyeing up a cheeky move to AC Milan, eh, **CARLOS TEVEZ**? You little winker!



ADAM JOHNSON preparing Tevez for more tussles with the gaffer.



Just when you thought **CARLOS** couldn't get any more handsome!

"Quote me on that!"

This week's biggest match debaters!

"Hearing that I'd made that World Cup squad was like a *Lassie* film where the dog runs with its arms out"

Theo Walcott knows some weird looking dogs.



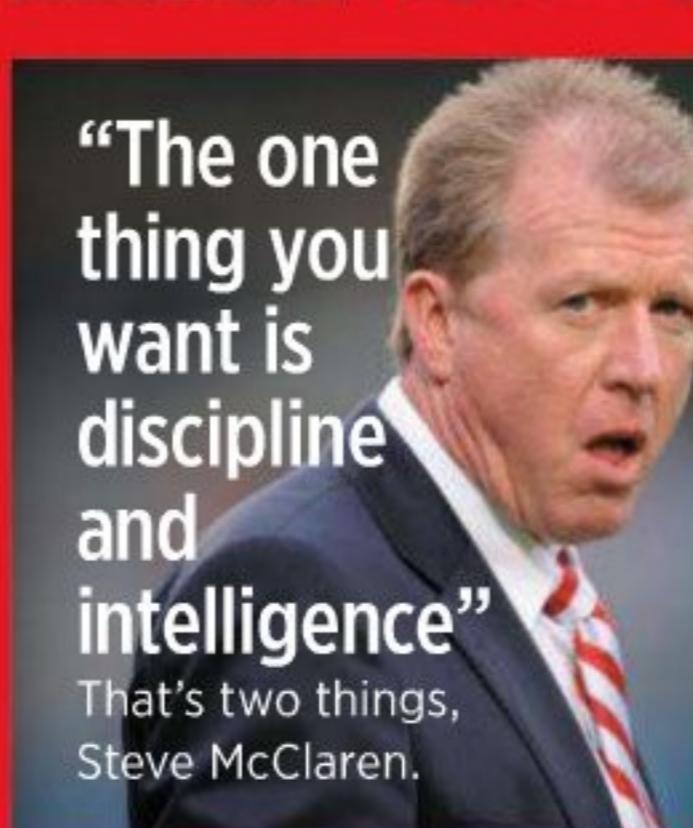
"David Haye is a fresh egg"

Dereck Chisora is rubbish at name calling.



"The one thing you want is discipline and intelligence"

That's two things, Steve McLaren.



"Without a doubt I'm English. English born and bred. But I'm Turkish. And I'm Antiguan"

Colin Kazim Richards hasn't a clue.



"I always say when someone is champion, they deserve it. But we gave the title to City"

Doesn't sound like they deserve it, Patrice Evra.

"Real Madrid have got too many exploding heads"

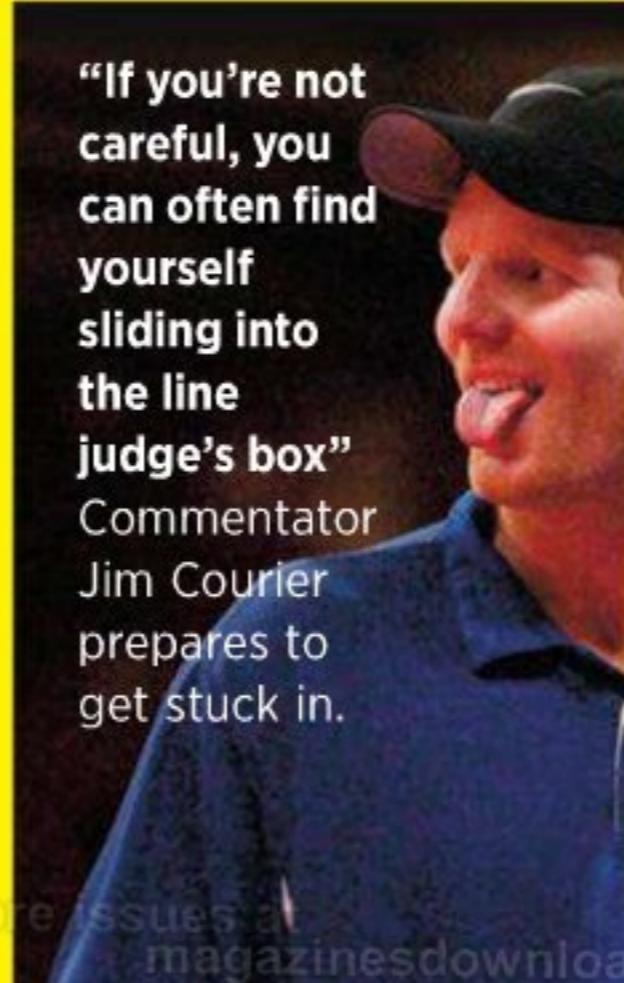
Graeme Souness spots a flaw.



OO-ER SOUNDS A BIT RUDE CORNER!

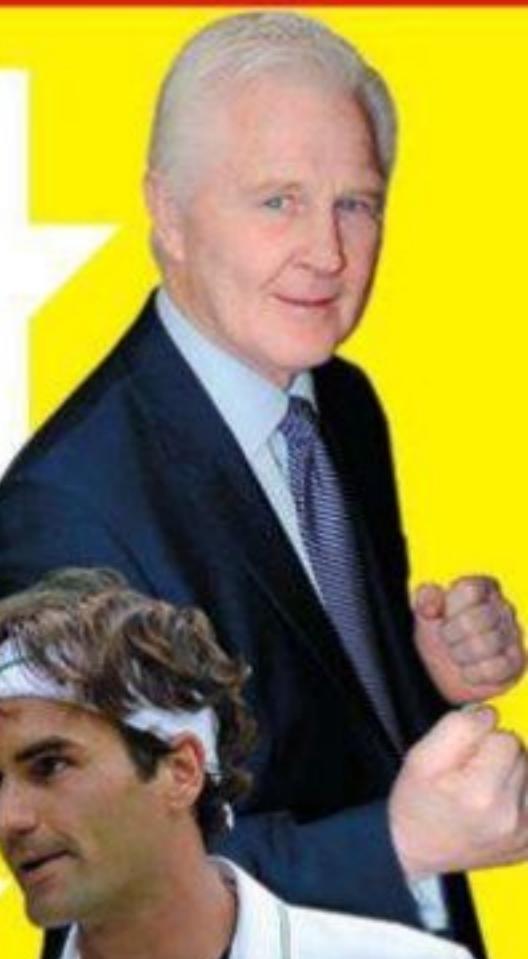
"If you're not careful, you can often find yourself sliding into the line judge's box"

Commentator Jim Courier prepares to get stuck in.



"Danny Garcia has got a big weapon"

Boxing commentator Jim Watt explains the big shorts.



"It's good to sometimes get it out"

Wimbledon champ and "flasher", Roger Federer.



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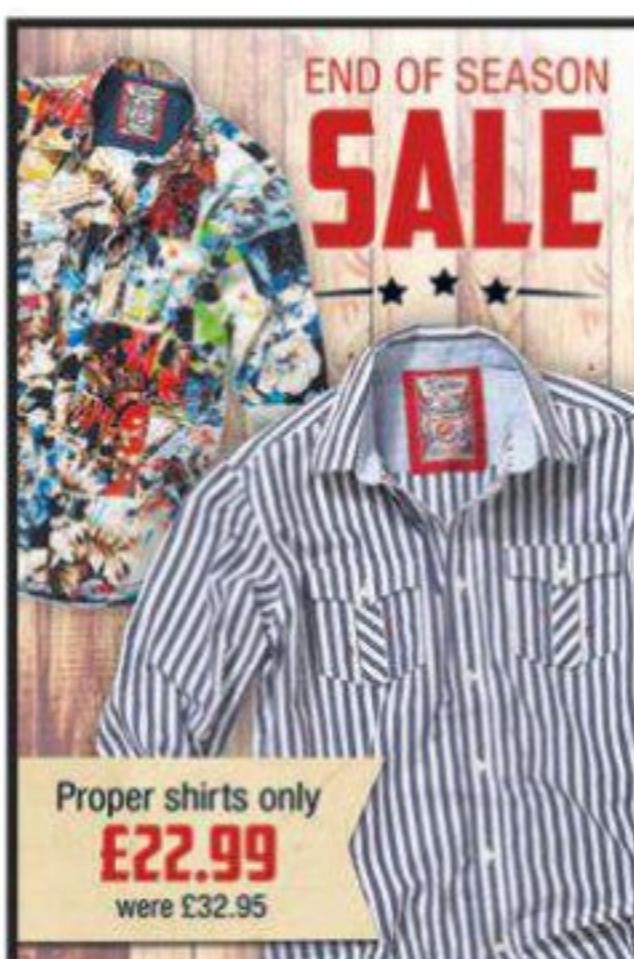


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Nike Sportswear Air Epic Vintage - Shaded Blue / Sunlight

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www.prodirectselect.com



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BABES SMS

Chat and swap pictures with Babes!

txt 'BABE' to **88211**

Bi, Curious and Gay txt: '& MALE' to **88211**

88211 costs: First £5 FREE,* 50p to send a message, 15p to receive users profile. Billed in £5 increments. To stop text STOP to 88211. *New customers only. SP: All Points North. LS11 8BP. Help: 08442430071

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The Chatstation

Chat and make friends using our free chatroom.
The Chatstation has members from all over the UK, some looking for love and some just want a friendly chat. 18+
www.chatstation.co.uk

Nuts
If you would like to advertise here contact Patrick Denison on **020 3148 2533**

TEXTALK
WITH PICTURE MESSAGING (£1.50 per pic msg sent / recvd)
UPLOAD YOUR PROFILE PICTURE FOR FREE!

£1.50 for 1st 15 msgs sent / received.
£1.50 for 6 msgs sent / received thereafter.

Men: Text 'mpea' to **88199**
Women: Text 'wpea' to **88199**
Gay: Text 'gpea' to **88199**

18+ only. Helpdesk 0844 944 0002. Standard network charges apply.
Women: Network charges only. Send STOP to 88199 to Stop. IP: X-On.

TEXTCHAT

£1.50 for 1st 15 msgs sent/recvd. £1.50 per 6 msgs sent/recvd thereafter.

Men: Text 'mwall' to **88199**
Women: Text 'wwall' to **88199**
Gay: Text 'gwall' to **88199**

18+ only. Helpdesk 0844 944 0002. Standard network charges apply.
Women: Network charges only. Send STOP to 88199 to Stop. IP: X-On.

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NO SUBSCRIPTION!
MEN: 'MCOCO'
WOMEN: 'WCOCO'
GAY: 'GCOCO'
text to: **66088**
£1.50 FOR 15 MSGS SENT/RECV'D

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Send STOP to 88199 to Stop. IP: X-On.

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LOOK INTO THE EYES OF THESE WOMEN - CAN YOU RESIST? Hook up with these personas today or when it suits you

Best fantasy entertainment service

100% Real people replying - not a computer!

Get Photos and hook up via your mobile

GET YOUR FUN ON!

www.britishfunfinder.com

Only 50p to join (2 x 25p) Just 25p per text to 68889. £1.50 per text received (maximum 4 billed messages per reply)



25p per text to 68889. £1.50 per received sms text (Maximum 4 billed messages per reply) plus see the T&Cs below & virtual terms on the website www.britishfunfinder.com

HOOK UPS

BARMAID- Divorced woman looking for fun times - photos available
TEXT- **hookhelena** to 68889

London Fun loving easy going blond experienced woman 44 looking for younger man for fun. I'll text you PHOTOS.

TEXT- **hookjill** to 68889

UK - Just divorced busty curvy older woman 56 wants younger guy 18+ for fun. Text me please x
TEXT- **hookmari** to 68889

Yorkshire - Fun loving girl looking for fun. GSOH curvy, easy going. I'll text you hot photos. Looking to hook up soon. Photos too.
TEXT- **hooklotti** to 68889



GLASGOW Older woman 45 divorced wants fun with younger guy
TEXT- **hooknancy** to 68889

Polly 44 Single. Blond. Looking to hook up with a man any age. I'll text you hot PHOTOS of me.
TEXT- **hookpolly** to 68889

London - Divorced 37, very naughty Desperate for fun. Lives alone. Looking for sexy hook ups. Photos/ videos available
TEXT- **hookred** to 68889

UK - I'm like Samantha from Sex and the city - and my name is Samantha!!! TEXT- **hooksamantha** to 68889

Wales sexy woman seeks a man who will please her whenever she wants. No strings. PHOTOS - really hot ones to see.. TEXT- **hookcarol** to 68889

Scotland- 45 year old woman just divorced. Cougar wants fun with a guy my age/or younger/older.
TEXT- **hookellen** to 68889

100% Real people replying -not a computer!

Newcastle UK -43

NEWCASTLE

I am a naughty divorcee looking for fun. Very feminine and womanly. Slim. I love having fun.. I'll text you PHOTOS.Pleas...
TEXT- **hooksand** to 68889



Naughty hot cute girl looking for fun with PHOTOS - that will make you very hot X
TEXT- **hookupimo** to 68889

Manchester Steph, Just 40 just divorced looking for fun with younger guy 18+
PHOTOS
TEXT- **hooksteph** to 68889

South West England - Naughty blond 19 wants fun. PHOTOS I'll sms you (smoking and more)
TEXT- **hookhope** to 68889

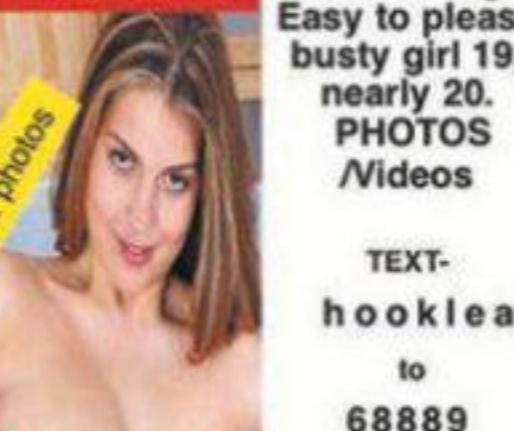
Lancs- Busty blond sexy 20 looking for fun PHOTOS.
TEXT- **hookmeg** to 68889

Essex Sexy 23 years old wants fun any age/race for action!. PHOTOS to send you immediately.
TEXT- **hookjess** to 68889

Postcode Match. Text NUTS followed by your postcode to 68889 for a match. Text swap to try a different woman.

London/UK

Fun loving Easy to please busty girl 19, nearly 20. PHOTOS /Videos



TEXT- **hooklea** to 68889

South East England- Experienced woman38 seeks younger man. Man any age/race OK. I travel UK a bit too.
TEXT- **hookteale** to 68889

Northwest England 21 year old cute girl wants hook ups PHOTOS.
TEXT- **hooklibby** to 68889



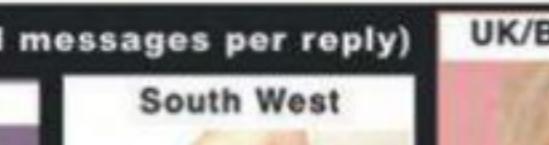
Yorkshire 18 blond cute wants fun- PHOTOS.
TEXT- **hookkaty** to 68889

North England 40 looking for fun especially with younger guy.
Text- **hooksapphire** to 68889



Edinburgh Sexy Selina 38 wants fun PHOTOS to send you
TEXT- **hookselina** to 68889

This is the Best UK fun mobile entertainment service we know of!



Kent/Essex/ London Saucy easy going blond Looking for fun hook ups. Can be discreet. . I'll text you PHOTOS 1st.
TEXT- **hooksteph** to 68889



Cardiff - Wales 18 years old. Single. Size 8. Blonde. 5ft 3. wants fun- She'll text you pics too.
TEXT- **hookeli** to 68889

Sheffield - Black woman looking for fun. 30 years old. PHOTOS.
TEXT- **hookshar** to 68889

Costs- Only 50p to join (2 x 25p) then Just 25p a text to 68889. £1.50 per text received (Maximum 4 billed messages per reply)

ANYWHERE UK

Anywhere UK

UK SALES REP

London/Sussex

Midlands, UK

South West

UK/Belfast 39yrs

Birmingham/Midlands

Text - **hookmisti** to 68889

Text - **hookleeza** to 68889

Text - **hookclaire** to 68889

Text - **hookky** to 68889

Text - **hooknat** to 68889

Text - **hooksexi** to 68889

Text - **hooktina** to 68889

Text - **hooknadya** to 68889

Want postcode match?
Text- nuts followed by your postcode to 68889 for a match

(Text swap for new match) Only 50p to join (2 x 25p) just 25p a text, £1.50 per text received

Text - **hooktasha** to 68889

Text - **hookjoy** to 68889

Text - **hookmil** to 68889

Strictly 18+. Just 50p to join (2 x 25p) then only 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (Maximum 4 billed messages per reply, including photo/video exchange). 2 automated billed messages pay for 1 photo or video sent in or out. Only 100% real people replying - not a computer. Not a subscription service. Photos are for display purposes. For entertainment/role play/fantasy purposes only. You need a wap enabled phone or browser to be able to view photos. Contact your network for possible download charges. You must be 18+ and the bill payer or have bill payers permission. Adult text service only. No meeting made or implied. Please see the full virtual hook up service terms at www.britishfunfinder.com Results guaranteed in that you will receive a reply. Virtual fun only offered by text. Sexy hookups via your mobile. You may need to remove your adult barring, if you have not removed your adult content bar you will be assigned and matched to a random persona. By using the service you are confirming you are 18+ & agree to the virtual operator led service t&c's at www.britishfunfinder.com 8 Talk London WC1N 3XX Customer care- 08458386467 or help@allappstext.com Text swap to a different hot persona with photos. Text stop to 66669 to end service. 18+ only.

LIVE CHAT

GET HOT & SEXY WITH NAUGHTY GIRLS AT HOME

MATURE LADIES
Hot sexy rated ladies who are very eager to please you! Very dirty and naughty we would love you to call xxx
0909 897 2053

SWEET 18'S
Very adventurous and lovely hot fit tight bodies looking for men of all ages who love anything really dirty. Call them x
0909 897 2038

SINGLE MUMS
Lush bodies and filthy minds when you want to get fully excited then just call - You'll love it! x Get hot satisfaction right now
0908 145 0576

SEXY & MATURE
OPEN ALL HOURS 24-7
Experienced ladies - do you want it hard and fast - Just call us to get the best get off in the UK XXX
0909 897 9111

40+ YR SHARON
Divorced and sex mad will give you pure relief every time - Total satisfaction X-rated time xxx Real hot extreme relief!
0909 897 9416

POSH TOTTY
Naughty posh girls looking for a bit of rough. Get down and horny with hot nympho's with class. Call now for hot relief!
0908 145 0580

STUNNING FIT SEXY BLONDES
Very sensual 100% genuine & really up for it always horny & ready to get you off - Ring now
0908 145 0581

ON THE PULL
Girls who adore horny guys looking for a quick fix with some totally adult relief. Feel the pleasure and call xxx
0908 145 0575

SEXY CHAV BABES
Give the very best relief - mutual excitement now! Try us now & we will fulfill your dirtiest hot naughty fantasies fast!
0908 145 0579

MIND BLOWING
YOU'LL TOTALLY LOVE IT
Naughty girls at home just looking to hook up with guys for the ultimate quickie session anytime!
0909 897 9412

SUPERFAST RELIEF
Are you ready to enjoy yourself cheap horny live get off. girls desperate to relieve you & their own urges xxx
0909 897 9442

HOT FETISH BABES
STRICT LADIES who love to be obeyed! Be controlled if you can handle it call now immediatley. Let them use their big toys on you!
0909 897 0888

FANCY A REALLY FILTHY TIME?
Filthy babes behaving badly looking for x-rated fun from these horny little devils. Call for relief
0909 897 9333

COLLEGE GIRLS 18+ YEAR OLD CUTIES
Looking for really horny guys of any age to fill their recreation time. So willing and eager to please you and turn you on like crazy! All guys needed urgently for the ultimate get off relief anytime of the day xxx Call us now for a great time - and lets play asap xxx
EASY & CHEAP. CALL NOW- 0908 145 0582

HORNY DIVORCEE
Very attractive eager women who will always get you turned on. Get off NOW with full adult satisfaction - fancy it?
0908 145 2544

NAUGHTY WIVES
Just hungry for a really dirty wicked time with you. 100% live sexual stimulation when you need it the most! xxx
0908 145 2542

QUICK FIRE GIRLS
Sexy girls who know when its a 1min quickie session. SUPERFAST QUICKIE RELIEF just when you want it xxx
0909 897 0612

40+ FRUSTRATED AND READY
Looking for many partners, any age/size to unleash their total fantasies Its live, horny & cheap!
0909 897 9405

I'LL BLOW UR MIND
Filthy thrills that'll blow your mind. If you want IT live, Call for serious fast relief now & have the best ever 121 - you'll love it! x
0908 145 2543

ONLY JUST 18+
Real hot and up for it! Home alone being naughty Eager & keen to please you right now. Prepare to be totally shocked!
0908 145 2545

RING ME, LISTEN AND GET OFF
Pleasure each other totally live for full & total relief on the cheap. Girls waiting to hear from you
0909 466 7250

HORNY GIRLS READY AT HOME
Bad girls 18+ to 75+ do the deed live in private on your phone 121. Call now for ultimite relief x
0908 145 3021

OLD BETTY 62
She loves a good time can you help? its cheap dirty action - you will get addicted. Its amazing how much you'll be turned on!
0908 145 2975

CHEAP AND LIVE
Hot intense cheap adult 121. Like minded ladies in your area craving for deep raw passion in their lives. Call them now x
0909 466 7252

SINGLE & SEXY
Hot alone and ready to give fulfillment superfast! If you want naughty babes, mature ladies, bad chicks or horny wives. Try us x
0908 145 2976

NAUGHTY DREAMS JUST FOR YOU
Looking for instant relief, call us today for a really back breaking time of sheer lust & banging relief
0908 145 3020

STUDENTS 18+
Can you handle these shocking students who will do anything and everything it takes! Call them over & over again x
0908 145 0578

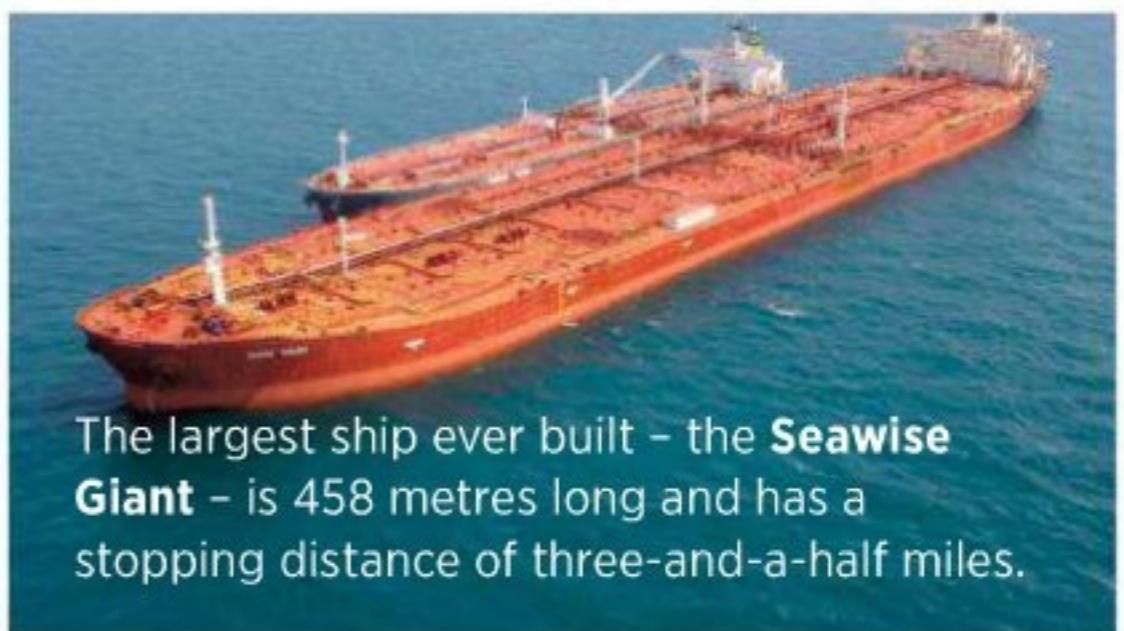
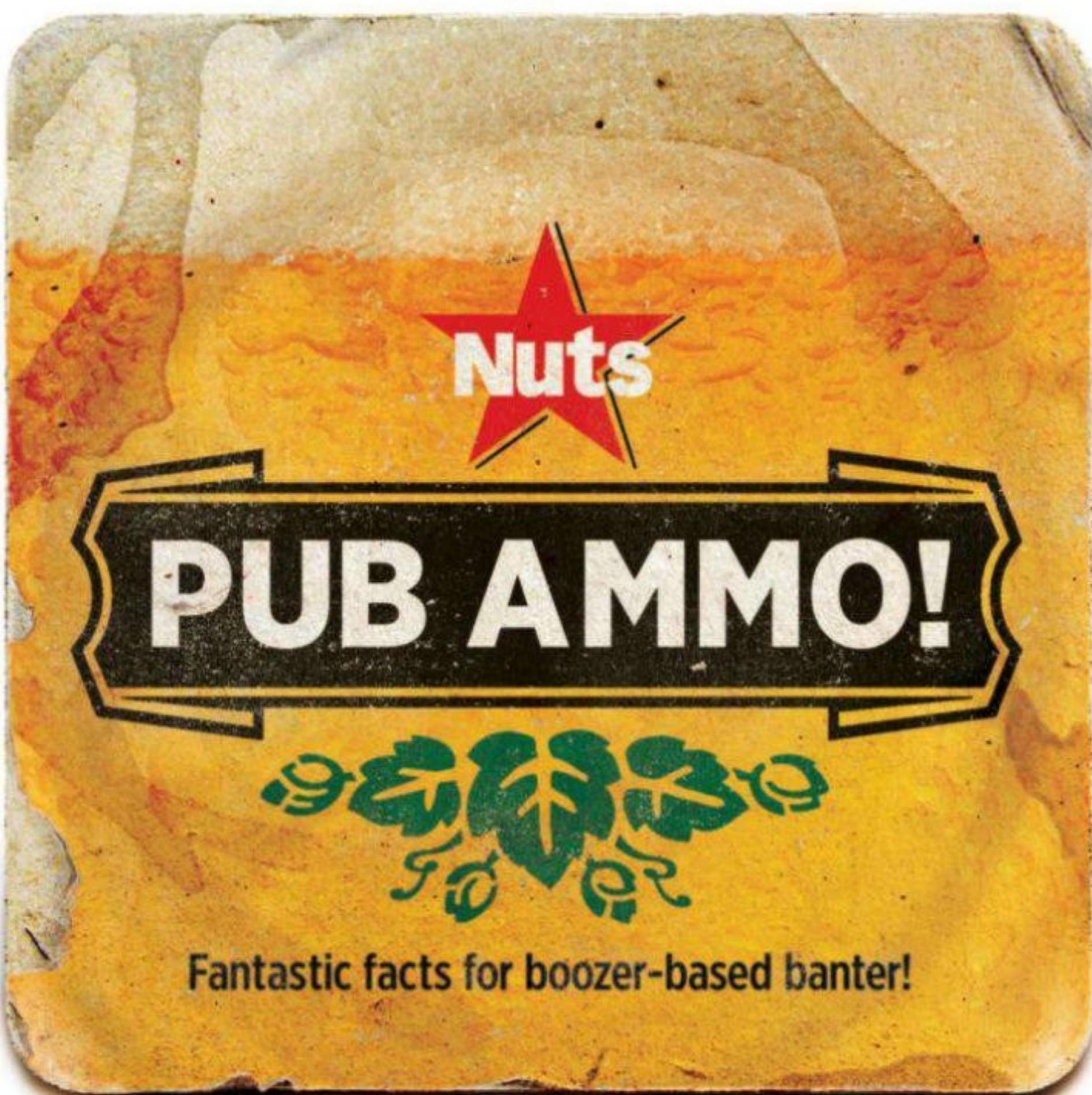
LUSH & LOCAL
Incredibly filthily skilled local babes ready to take a firm grip. They know just how to handle anything you've got to give
0908 145 2974

OFFICE JUNIORS
Bored at work or very frustrated at home? Give us a call to unleash our naughty thoughts. Get off superfast in secs x
0909 466 7251

DIVORCED & SEXY
Very bad women who will do all you desire. Many horny partners needed urgently for hard play xxx Please call, available 24-7
0908 145 0577

SEXY & PHYSICAL
Easy natured hotties eager to meet guys who love to play rough. They do WHATEVER it takes to get your firm attention
0909 897 9447

SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469

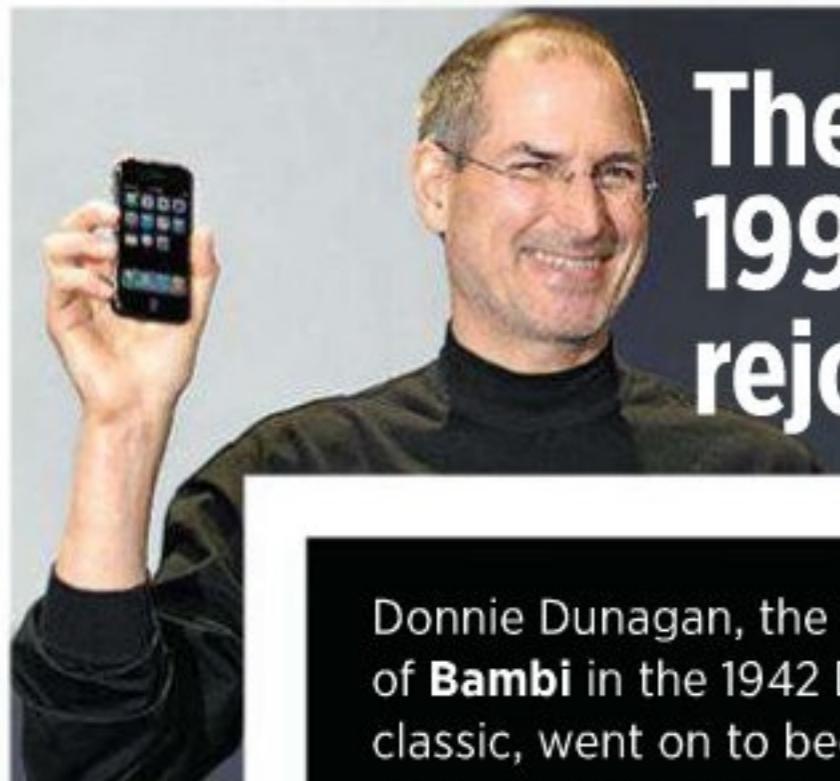


The largest ship ever built – the **Seawise Giant** – is 458 metres long and has a stopping distance of three-and-a-half miles.

With its machines running at full capacity, the York factory that produces **Polo mints** can make 32,400 a minute.



Japanese businessman Tsutomu Yamaguchi survived both the Hiroshima and Nagasaki atomic bombs, despite being present in each city on the day they were dropped.



The first iPhone was drawn up in 1993 but archived until Steve Jobs rejoined Apple in 1997.

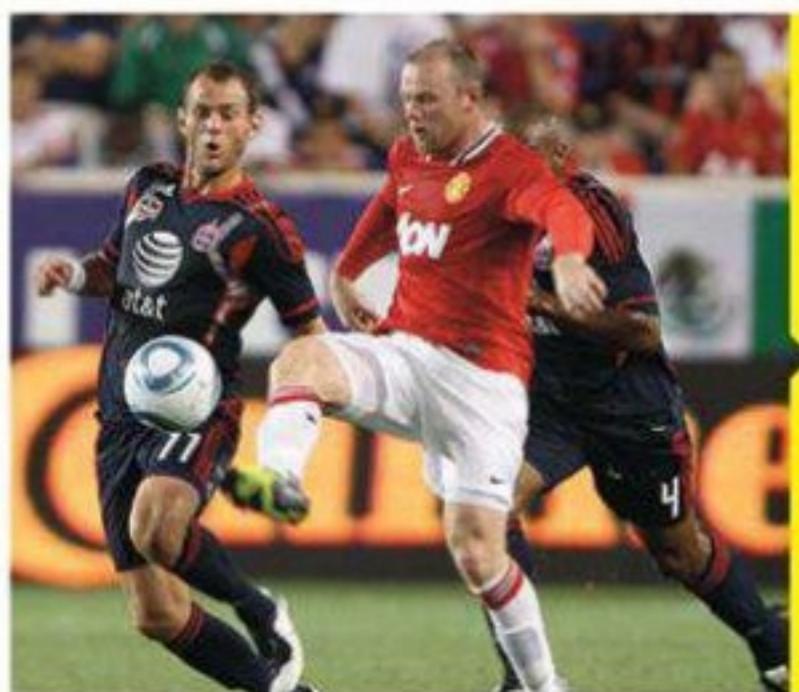


Donnie Dunagan, the voice of **Bambi** in the 1942 Disney classic, went on to become the US Marine Corps' youngest ever drill instructor.

Including this year's Wimbledon Championships, **Roger Federer** has made it into the last eight of his last 33 Grand Slam tournaments dating to 2004.



In 2006, MI6 hacked an Al-Qaeda website and replaced bomb-making instructions with **cupcake** recipes.



Pub ammo on... the MLS All-Star Game

- The All-Stars have been defeated for three consecutive years – they lost to Everton in 2009, then Man United in 2010 and 2011.
- The first English club to be invited to take on the All-Stars were Fulham in 2005.
- In 2004, the planned game against Real Madrid was postponed as Real failed to achieve Champions League qualification automatically.
- The MLS All-Stars take on Chelsea at the PPL Park, Chester, Pennsylvania, at 8.30pm EST on Wed 25 July.



Nuts

Leah Francis





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